We March To Our Own Beat

QHS

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WARNING!

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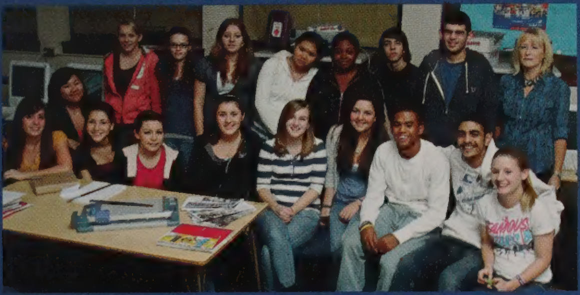
Marching to our own beat

Here today gone tomorrow! It's no surprise that these past four years at Quincy High have flown by. Together we have helped each other break out of our shells, make new friends, and challenge ourselves in and out of the classroom. We have found ourselves doing things we never thought we would, with people we never expected to do them with. The memories we have made will forever stay with us and we can only hope the friends we have do as well. As we leave Quincy High and branch out to the many different places we are headed, take the time to look back and see just how much all of us have changed. Whether you were the "jock," the "band geek," or an "artsy aristocrat," always remember to keep it cool, keep it classy, and always stay true to the Quincy Presidents by marching to your own beat!

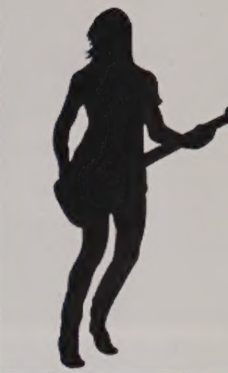


2009-2010 Yearbook Class

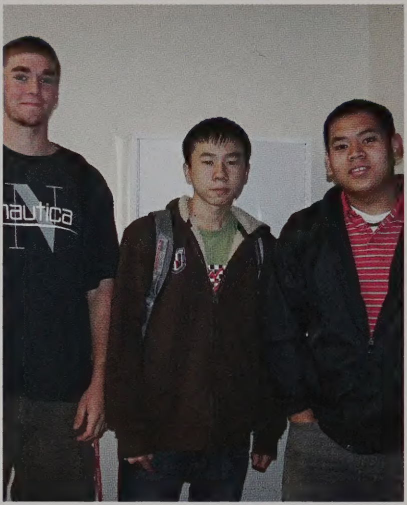
Top Row: Caylie Gibson, Krysta Failla, Katlyn Salvatore, Winnie Yang, Porscha Wells, Ron Smith, Richard Ash, Mrs. McGinnity

Bottom Row: Gabriella Castro, Amanda Loi, Julia Yee, Meghan McCarthy, Amanda MacNeill, Amy Walsh, Colleen Grady, Kenny Nguyen, Yasser Mahmoud, Amanda Sullivan

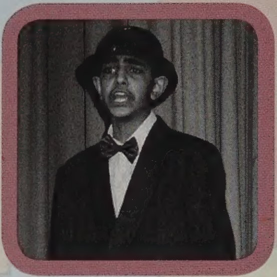
Missing from picture: John McDonough, Becca Shea



[Spring & Summer]



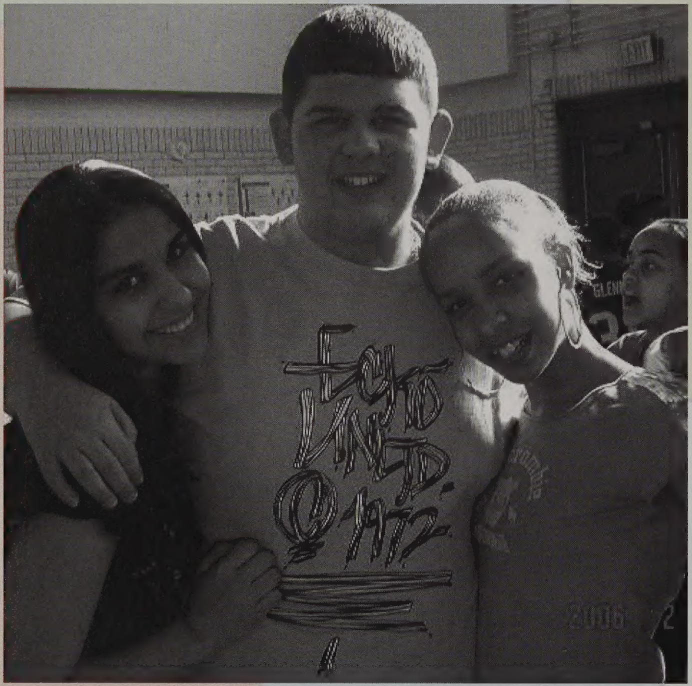
Colleen Tobin at Central middle school


Yasser sings his heart out in a play at Meadows

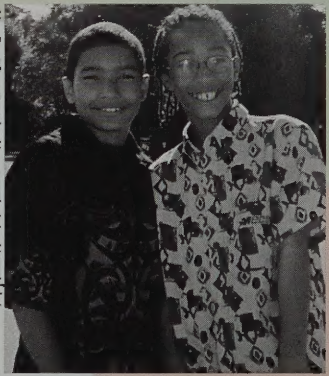
Way back in 8th grade

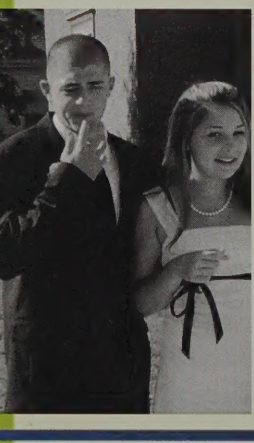
Amanda Ballinger and Catarina Ferreira

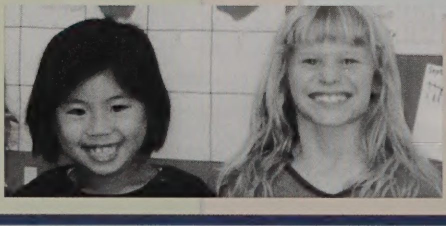
[REWIND]

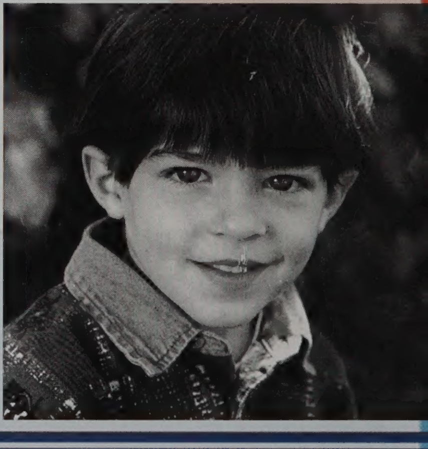


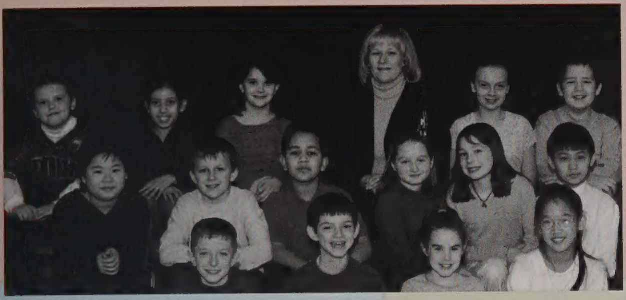
Pictures are supposed to stand as a reminder of things that used to be – friends, family, relationships, or even less serious fads like fashion trends or music tastes. The compilation of these pictures brings back memories of middle school dances, friends that used to be, and times that we often reminisce back to and wonder why things cant stay the same. When looking a these snapshots it is important to know that these memories made us who we are today, just like who we've grown into will influence how we spend the rest of our lives. Nothing is more beneficial than comprehending that the "good old days" of the rest of our lives is today, and we should take advantage of it while we can.

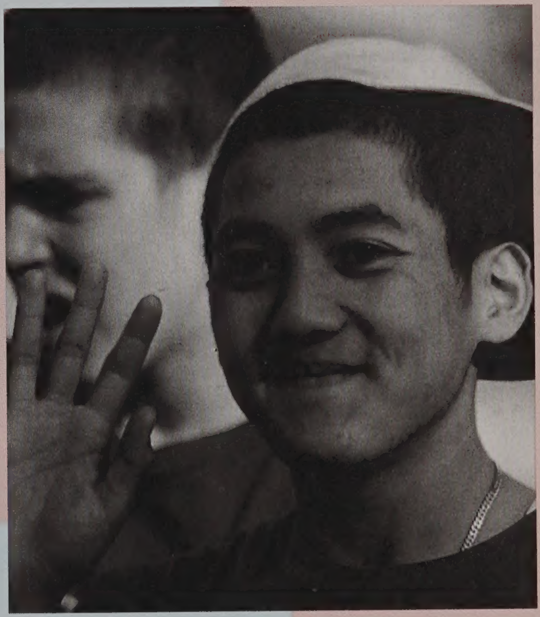






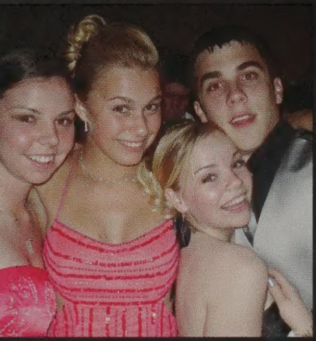


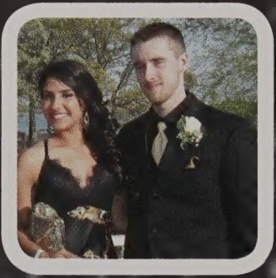




Quincy Lady Presidents

["Chaperons don't enforce morality; they force immorality to be discreet."]





Hanin and her date smile big before heading to the prom.

Brianne, Stephanie, Amanda and Emily make sure they are caught in their gowns.

Gabi Castro and Meghan Quinn cheese for the lens.

Becca and Cedric share a dance while Brianne and James laugh in the back.

[JUNIOR PROM]

One table smiles for the camera before they sit down to eat dinner.

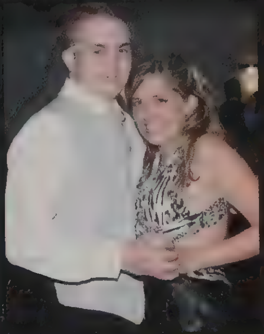
Adusei Kusi knows he is sheer competition for America's Nect Top Model.

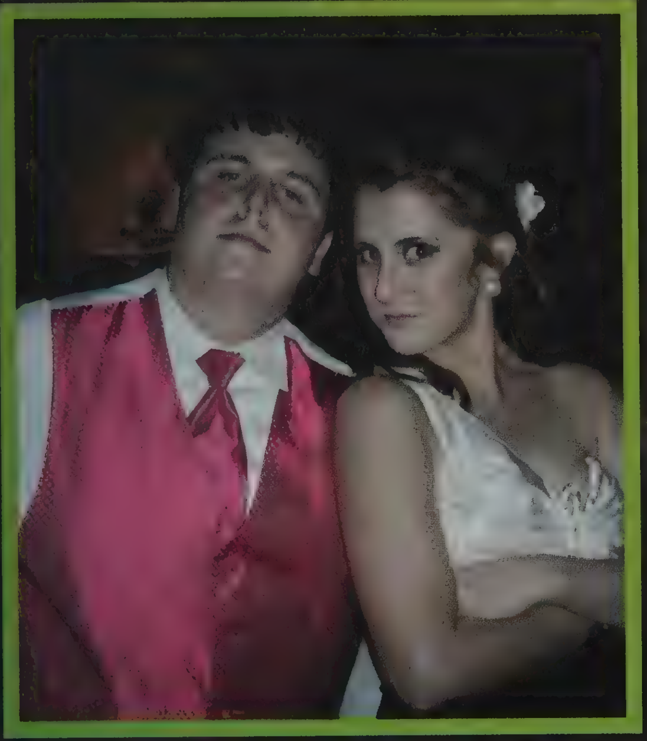
Josh Gerry looks fresh while trying to find his next dance partner.

Couples smile before they hit the dance floor.

Junior prom for the class of 2010 was beyond anyone's expectations. Students planned for months just to be able to show off the extravagances they could afford. Groups of gleaming classmates pulled up in stretch limousines or even party busses, with nothing shy of unique dresses, stylish tuxedos, and dates to fight fire with fire. Popular colors ranged from red and blue, to sleek silver and purple. It was truly unbelievable how much fun we all had, even the teachers couldn't help but move to the music – in their designated corner of course. The class really pulled through and succeeded to make the night all it could be. Our classes theme was a Los Angeles' night club, and considering our mindset of perfection – we fit in just fine.

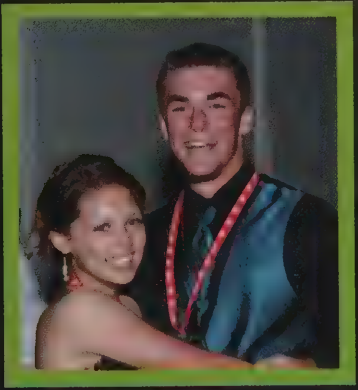
["There are two things that matter to every teenager -- friends and music. And when they're put together, you have the most memorable night of your adolescene."]





Left
Rick (Nebraska) and Jenn share a moment together on the dance floor.

Below
Standing: Cassandra, Eryn, Pat, David, Sitting: Brendan, Leslie, Jenn, Ryan, Cian, and Liz - filled out a table quite nicely.



VIPs
Anna Bythrow and Kevin Keith win the prestigious award.

Fresh Kicks

Kenny, Pat Conley, and Tom take the easy way out in matching their dress shoes.

Dancing Machine
Yasser is pictured breaking it down on the dancefloor.

["It rained hard last summer, but we partied harder." -- Caylie Gibson]

Kenny Nguyen and Akeem Heywood relax at a summer luau.

Austin Simone and Caylie Gibson enjoy a ride in Point Sebago, Maine.

Amanda MacNeill jumps off the dock and into the blue lake.

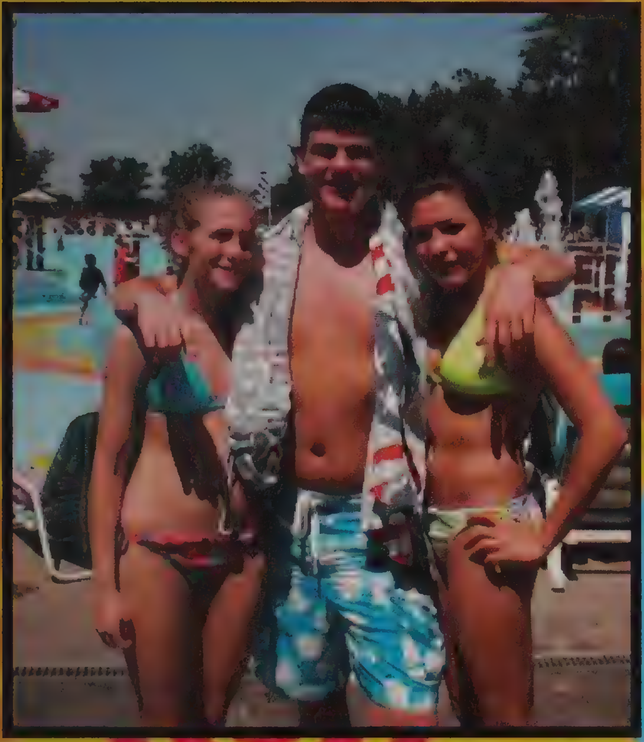
Jessica Caetano and Treylin Miller cheese on the sidewalk while walking to the beach.

[SUMMER]

IT'S FIVE O'CLOCK SOMEWHERE!

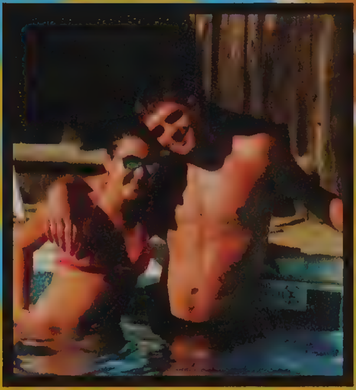
Once the school bell rang on the last day of junior year, the same thought crossed everyone's mind. This would be the last full summer before commencement, the last summer without worrying about school choices or career opportunities. Although the summer of 2009 was full of heavy rains, well into July, we quickly picked up the pace once the rays of August rolled around. The class of 2010 tried to enjoy the weeks of sun by hitting up Nantasket Beach, or just throwing pool parties for the sake of it. That's the thing about summer -- you don't need a reason to do anything. It was all impulse, and we knew that. Students' travel destinations included the likes of Point Sebago in Maine, or Cape Cod. While a lot of students worked at the YMCA camps, or Stop and Shop, some invested time in making sure they weren't working at all. The class tried not to think of things to come. We weren't worried about summer reading -- but more worried about summer memories.

["The summer before senior year, taken by itself, is a life changing experience, not for just myself, or for our class, but for all teenagers in general."]



Left
Becca, Johnny, and Meghan sit by the pool at Water Country.

Below
Zoe, Kayla, and Jenn spend the afternoon taking photos.

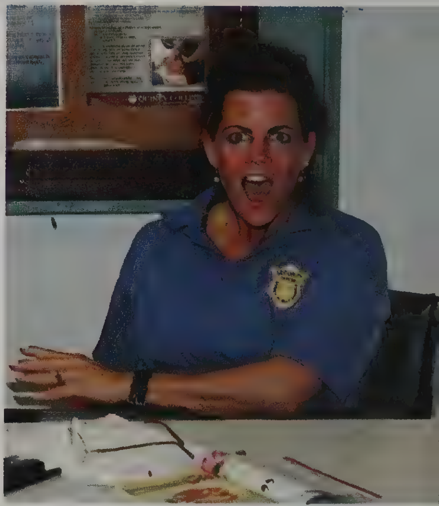


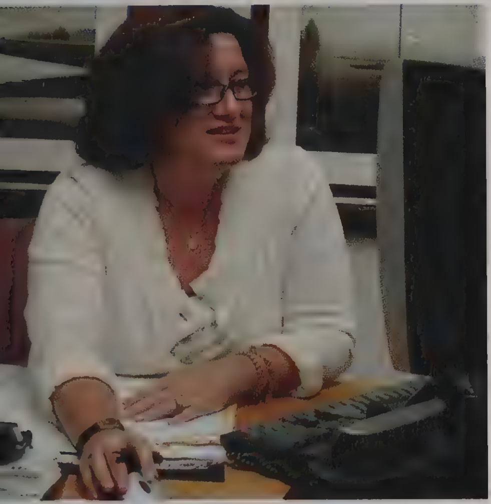
Above
Irene Zhu sits with Ronald McDonald at his place.

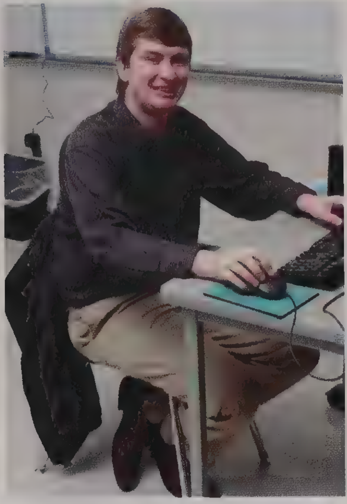
Above
Amanda MacNeill and Eddy Jolicoeur swim togather on a sunny afternoon.

Left
VAMOOSFAAAA!

[Faculty]







Faculty Beat

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Andy Bell
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Cindie Brown

Carol Calvert
Rosemarie Camiolo
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Paulette D'oyley
Raymond Eldredge
Sheri Eldridge
Michael Ellis
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Edward Holmes
Teresa Holmes
Matthew Howard
J Hoyt

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Donald Long
Michael Lorenzano
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Michael Menese
Sandra Menese
Karen Mcgaffin
Christine Merakis
J Miller
Cheryl Moreno
Joanne Morrissey

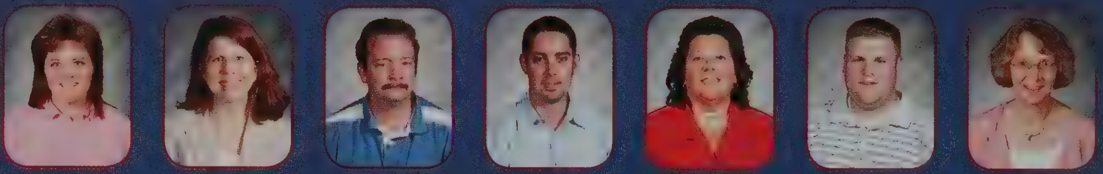
Julianne Nanni
Christopher Natalizia
Duong Nguyen
Patrick Noe
Bryan Norman
Nicole Nosek
Maureen O'connell

Eileen Pantano
Gayle Patten
Kim Pierce
Scott Pifer
Maureen Pilla
L Principe
Terri Priscella

Lauren Pritchard
Donna Raimondi
Debra Randall
Bonnie Ransome
Jack Raymer
Bill Reardon
Michael Romero

Denise Robinson
Carolyn Rosenzweig
Lynn Rowe
Carol Ryan
Evelyn Ryan
Frank Santoro
Gina Scanlan

Nancy Sommer
Caroline Sekula
Brian J Smith
Edward Smith
Virginia Snell
Gregory Sommers
Jane Sosnowski



Margaret Spencer
Susan Stilb
Elaine Sullivan
Peter Swanson
Dennis Thibault
Reba Tierney
Pakamas Tongcharoensirikul

Kathleen Torraco
Lisa Tran
Nadia Tucker-murphy
Paul Truty
Kathleen Tsai
Erin Turmey
Bob Uhler

Lorraine Walsh
Lichuang Wang
Brendan Welch
Pamela Whitney-ruhber
Joel F Wolf
Judith H Wake
John Zaccaro

You walked across a cold bridge. You got wet and cold crossing to and from Coddington Hall. You were sweating from hot rooms and freezing from rooms without heat. You endured the many hardships that were caused from constructing a new high school. However, through it all you went to class without complaining and completed high school as a class that was full of enthusiasm and pride for your three complex school. I am proud of the legacy you have left behind. Your Class were very many.

Quincy High has an honored and treasured history that exemplifies our consistent pursuit of excellence. Displayed in our lobby is a plaster cast of the statue sculpture "The Appeal to the Great Spirit". The statue, better known to alumni as "The Pony," represents a link to our past and guide for our future as we commit to being the best we can be. Our theme for our school year was "Building On The Tradition Of Excellence."

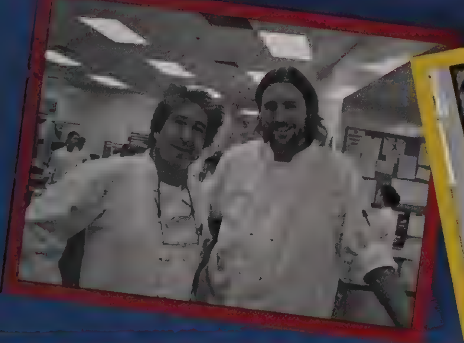
The "Pony" stands for the core concepts of respect, courage, loyalty, graciousness, reliability, tolerance, honesty and determination. These are the foundations of our high school that are enhanced by our theme.

The Class of 2010 has met the challenge. You have represented yourselves to meet the ideals the Pony represents as you continued our "tradition of excellence."

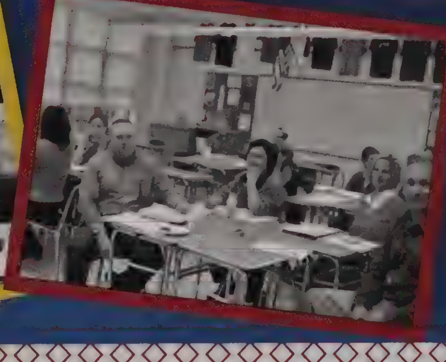
Frank C. Santoro, Principal

Congratulations Seniors!
I consider my self extremely lucky to have been involved in your education for the past four years. I would like to share with you one of my favorite quotes. I think Maya Angelou can say it better than I ever could:
"You may not think you can reach it — climb anyway. You may not think you'll be heard — speak anyway. You may not think you can change things ... try anyway!"
The bottom line is, don't ever give up because you have yet to discover all that you can do. I wish you nothing but the best.
Buena Suerte!

Ellen Murray, Vice Principal



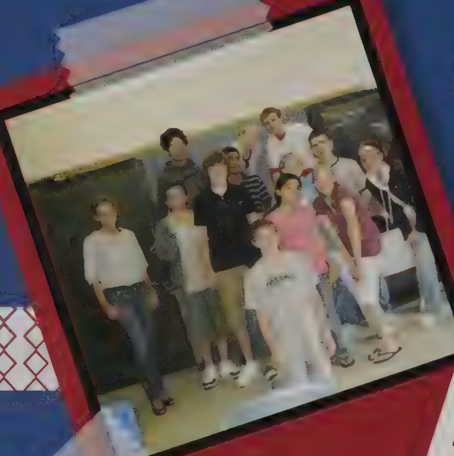
BATTY
ABOUT
BOOKS



[Underclassmen]

International Club
Together we can do anything!

2219
21



Freshman Beat...

Freshman year is long gone, yet it seems like only yesterday that we took our first stumble up the stairs into Quincy High. Some of us were lucky enough to have had a head start in meeting new people at the QHS Leadership camp over the summer. Together as a class we quickly learned how to make it from the fourth floor of the Tech to the basement math classes in a matter of 240 seconds. We managed to do so all while being pushed and shoved by seniors on the supposed "freshman beat down days." New to the school, along with us, was the first annual Snow Ball Dance. We weren't the only ones facing new challenges as the teachers and staff spent a whole week protesting for better contracts and benefits. As our year came to a close so did the old English quarters and the School Committee building. Our freshman year was a perfect transition from Middle School into High School and began to pave the way for legacy we are sure that we left.

AJITH, PRASHANTH
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[illegible] VICTORIA LYNN C
[illegible]ICA
[illegible] CHRISTOPHER
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[illegible] MICHAEL P
[illegible] KRISTEN
[illegible] ADAMNATU N
[illegible] ALEXANDER
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[illegible] ABDULRAHMAN
[illegible]XANDRA
[illegible]IOVANNI
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[illegible]ETTE, SHAWN R
[illegible] SEAN E
[illegible]ISTOPHER
[illegible]OWSKI, NICHOLAS R
[illegible]VANESSA F
[illegible] LUCIANA P
[illegible] VALERIE N
[illegible] THEODORE
[illegible] MICHAEL C
[illegible] SAMANTHA E
[illegible] SYDNEY L
[illegible]RICIA R
[illegible] RYAN P
[illegible] JAMES C
[illegible] SHANNON M
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CAPOBIANCO, MATTHEW E
[illegible] SLOANE M
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[illegible]CHOMINSKI, BRENDAN C
[illegible]CCIO, ANIALEA M
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[illegible] PAYTON M
[illegible]TIZ, COYOTL
[illegible] THOMAS T
[illegible] MICHELLE M
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[illegible]
[illegible] MICHAEL J

DEMELIN, RACHEL A
DEMORE, ROBERT E
DENIS, PATRICK W
DEVLIN, BRITNEY S
DIMAGGIO, BIANCA M
DO, THINH D
DOAN, VIET T
DONAHUE, EMILY L
DONAHUE, LAURA J
DONATELLI, WILLIAM J
DOWLING, PATRICK J
DRISCOLL, LAURA F
DUARTE, AILTON P
DUGGAN, STACY M
DUKE, TAYLOR
DUNBAR, ALYSHA M
DUONG, EMBER Q
DUONG, HANG K
DURETTE, SHANE S
DWYER, MARYSSA K
ELISIO, JESSICA L
EVERETT-LIMPEROPOULOS, JESSE R
FABIAN, ANGEL A
FAIELLA, ASHLEY R
FARNHAM, JAMES M
FARNSWORTH, CHAD T
FARRELL, KEVIN J
FEFICIANO, RAY D
FERENT, KRISTA M
FERNANDES, KEVIN S
FEROLA, ASHLEY M
FIGUEROA, DAMIAN
FISCHER, KELSEY A
FONTES, TANASHA N
FORAN, MICHAEL J
FREEDMAN, MARINA A
FUNG, LOK YIN N
GAGNON, AMANDA L
GANNON, BRIANA M
GARCIA, ISAMARY N
GARVIN, RYAN T
GASKELL, PATRICK M
GERRY, SAMUEL A
GIBSON, BRIAN P
GILLIS, TAYLOR M
GILMARTIN, JACQUELINE P
GIRARD, LILY A
GOMEZ, JOSE F
GOONAN, SARAH A
GOUTHRO, ASHLEY M
GRADY, SHAWN C
GREEN, ELIZABETH N
GRIFFIN, TYLER A
HALEY, MICHAEL R
HANDLEY, DYLAN J
HARDY, THOMAS J
HARRIS, JAQUAN E
HE, AIQING N
HE, YUSI N
HEFFERNAN, ALEXANDER M
HENCK, SYLVIA R
HENDRY, ELIZABETH C
HIGGINS, JAMES M
HIRL, SHALYN M
HO, BRYAN N
HOLBROOK, KAYLA M
HONRADO-FOSTER, CHRISTOPHER J
HUANG, SHU WEN N
HUANG, XINGWEI N
HUYNH, THAO P
HWUNG, STEPHANIE N
JABOIN, ROGHANDHI D
JEFFERSON, MACKENZIE
JOE, TAYLOR N
JOHNSON, NIA M
JOLICOEUR, FRANCINE M
JOSEPH, MAXIME N

JOYCE, COLLEEN R
KAPAJ, ANXHELA N
KEANE, BENJAMIN T
KELLEY, ROBERT N
KHAN, ZARA Z
KING, RICKY D
KING, WILLIAM L
KIRBY, HANNAH E
KUBIT, ANTHONY J
KURTZMAN, GAELIN A
LAFTIH, KAWTAR N
LAI, GERSON T
LALEY, PAUL D
LAM, JACKSON T
LAM, KHANH B
LAPIERRE, ERIKA L
LE, TRUNG Q
LEI, JIN N
LEONARD, DENNIS P
LESZEK, ZYGMUNT J
LEUCHTE, STEPHEN A
LEVEILLEE, JONATHAN T
LI, CUI SEN
LI, MING JUN N
LI, YU WEI N
LIN, CHE-TING N
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LINDOR, CEDRIC A
LINSKEY, MELISSA A
LO, JASON C
LOPES, ANTON N
LOPES, NILSON F
LU, RISHENG N
LU, WEI JIAN N
LUONG, PHU MY N
LUU, PHUONG LAN T
LYDON, ROBERT C
LYERLY, DANIEL C
MA, JIE N
MA, LIN
MA, XIAO FANG N
MA, ZHONGMING N
MACDONALD, COURTNEY A
MACKIN, LUKE J
MADDEN, THOMAS M
MAHONEY, MAGGIE C
MAJOR, EYTEEMA S
MALAS III, WILLIAM H
MALVAROSA, TIFFANY H
MANNING, JONATHAN R
MANNING, LAUREN
MARKS, JAMES R
MASKELL, MARC A
MATTHEWS, MARLI N
MCARDLE, SAMANTHA C
MCCARTHY, JOHN F
MCDONALD, TIMOTHY M
MCKINNON, MALLORY A
MCMAHON, DEVIN L
MCPHERSON, SHAYNE I
MCSHANE, ANTHONY
MEADE, JUNIOR
MEI, JIAN BIN N
MEIGHAN, SEAN T
MOKALLED, AALIYAH V
MONAHAN, JOHN C
MONTEIRO, JUSTIN A
MONTERROSO, ABIGAIL N
MORASH, COREY J
MORIARTY, JOSEPH P
MOSCHELLA, CHRISTOPHER S
MOUNTAIN, MARK C
MULLIN, RACHEL M
MURCH, CHRISTOPHER C
MYETT, ROBERT D
NAMPANYA, FELIX N
NAZZARO, LINDSEY E

NAZZARO, SHANE R
NAZZARO, TIMOTHY M
NEAL, ASHLEY H
NEUMAN, KAYLA H
NEWMAN, JAY B
NGAN, ALEXANDER
NGUYEN, ALEX T
NGUYEN, DANNY N
NGUYEN, DIANA D
NGUYEN, EMILY T
NGUYEN, NAM H
NIGRO, PAUL T
NOBLE, CHRISTINA M
NOONAN, OLIVIA E
NURMI, MICHAEL
O'CONNOR, NIAMH A
OLDHAM, MOLLIE R
OLIVEIRA, LARYSSA J
OPARI, JOAN N
PAGE, STEVEN
PALO, JOAN
PAN, XIAOQIU N
PARRILLA, VERALIS M
PAZ, DENNIS F
PEAK, JAKE B
PEREIRA, BIANCA A
PEREZ, ANGELA A
PEREZ, JOSE E
PETERSEN, ANDREW T
PHAM, SAMANTHA C
PICOT, EMILY J
PITTMAN, MAKYRA R
PITTS, JACQUELINE D
PIZARRO, TITO N
PLABUTONG, NINA
POPE, ASHLEY M
POWELL, JONATHAN J
QIU, HONGJIE N
RAMIREZ, BECKY
RAMOS, JAVIER M
REARDON, MARIANNE M
REGINALDO, CAIQUE N
REID, DAESHAWN T
REILLY, KAYLA M
REN, YAN ZHEN N
RICHARDS, MAKEYSHA M
ROACH, MATTHEW S
ROCA, KRISTIAN J
ROGERS, MAEVE E
ROLLINS, SHAWN L
ROSA, PELE F
ROSS, ROBERT L
RUAN, MEIHONG N
RUCKER, JUSTIN L
RUSSELL, ANTHONY G
SABINO, STEPHANIE B
SALIBASHI, ANDI N
SAVAGE, ASHLEY T
SAVERSE, KRISTEN M
SCARNICI, JENNIFER H
SCHAAF, ANDREW R
SCHUBOTH, SAMANTHA L
SCOLARO, CARLY I
SEMEDO, TAELESE L
SHAHEEN, JAIMERAE
SHERIDAN, COURTNEY K
SHIPLEY, KYLE J
SITU, XING ZI N
SKUDRIS, EILEEN M
SMITH, CASEY J
SMITH, JOSHUA J
SMITH, RACHEL M
SOLANDER, MARK A
SOTO, SAMANTHA W
SPARGO, SARAH J
STEWART, DONNA M
STOKER, BRYAN R

STRUGA, XHEJMS N
SU, TINA N
SULLIVAN, PATRICK T
SWEENEY, MATTHEW J
TANG, MAI TRINH
THAI, NAM
THAYER, TREVOR T
THEBERGE, JONATHAN R
THORLEY, ADAM R
TO, VICKY
TONNU, THIEN-THANH T
TORTOMASI, ANTHONY JR J
TORTOMASI, MICHAEL V
TRAN, ALLAN N
TRAN, CHRISTINE M
TRAN, DAVID
TRAN, LAWRENCE Q
TRAN, SUNNY N
TRAN, TAI VICTOR D
TUCKER-MURPHY, NAJIA D
TURPIN, RICHARD T
TUSI, AUTUMN M
VARMAHMOODI, DEVON M
VASQUEZ, XAVIER N
VEGA, JONATHAN W
VIDAL, DENIELLE A
VO, HANH N
WALSH, ZACHARY M
WANG, QIAN N
WAYNE, TYLER
WEINBERGER, STEPHANIE M
WELLIVER, MEGAN F
WILKERSON, DEMETREUS J
WILL-MANDELL, ASHLEY M
WILLIAMS, TASMIN J
WONG, AMANDA N
WONG, ELIZABETH N
WU, MING FENG N
WU, QIANG N
WU, ZENG H
WU, ZI MIN N
YACANO, JOHNATHAN J
YISRAEL, KAMAL A
YU, JIAN HAO N
YU, WENZHENG N
ZENG, MICHAEL L
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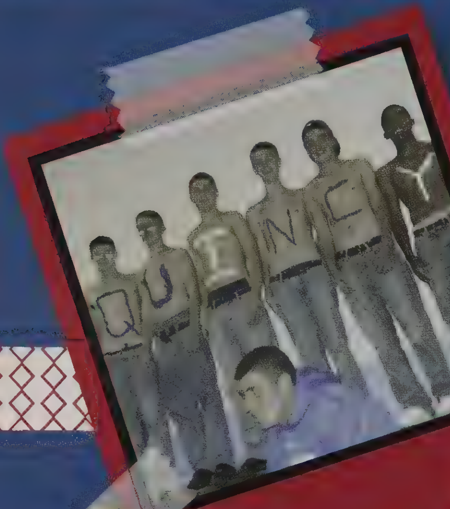
ZHENG, KANG YAO N
ZHENG, SHOUJUN
ZHENG, ZHIWEI N
ZOU, RUI LAN N

Beach Parade

Sophomore Beat...

As we went into sophomore year, it's safe to say that the class of 2010 felt a little bit more comfortable in our britches. The construction had started for the new high school, which meant that the English department would hold classes in the Coddington building. Since the building was being used by Quincy College in the years prior, our classes felt like a million bucks when we were told our homerooms would be there. This feeling would only be surpassed a year later when the Academy opened its doors, but that's another tale to tell. Cliques started to form, as most students began to get involved now that they weren't "little freshman" any longer. As some kids picked majors like health, carpentry, or graphic design – others focused on classes so we would reach our senior destinations. College was now only two years away, but it felt like two worlds. Sophomore year was home to power outages, the ending of the ACL for the athletic teams, major success for ladies' volleyball, and an overall feeling that this was our school, and we were to make the best of our experience.

AHOLA, TREVOR N
AL-REKABI, HAWRA A
ALBANESE, MATTHEW J
ALBANESE, SAMANTHA R
ALBERTI, JOSHUA T
ALIBERTI, CLARISSA S
ALRIFAI, WALEED S
AMATO, ALICIA G
AMBROISE, MIKE K
AMMARDTHO, SUPPAT
ANDERSON, EVELYN A
ANDRADE, TERESA N
APARICIO, MELISSA M
ARABIAN, ALEX M
BAPTISTA, CHRISTOPHER M
BARBOSA, JASON O
BARNEY, ALEXANDER B
BARTEE, BRIANA L
BATRES, JOSHUA A
BEON, ERICKA P
BERBERAN, MARIA M
BLAKE, RYAN H
BOTTARI, ALEXANDER M
BOTTARY, JOHN J
BOUCHARD, COURTNEY E
BOWE, JESSICA L
BRESNAHAN, CONOR P
BROADBENT, JULIE A
BROOKS, BREANNA N
BROOKS, CHRISTOPHER J
BROOKS, CULLEN C
BROWN, DESIREE D
CAI, ANQI N
CAMPBELL, BROOKE C
CAMPBELL, ZACHARY J
CAO, VY Z
CARSON, DEVAN R
CASSEUS, EMMANUEL P
CASSEUS, XAVIER H
CESAR, REGIS L
CHAUDHRY, SAIRA S
CHEN, LAN
CHEN, LI LI N
CHEN, QI QI N
CHEN, QIA FENG N
CHEN, XIANG YANG N
CHEN, XIN N
CHEN, YAO GUO
CHEN, YING
CHEN, ZHOU PING N
CHIOCCHIO, ERIN E
CLARK, SEAN M
CLAYTON, NICHOLAS I
COMEAU, ANTHONY L
CONROY, PATRICK M
CORBETT, THOMAS H
CROSS, RICHARD J
CRUZ, ALEXA N
CUNHA, MOLLY E
DAMATA, ALLISON A
DANE, LAUREL E
DANIEL, STEVENSON N
DANIELS, KEENAN W
DANIELS, SAMANTHA M
DEAN, BRANDON J
DO, ELIZABETH N
DOLAN, NICHOLAS A
DUARTE, THAYS D
DUDDY, SEAN C
ELWELL, NICOLE M
ENNIS, ZACHARY A
ERHARDT, KAYLA M
FAILLA, KEITH J
FANG, RONG RONG N
FELIX, DJOODLYNN R
FERRAGAMO, NICHOLAS M
FITZGERALD-BASSETT, BREANNA L
FITZMAURICE, ROSE C
FLAMBERT, AURELIE D
FLEMING, MICHAEL J
FLORES, EDWIN N
FLYNN, PATRICK D
FOLEIS, ANTONIO F
FORTE, RYAN A
FREITAS, RODRIGO J
GAFFNEY, EMILY E
GAO, TING TING N
GAO, WEI N
GIUNTA, PETER G
GOOD, ALEXANDRA E
GRABERT, ALEXANDER E
GRAZIANO, SCOTT J
GUAN, FANG FANG
GUAN, YING NA N
HA, ALEXANDER H
HAJJAR, BLAIR M
HAM, CHRISTOPHER J
HAMPE, ANTON W
HANNA, DAVID S
HARDIMAN, KALEIGH A
HARTMAN, ERICA A
HASSAN, MUSTAFA A
HENNESSEY, DANIEL J
HERBIN, MARQUIS T
HILL, KEVIN J
HIN, SIMON N
HINES, STEPHEN M
HO, SUSAN T
HUANG, CAN MING
HUGHES, THERESA M
HURD, JESSICA L
HURNEY, TIMOTHY M
HUYNH, MY THUY T
IBRAHIM, MARYA N
IBRAHIM, ROBEN C
ISIDRO, ALEXAVIER N
JANEIRO, ANTHONY T
JARRELL, KATHLEEN M
JONES, JOHN A
KAPLAN, JOSHUA R
KAPLAN, KAMERON T
KASANOFF, JOSHUA S
KEEFE, THOMAS P
KELLY, COLLEEN M
KONOMI, JOANNA N
KOZLOWSKI, JOHN R
KUSI, AFRIYIE A
KUSSMAN, SARAH A
LA, STEPHANIE
LAKO, KRISTJANA
LALLY, SHANE E
LAMIE, NICOLE J
LAWTON, TAYLOR L
LE, DIANA N
LEARY, JALEEK D
LEONE, JANELLE M
LEPORE, NICHOLAS J
LEVASSEUR, JAKKI P
LI, WEI JUN N
LI, ZERAN
LI, ZHENDONG N
LI LEE, ANGELICA B
LIANG, YONGDA
LIN, HAO YU N
LIN, JUAN
LIN, NA N
LINDOR, MARVIN H
LINIK, DANIEL J
LIU, GUANGSHENG N
LIU, LIANG N
LIU, YONG HUA
LO, TAK YIU N
LOPES, DANILO
LOPEZ, ANTHONY
LOUD, ALEXANDER J
LOWE, GREGORY J
LOWRY, CAITLYN E
LOZANO, AXEL R
MACKIE, TAYLOR M
MADEIROS, DAYNA L
MAI, MATTHEW J
MALDONADO, VICTORIA R
MATTA, CHARBEL B
MCCARTHY, MATTHEW P
MCDONAGH, CAROLYN H
MCDONALD, KILEY M
MCDONOUGH, KELSEY M
MCGROARTY, JOANNA R
MCNALLY, TIMOTHY I
MEDEIROS, NAYARA P
MEI, YA JUN N
MELANSON, KAYLA M
MENDALL, SHAUNA A
MERRITT, KEVIN N
MEUNIER, JESSICA M
MILLS, KAYLA L
MO, JIAN BIN N
MONGO, DANIEL M
MORANI, JOSEPH J
MORIARTY, EOIN M
MORIARTY, SHANNON
MULLIN, KEVIN M
MUNROE, MOLLY M
MURPHY, FELICIA D
NGUM-WIE, INDAH
NGUYEN, ANNI N
NGUYEN, DAO M
NGUYEN, DENNIS
NGUYEN, EMILY
NGUYEN, KEVIN
NGUYEN, KIM PHUNG P
NGUYEN, LAN D
NGUYEN, LAN DAM N
NGUYEN, NGAN T
NGUYEN, SANDY T
NGUYEN, THOMAS T
NGUYEN, VY C
NICHOLS, FREDERICK R
NICHOLS, JOSEPH M
NILOVIC, AMANDA
NIOSI, DONNA J
OBRIEN, JACOB N
OBRIEN, THOMAS J
OCALLAGHAN, JOHN P
OLIVA, SAMANTHA N
OLIVEIRA, THAISE
OWENS, DEONTE M
PARKER, COURTANY T
PARRY, NICOLE F
PATERNO, KEVIN A
PAZ, BRIAN A
PEREZ, DIANA J
PETIT, QUINTESSA H
PEVERONIS, CHRISTPHER J
PEVERONIS, TIMOTHY K
PINA, FILIPE C
PUDDER, KELSEY J
PUGSLEY, ANDREW C
QIU, XIAO QING N
QUEZADA, ALIZE J
QUINN, CONNOR T
REGAN, JULIA M
RILEY, JUSTIN
ROBIDEAU, LARISSA N
ROCHE, D'ONNA M
RODRIGUEZ, IRENE M
RODRIGUEZ, JEANNEA B
SACCHETTI, SARAH J
SANGSIT, THANAPAT M
SANTORELLI, ISABELLA B
SATAYAKUL, KEITH S
SCHULTE, ISABELLE S
SEGURA, EMILY P
SENNA, KARA A
SEZER, BURAK
SHAHEEN, BRITTNI L
SHAW, DYLAN J
SILCOX, BRITNI A
SMITH, TIA M
SOM, VINNY NIMORL N
SPADA, CAROLINE G
SPARGO, HEATHER M
SPARGO, HOPE M
STEVENS, ELIZABETH A
SUMERA, CASSANDRA T
SY, NGOC NANCY
SZETO, HOI MAN HELEN
TAN, JIAJUN N
TAN, MAKADALIN
THANO, MIKELE N
THOMPSON, TAYQUAN D
TIUSSI, HENRIQUE G
TO, TOMMY
TOMER, JULIA G
TONG, JING LIN
TRAN, CAT TIEN M
TRAN, JOHN
TRANG, ANH N
TROY, EMILY A
TRUONG, KIANA
TRUONG, PHILLIP N
URBANUS, TARYN N
VAFLOR, JAIRUS EDD P
VANVOORHIS, JACLYN L
VO, THANH DUY N
YUONG-LAM, QUOC ANDY
WAIGHT, DUQUAN D
WALKER, MICHAELA J
WALLACE, VICTORIA A
WALSH, CHRISTINA M
WANG, YING GE
WATERMAN, CHARLES W
WEI, JIA CHENG N
WITUNSKY, BENJAMIN R
WONG, FRANK N
WONG, HASON N
WONG, WILLIAM M
WRAY, MICHAEL T
WRIGHT, JAIMELLE M
WU, LING YAN N
WU, MIN YU N
XIANG, YU CHEN
XU, JIA N
XU, YUN QING
YU, CANHUAN N
ZHAI, XINGER N
ZHANG, CHI N
ZHENG, WEN HANG N
ZHOU, FANNY J
ZHOU, HUA JIAN N
ZORTEYMUR, ONUR
ZOU, PING TING N



Junior Beat...

Although it may seem like freshman and sophomore year flew by, junior year stands a little more prominently as the year that 2010ers became upperclassmen, and young adults-- to say the least. Turkey Day concluded in our "Decade of Dominance" in beating North Quincy High for the tenth year in a row. As the holiday season rang in, the Vo-Tech rang out. It was the last year the building was in use, as it was replaced by the Academy in February 2009. The Drama Club put on Oliver! The Musical. There were a number of untimely events, one being the passing of our fellow classmate Anthoney Wilkerson, and the act of many teachers getting laid off. Junior prom rounded off a great year, and another was that senioritis unfortunately struck far too early. Our class was ready to conquer, and the thought of commencement wasn't far fetched at all.

AGUGUO, NNEOMA A
ALEXANDER, DEVIN R
ALMARIO, STACEY A
ALMEIDA-GRAVES, JAIDA M
ALMEYDA, ANDREW J
ALVAREZ, BENJAMIN N
ALVES, HAIRA F
ANASTASIO, SARAH M
ANDRADE, VERONICA A
BALLOFFET, JOSEPH D
BARDON, SARAH A
BARRETO, RENAN D
BEEKES, STACEY L
BEETON, GREGORY J
BETTIOL, JULIA L
BOWERS, KEVIN
BOYLE, AMANDA A
BOYLE, RYAN T
BRANCACCIO, BILLY A
BREEN, DANIEL R
BREEN, KATELYN R
BROOKS, ASHLEY
BROWN, WALESKA A
BUONOPANE, KRISTINA M
BURGESS, KEVIN M
BUTLER, CHARLES N
CACE, MARIO V
CAHILL, CHRISTINA M
CALLAGHAN, SEAN M
CALLAHAN, PATRICK O
CAMPBELL, NICHOLE A
CAPARANGA, ADELLE M
CARDOSO, JORDAN A
CAREY, SHANNON E
CARVELLO, BRIANNA L
CASTRO, DANIEL F
CHAN, LIK HANG N
CHEANG, CHI IAN N
CHEN, LIANG
CHEN, QI LIANG N
CHEN, XIUYING N
CHEN, YING DAN N
CHEN, YING YING N
CHERNICKI, JULIE M
CHIN, DELONE
CHOW, YICK WAH Y
CHUNG, STEVEN J
COLLINS, LINDSEY P
CONNOLLY, CHRISTOPHER M
CONROY, MARTIN P
CORREIA, JESSICA L
CROSS, EDISON J
CUI, JUN CHAO
CUNNINGHAM, SHANI N
CURRAN CROSS, CONOR J
DANIELS, NICHOLAS R
DARCY, CONNOR J
DAU, STARRY N
DAVIS, AMELIA L
DAVIS, CALEB A
DEADY, JAMES M
DEDO, ELISAVETA
DELLAMANO, NICHOLAS D
DEVLIN, CHRISTINA M
DIFFER, KELLY A
DIORIO, ERYK N
DOAN, NGOC HANG T
DOAN, THANH N
DOHERTY, BRYAN
DOLAN, JOHN A
DOWNING, JESSICA L
DUGGAN, CHARLENE M
DUNN, KATHRYN O
DUONG, HUYEN K
EDWARDS, STELLA B
ELISIO, CHRISTINA E
ELLISON, JENNIFER A
FALCONE, MELISSA
FAN LI, WING KIT N
FANG, GUANG GUANG N
FANG, JIAN
FARNSWORTH, COLLEEN J
FERNANDEZ, RAFY N
FLORES, JOSE M
FOOKS, CHRISTINE D
FOREMAN, LORNA J
FOX, JULIE
FREEMAN, JESSE T
FREEMAN, KYLE E
FRENCH, JORDAN A
FUNG, TING LAP
GALINDO, JOSHUA N
GARDNER, ABIGAIL R
GIBBONS, BRENDAN R
GILMORE, JOHN CHRISTOPHER
GIURCA, ALEXANDRU N
GLOVER, VANESSA A
GOODWIN, BRITTANY J
GOONAN, BRIAN M
GOUMMIH, MAJIDA N
GRAY, RONNIE T
GUAN, XIAO N
GUO, JIAN BIN N
HALL, BRYCE A
HALL, DANIEL W
HEAD, MATHEW L
HEALY, JENNIFER L
HENNEBURY, CARLIE J
HIER, KELLEY C
HIGGINS, DANIEL E
HO, STEVEN K
HOCKEY, ERIN D
HODGDON, VANESSA M
HUANG, FU AN N
HUGHES, JOHN A
HURD, TIFFANY R
HUTCHINSON, BRAELYNN J
HUYNH, BIEU T
HYMAN, COURTNEY M
HYNES, JACOB R
HYSLIP, AMANDA R
INGEMI, KELSEY A
JENNER, PATRICK T
JIANG, KAIHENG N
JOHN-LEWIS, SHERKEL N
JOHNSTON, KENDRA E
JOLICOEUR, EDWARD C
JORDAN, KIMBERLY I
JOSEPH, TRAVIS B
KALOGERAS, DIMITRIOS S
KEANE, RYAN C
KELLEY, ANDREA J
KHAN, AZAM Z
KHAWAR, HAMZA N
KODRA, DIAMELA N
KOKEL, EYUP
KOZLOWSKI, ROBERT F
KUANG, HAI LIANG N
KWANG, NATHAN H
LALLY, BRENDAN B
LAM, LISA T
LAM, MAN TSZ
LAMBUS, JONATHAN S
LAUREUS, JASMINE A
LAWTON, ROBERT E
LEBLANC, KRISTA M
LEDGER, JOSHUA B
LEE, BRITTANY T
LEE, CHIA AN
LEI, XIAO WEN N
LEI, ZHONGRU N
LENAR, ADAM R
LI, FRANK N
LI, HUAN RONG N
LI, QUAN
LI, YING N
LIM, JEFFREY
LIN, CHANG WEI N
LIN, JIANHUI N
LIN, LIHUANG
LIN, SHI QUAN
LIN, YUAN
LIU, AMANDA S
LIU, JING FENG N
LIU, MARY N
LOPES, DESIREE L
LOPES, SHANICE M
LOPEZ, DARREN M
LOPEZ, ISAMAR N
LUC, PHOONG M
MACDONALD, BRIAN P
MACHADO, PABLO F
MACI, ORI
MADDEN, KYLE L
MAHN, KAITLYN C
MALGER, BRIAN D
MANIPON, ANGELICA
MANN, CAITLYN N
MARTEL, WILLIAM T
MASSAADI, ANAS N
MAURANO, GIOVANNA L
MCCARTHY, GERALD W
MCCLUSKEY, DYLAN T
MCDONAGH, KEVIN T
MCDONOUGH, LUKAS P
MCKENNA, EBONY C
MCKINNON, MELISSA C
MCLAUGHLIN, DANIEL J
MCNULTY, JOHN F
MCPHERSON, REHEMA E
MEI, HENG CONG N
MEI, LEIJING N
MEI, XING YING N
MEI, ZI FENG N
MEJIA, JONNATHAN G
MENG, MICHAEL H
MESSING, DANIEL F
MILAS, KASEY L
MILONE, NICHALES R
MIRALDA, YAHJAIRA X
MONTEIRO, MAXWELL B
MORALES, GIULIANA P
MORMINO, ANTHONY
MORRIS, MATTHEW H
MORSE, CHARLES G
MUFFULETTO, CHRISTINA A
MURPHY, DEREK A
MYERS, BRENDAN A
NEAL-MCCLURE, DUMAJZIEN J
NEUMAN, RACHAEL P
NEWMAN, KELLIE C
NEWSOME, RONN L
NG, YEUNG YIK N
NGUYEN, CALVIN
NGUYEN, KHOA D
NGUYEN, LIGHT SNOW
NGUYEN, LONG D
NGUYEN, TAI T
NHAN, DAVID N
NILOVIC, STEPHANIE
NORTON, BRITTANY C
NORTON, STEPHANIE P
O'CONNOR, COREY J
O'SULLIVAN, OLIVER R
OLIVER, MATTHEW S
ONEIL, MARTIN A
ONYEOKORO, CAROL L
PALISI, ANTHONY L
PALMATIER, PETER J
PALUZZI, THOMAS F
PARKER, ANJELICA N
PARKER, BRIANNA J
PARKER, MARY A
PATEL, ANITA D
PATTERSON, RYAN R
PAZ, BALMER D
PECORARO, THOMAS F
PETERS, COURTNEY L
PETERSON, MATTHEW W
PETERSON, MEGHAN M
PETERSON, NICOLE B
PHYO, PYE S
POWELL, JONATHAN J
PRINCIOTTA, PETER J
PULLUM, SETH H
PYLE, ELIZABETH R
REAIS, FREDE A
REILLY, KATRINA J
RICCIARELLI, JUSTIN P
RICE, GEOFFREY T
RIDDELL, MYLES A
RILEY, KYMBERLEY B
RIVAS, ODIL C
RIVERA, MELODIE D
RIVERA, YOVANNY L
ROCHA, KAMILA G
RODRIGUEZ, NATHAN A
RODRIGUEZ, NELIDA
ROMAN, JORDAN N
ROSARIO, KRYSTAL M
RUSSELL, EDWARD T
RYAN, NICOLE J
SANGSIT, THOTSAWAT N
SANTANA, LAISA D
SANTIAGO, ERICA A
SCHULTZ, RYAN M
SCIBILIO, NICHOLAS F
SERGEFF, JILLIAN G
SEZER, ARMAGAN
SHAUGHNESSY, JAIMIE L
SHAW, ALYSSA M
SHIELDS, ANDREW F
SMITH, ANEKA S
SOLANDER, MATTHEW D
SORENSEN, KORIEN J
SPADA, ELIZABETH L
SPINOLA, BENVINDA S
STACY, ANDREW C
SUI, SI HAN
SUKKHAM, PEEMANAS N
SULLIVAN, DENNIS P
TABBI, TEVIN M
TALAT, MUAOZ N
TAN, ZIBIN N
TANG, HUONG G
TEIXEIRA, JESSICA S
TIN, MAY S
TOBIN, AUSTIN
TOTO, XHENSIKA J
TRAN, CINDY N
UNG, KEVIN N
VASQUEZ, CARLOS A
VAZQUEZ, MARIA
VERAS, JULIE M
VIDAL, CHIANTE S
VO, BRITTANY E
VO, HOANG D
WAHL, JOSEPH I
WAHLBERG, ARTHUR F
WAKHWEYA, NICOLE A
WALDRON, KYLE J
WALLACE, LINDSEY T
WALSH, CASSANDRA L
WANG, VINNY M
WATERHOUSE, ASHA K
WILLIAMS, KEVIN A
WONG, MARVEN N
WRIGHT, MATTHEW N
WU, XI TONG N
XIE, ANDY
XU, GUI YU N
XU, MEI N
YANG, KELVIN W
YASSIN, KAYNAN A
YE, JIAXIN
YEE, BENJAMIN T
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YU, SAMSON
ZENG, LI QIN
ZENG, QUAN C
ZHANG, MANDY M
ZHAO, JUNYE N
ZHAO, LECHENG
ZHAO, XIAO LI N
ZHENG, SHIQING N
ZHENG, ZHONG XIANG N
ZHOU, XIAO QING
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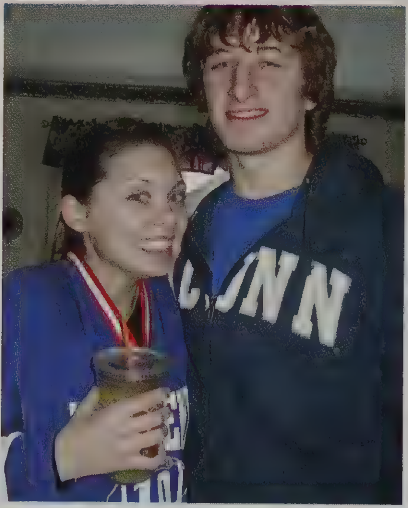
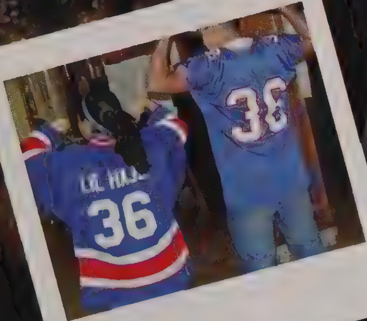
ZOU, ZHI FEI

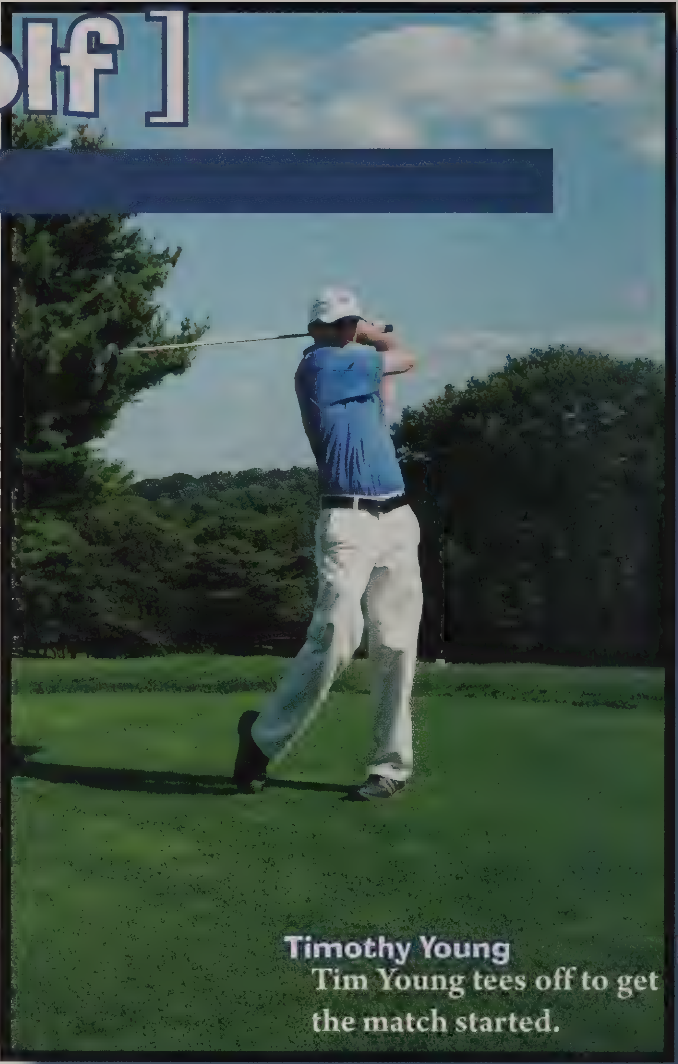
[Fall]

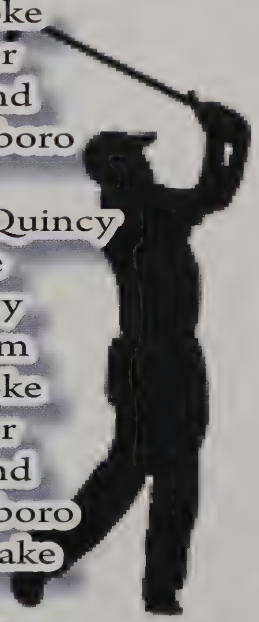



36
38

[Boy's Golf]

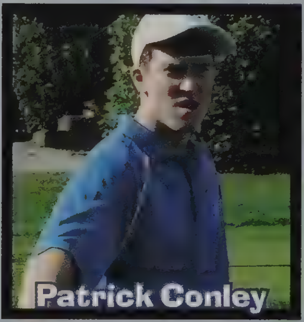
The golf team did not have their best year with a record of 4-10, but their season was filled with many individual successes. Led by Seniors, Kevin Keith, Pat Conley, Tim Young, Luke McLellan, and Josh Gerry. This was a very fun filled season with two wins against both Middleboro and Rockland. With the loss of five Seniors after this year, the golf team really needs the underclassmen to step up. The Seniors would really like to thank Coach Venturelli, with his help and leadership, all of the players have improved greatly.


Timothy Young
Tim Young tees off to get the match started.



Opponent	Result
Pembroke	L
Hanover	L
Rockland	W
Middleboro	W
W-H	L
North Quincy	L
Scituate	L
Duxbury	L
Hingham	L
Pembroke	L
Hanover	L
Rockland	W
Middleboro	W
Silver Lake	L
Overall	**4-10**

Leadership SPOTLIGHT


Patrick Conley

I am very happy with our season as a whole, and that we did accumulate all the wins that we did. This was a more sucessful campaign than prior years. I am proud and honored to be the captain of this team.

Timothy Young

Quincy High School Golf is the best sport offered in my opinion. I will always remember Sweet Lou, van rides, Squindy, being a captain, and 228. Thanks for a great year boys!

1.

2.

3.

1. Members of the golf team look on as others tee-off. **2.** Senior, Kevin Keith works on his swing before the match. **3.** Captain Pat Conley , sets up his shot. **4.** Seniors Kevin Keith, Patrick Conley, Coach Lou Venturelli, Timothy Young, Josh Gerry and Luke Mclellan **5.** Coach Lou Venturelli

4.

5.

Say MORE

"Sweet Lou let me enjoy my 2 years on the golf team"

Luke Mclellan

"Golf is the best sport at Quincy High"

Kevin Keith

"Sweeeeeet Lou"

Josh Gerry

"Go balls deep"

Patrick Conley

QHS Varsity Golf

Top Row; Josh Gerry, Pat Conley, Tim Young, Luke McLellan, Kevin Keith
Bottom Row; Myles Riddel, Derek Murphy, Brendan Gibbons, Ryan Patterson, Coach Lou Venturelli

> **"They say golf is like life, but don't believe them. Golf is more complicated than that."**
> **-Gardner Dickinson**

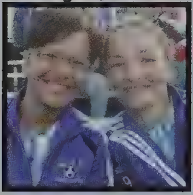
[Girl's Soccer]

This year was the best season the girl's soccer team has had since we were freshmen. The team was not only winning games and scoring goals, but they were playing as a team. It was the first time in years in which the team enjoyed being together and where there was little problems between the players on the team. The team has had a lot of laughs and memories this season from "fooling around" to "stretching a cold steak". There was Lizz's car, the Rev's game, pasta parties, the "senior night talk", singing on the bus, and of course these are some of the memories we will never forget.

Deven Riley-Marini

Deven gets ready to kick the ball down the field during an intense game

Vicky 5, Jess 7



Brianne 1, Leslie 8

Vicky Tang, 5

Jenn Conroy 16

Amanda 10, Leslie 8

Leadership SPOTLIGHT

Leslie Campbell, 8

Leslie has been a QHS Varsity standout since her freshman year. Leslie has moved from the sweeper position to center mid position the 2nd half of her senior season helping is with more offense. Leslie is an outstanding athlete who demanded attention from our opponents' best defensive players. Leslie also plays basketball and tennis. Leslie is a member of NHS and Student Council. In her spare time Leslie enjoys ping-pong and dancing with friends.

Amanda Sullivan, 10

Amanda in her senior year is a four year Varsity starter. A 2009 & 2008 Patriot League Soccer All-Star with many years of soccer experience behind her. Amanda distinguishes herself as a smart aggressive player with solid skills who if not watched can punish you with a goal. Amanda is a member of NHS. Amanda enjoys coaching QYS 5 Year old players along with dancing, helmet boxing, playing the saxophone & ping-pong.

Brianne Phelan, 1

This is Brianne's 3rd season with the Varsity team. Coach Martin says, "Brianne is the type of student athlete who can run all day and on many day's she will move from position to position filling in for players who need a break." Brianne is a very hard worker, always willing to do what is needed for the team. She is currently the Senior Class Vice President. In her spare time Brianne enjoys dancing, ping-pong and playing the violin..

1.

2.

1. Both teams celebrate the beginning of the season at the Kick Off Dinner **2.** Courtney, Leslie, Brianne, Jenny, and Amanda show off their spandies! **3.** Captains Brianne Phelan, Amanda Sullivan and Leslie pose with their coach **4. Top Row**; Leslie Campbell, Tiffany Hurd, Jenn Conroy, Coach Don Martin, Jessica Drago, Deven Riley-Marini, Lizz Carella, **Bottom Row**; Bianca Buccheri, Vicky Tang, Amanda Sullivan, Brianne Phelan **5.** Brianne, Amanda, Leslie and Jess smile for a picture at their pasta party.

3.

4.

5.

Say MORE

"Man comming on you...donut jelly."

Lizz Carella, 4

"Gold Plan"

Jessica Drago, 7

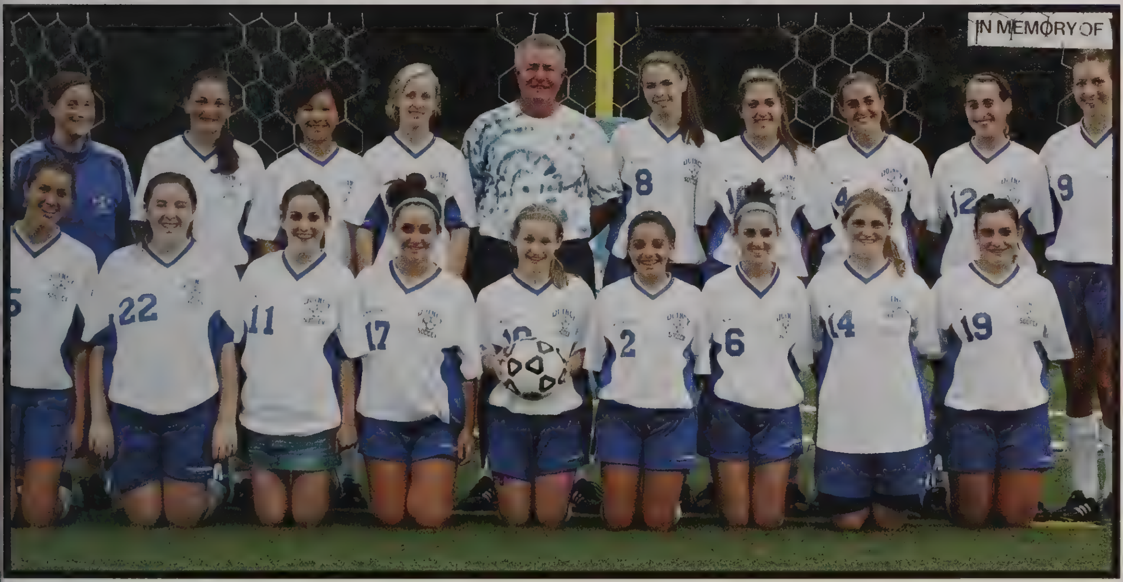
"Its natural"

Leslie Campbell, 8

"Ice anything that hurts"

Amanda Sullivan, 10

> I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion.
>
> -Mia Hamm



QHS Varsity Soccer

Top Row; Mary Burke, Jess Drago, Vicky Tang, Brianne Phelan, Coach Don Martin, Leslie Campbell, Jenn Conroy, Lizz Carella, Deven Riley-Marini, Giovanno Maurano.

Bottom Row; Nichole Campbell, Julia Regan, Courtney Peters, Victoria Wallace, Amanda Sullivan, Jennifer Scarni, Janelle Leone, Michaela Walker, Amnda Hyslip

[Boy's Soccer]

Coming into the new season, the team knew that this season would be different then the others. There was going to be a new coach that was a complete stranger to the team. Also, we were going to have 13 seniors on the team and weren't sure if we would have enough to form a JV team. One difference we knew was headed our way was that we would be able to compete better then that of previous years. Right off the bat our new coach began telling us about his many years of experience both as a coach and a player. Lacking players the pressure was on, until the first day of school when the number of players doubled. With the season underway the team was becoming more determined to have a good season. The season wasn't our best but it wasn't for lack of effort. All and all the season was fun and enjoyable.

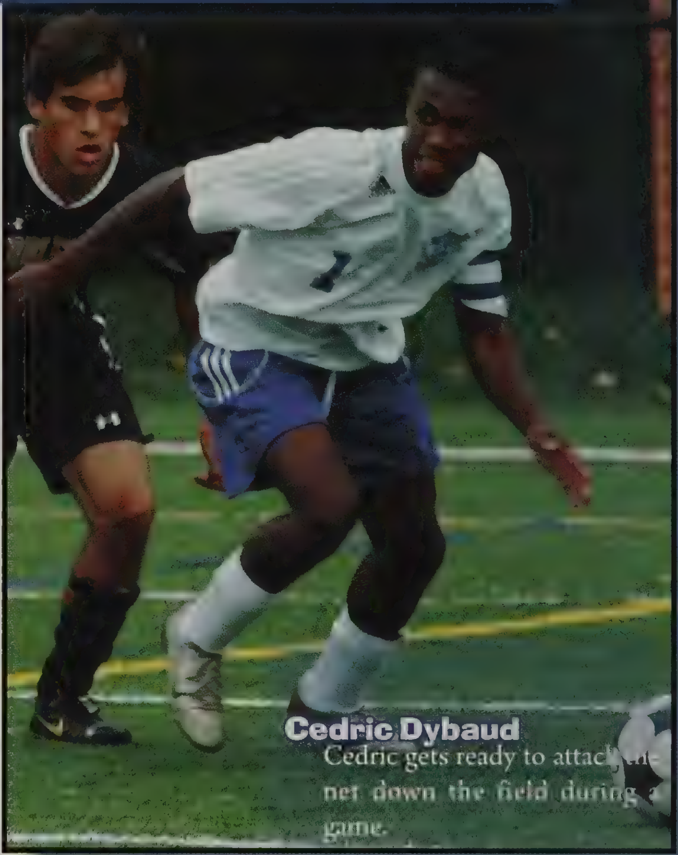
Tom Aronne, 6

Steven Peterson, 12

Alex Marculetiu, 16

Toby Tang, 3

Fillippe Silva, 10



Cedric Dybaud

Cedric gets ready to attack the net down the field during a game.

Sherkel John-Lewis, 7

Leadership SPOTLIGHT

Cedric Dybuad, 1

James Finn, 17

In high school Cedric was a 4 year varsity starter. He brings much enthusiasm and hussle during every game and every play. As well as being a captain of the soccer team he is also a member of the basketball team.

James has been a 4 year varisty member of the soccer team. He has started every year and has been a huge player in the games. James has always showed a lot of passion during each game. James is a three sport captain in soccer, hockey and lacrosse.

1.

2.

1. John Mullin battles to get to the ball before an opponent. **2.** James Finn concentrates to keep the ball away from the goal. **3.** Gustavo jumps up to head a ball during an intense game against Middleboro. **4.** Senior players, Cedric, James and Chris take one last picture with coach Spendlove. **5.** Chris Clayton gets ready to bring the ball down the field.

3.

4.

5.

Say MORE?

"I liked soccer practice because we always fooled around and did nothing"

John Mullin, 8

"143 Stretching circle... lol"

Romaine Brown, 19

"Though we didn't have our best year..it was great!"

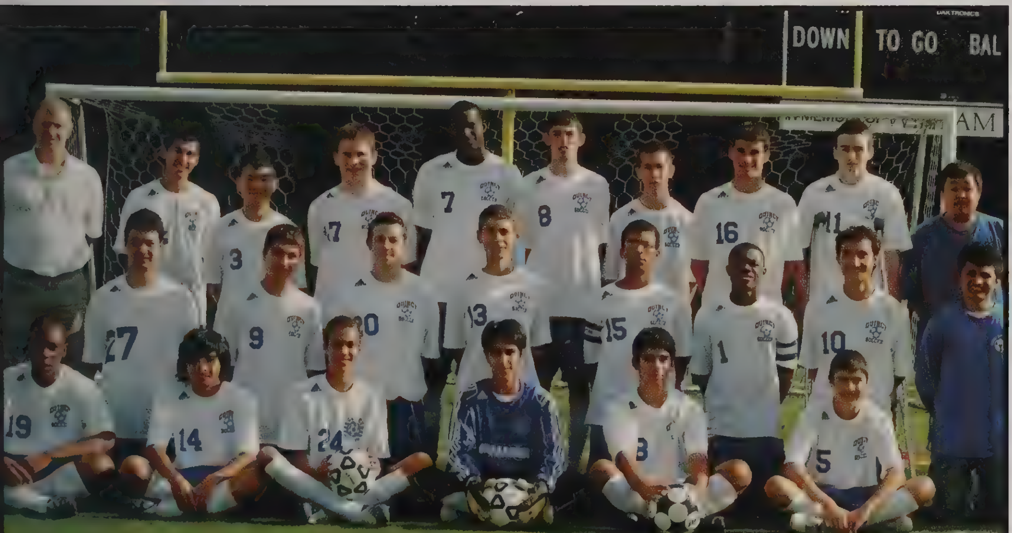
Chris Clayton, 15

"One time Mongo got pooped on by a goose, and it was awesome"

Gutavo Portillo, 2

"The greatest feeling in the world is when you're on that soccer field, and you know that your team is going to succeed because you look around and see your 10 best friends playing beside you."

- Mia Hamm



QHS Varsity Soccer

Top Row: Coach Spendlove, Gustavo Portillo, Toby Tang, James Finn, **Sherkel John-Lewis**, John Mullin, Tom Aronne, Alex Marculetiu, John Conroy, Jimmy Buoy

Middle Row Armagan Sezer, Martin Conroy, Alex Giurca, Chris Clayton, Cedric Dybaud, Filippe Silva, Sharik Pakur

Bottom Row: Romaine Brown, Jev Vaflor, Dan Mongo, Antonio Foleis, Kevin Paterno, Nick Dolan, Missing From the picture: Steven Peterson

[Girl's Volleyball]

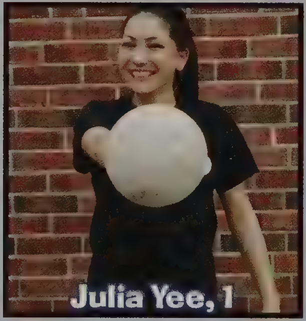
Central/East Division 1 Champs 20-0

The QHS Volleyball team had a season that they always will remembered. With 5 returning seniors and a handfull of underclassmen the team was expected to make noise. The expectations were more than met when the team won the Patriot League, with a record of 17-0. As the tournament approached Quincy was seeded first in the East Division 1. With high hopes the team went on to defeat Brookline. The next team QHS would go on to face was NQ. The team prepared for the best match of the year. Quincy came out on top with a 3-0 final. The team would then go onto the Central/East Division 1 Final, where they would knock out Newton South. They didn't end with a state title but they did end with a season they will never forget.

Kylie Kozlowski
Kylie serves up an ace during a game agaisnt North Quincy.

Opponent	**Result**
Whitman Hanson	3-0 W
Silver Lake	3-0 W
Norte Dame	3-1 W
Hanover	4-1 W
Middleboro	3-0 W
Hingham	3-0 W
Rockland	3-0 W
North Quincy	3-0 W
Pembroke	3-1 W
Whitman Hanson	3-1 W
Silver Lake	3-1 W
Hanover	3-0 W
Middleboro	3-1 W
Hingham	3-1 W
Rockland	3-0 W
North Quincy	3-1 W
Pembroke	3-0 W
Brookline	3-0 W
North Quincy	3-0 W
Newton South	3-2 W
Central Catholic	0-3 L
Overall	**20-1**

Leadership SPOTLIGHT


Julia Yee, 1

Julia has been playing volleyball for seven years now. She is very passionate about volleyball and gives all she has on the court. She is a setter and a leader on the court. She plays Mass Patriots Volleyball as well during the off season and hopes to continue playing during college.

Kylie Kozlowski, 9

Kylie has been a 4 year varisty volleyball member. Kylie is a leader on and off the court. She is a Boston Globe All-Scholastic being recognized for her academic and athletic achievements. Kylie also plays Mass Patriots Volleyball during the off season and has high hopes of continuing her volleyball career.

Julia and Kylie

Becca, Kori, and Caity

Becca and Meghan

Julia and Nicole

Meghan and Julia

1.

2.

1. The seniors delivering a pizza to their rivals as a nice treat before the game. **2.** The varsity team lines up as the national anthem is played. **3.** Julia and Meghan hug after a five game win against Newton South. **4.** Seniors: Kylie Kozlowski, Meghan McCarthy, Bianca Blakesley, Julia Yee, and Becca Shea **5.** Giving North Quincy a little taste of Quincy High Volleyball!

3.

4.

5.

Say MORE

"Quincy High, where men are men, and women are volleyball CHAMPS!" 20-1. Love you all forever and ever!"

Julia Yee, 1

"MELANIEEE!!!!"

Meghan McCarthy, 3

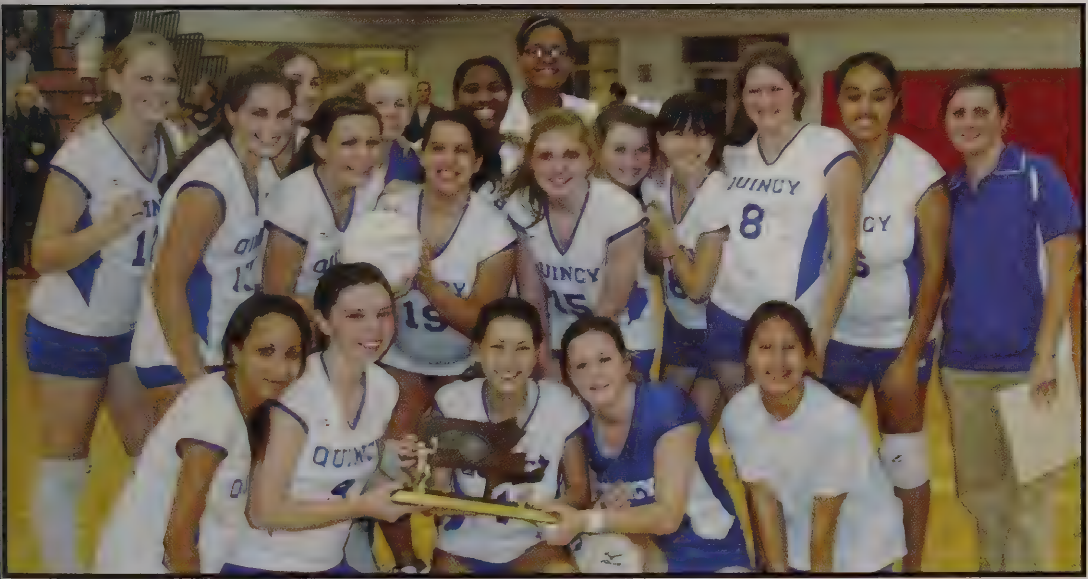
"Beating NQ was the highlight of my year, but becoming Central East Division 1 was the highlight of my 4 years."

Bianca Blakesley, 5

"Balls to the walls... assistant to the third."

Becca Shea, 10

> Quincy High School, where men are men, and women are Volleyball Champions!
>
> **-Anonymous**



QHS Varsity Volleyball

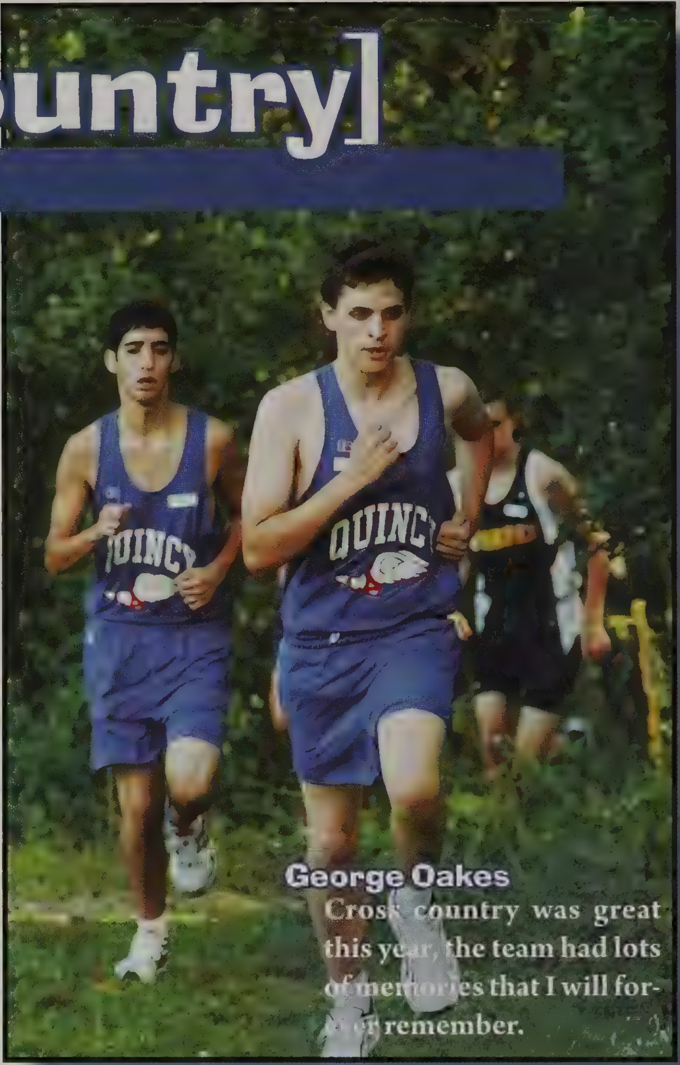
Standing: Erin Chiochio, Nicole Parry, Donna Niosi, Meghan McCarthy, Becca Shea, Sam Albanese, Nnema Aguouo, Stella Edwards, Caity Lowry, Devin McMahon, Maryssa Dwyer, Laura Donahue, Alysha, Coach Niosi

Kneeling: Bianca Blakesley, Kylie Kozlowski, Julia Yee, Kori Sorensen, and Nina Plabutoang.

[Cross Country]

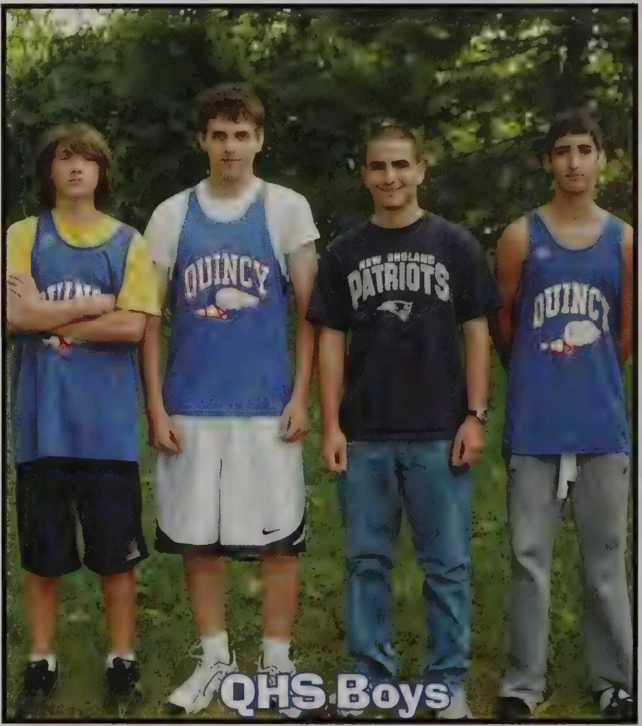
The girl's team finished with a record of 3-6 with wins over Randolph, Hanover and Middleboro. Quincy High runners included Elizabeth Green (9th), Kelsey Fischer (9th), Katie Breen (11th) and Megan Peterson (11th). Fischer, Breen and Peterson all made the top 7 to run at the State meet held Saturday November 14th in a driving rain storm. The team finished 18th out of 32 teams.

The boy's team matched its best record in years at 4-5. The Green twins led the team. Other Quincy High students on the team included Eric Arabian, George Oakes, Josh Kasanoff and Justin Rucker. George Oakes made the Varsity 7 that ran at Franklin Park.



George Oakes

Cross country was great this year, the team had lots of memories that I will forever remember.



QHS Boys

QHS Girls

Josh Kasanoff

Katie Breen

Justin Rucker

Megan Peterson

Eric Arabian

Kelsey Fischer

> "Winning isn't everything, but wanting to win is"
>
> **-Vince Lombardi**

Fall Sports

["Halloween 09 lasted longer than any other, given that it took weeks to plan out and days to talk about." -- Richard Ash]

Winnie and Porscha support the black out.

Meghan, Becca, Anna, and Julia eat lunch in black.

Vicky & Shirley have a black out style lunch.

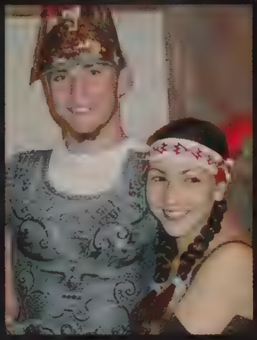
Slouching off in electrical, the blackoutters relax and laugh.

[BLACK OUT]

THE NEW HALLOWEEN

Halloween at Quincy High has always been full of great costumes, great laughs, and great suspensions. This year held a precedent in all of the aforementioned. Our class wasn't able to dress up in costumes during the school day, as this act was outlawed by the administration. We attempted to voice our opinions by signing petitions and presenting alternatives, but when all else failed we turned to color coordination. The student body organized a Blackout, where everyone silently protested by wearing all black on Friday, October 30th. At first many students were mad, but the Blackout was a success and it was even better that Halloween fell on a Saturday. As we said bye to the Costume Contest, we said hello to clean disciplinary records and a memorable student organized movement. The freaks came out that Saturday night, and the seniors added another win to the scoreboard.

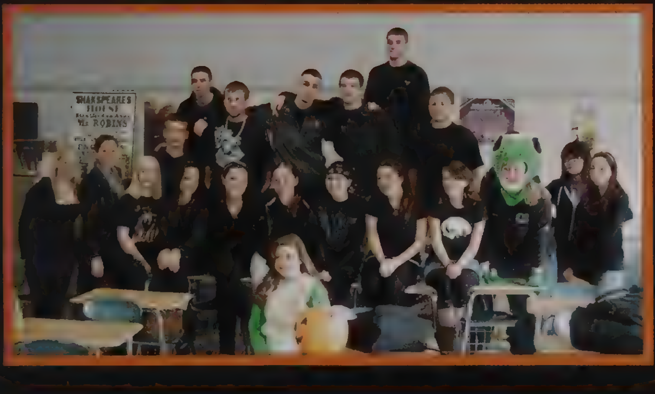
["Our Halloween protest showed that we can make the best out of any situation — in a fashionable way." - Emily Hajja]



Left
Kasey Milas, and Johnny McDonough show off their costumes.

Below
The ladies and Johnny huddle together, complementing eachother nicely.

Above
Richard Ash and Jessica Caetano mask their personalities in honor of a good picture.



Left
Ms. McNeice's period 67 English class reach new heights while fitting everyone in a blackout picture.

[“S-P-I- R-I-T, Spirit, lets here it!”- QHS Cheerleaders]

A group of animals on Safari Day put their differences aside for a picture in their prints.

Kasey, Deven and Lizz take a break from decorating.

Sarah Schulte roars for the camera on Safari Day.

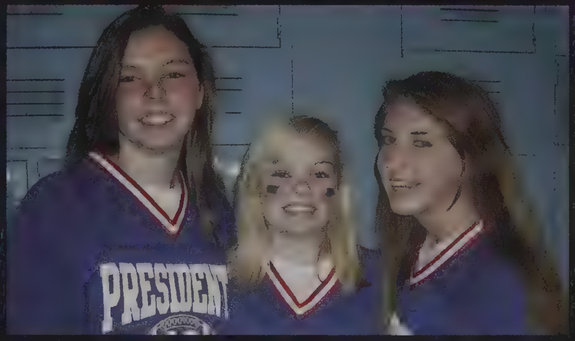
Lance Peterson hugs his Twilight book on Nerd Day.

[SPIRIT WEEK]

A WEEK OF LETTING YOUR TRUE COLORS SHOW

2010ers love to switch it up. This year's Spirit Week was not going to be the same as last year's, so we set out on a mission to find the best way to alter the annual tradition. Nerd Day pertained to all those in need of releasing their inner Einstein, and Decade Day had many afros and peace signs. On Safari Day, students dug out any kind of animal print they could find. Other days included New England Sports Day and Twin Day. The week lead up to the main event -- Color Wars. Many of the seniors purchased customink T-shirts in their designated color of green. Some wore Celtics shirts, and some opted for a more subtle way in finding everyday green attire. Hallway decorating surpassed everyone's expectations, filled with great ideas. Students stayed after hours to manipulate the goal post, in addition to hanging colorful posters and catchy banners. As expected, the senior class came out victorious in winning the Pride Award for Spirit Week. Being a week of total over the top chaos, it was a great reflection of the class of 2010!

["Spirit week has always been fun. but when you're the senior class and you know that trophy is comming at the end of the week, it's even funner." - Richard Ash]



Left
Hallway decorating is another great tradition, with so many people.

Below
Nichole, Amanda, and Caylie flashback to the 80's during lunch on decade Day.

PRESIDENTS

"Spirit week was groovy baby"
-Becca Shea

"Personally, I'd dress up like a zebra every day if I could"
-Amanda Sullivan

Above
Some powderpuffers and Akeem figure out their game plan in the hallway.

Left
Rico, Olivia, and Becca flaunt their peace signs in homeroom on Decade Day.

["Homecoming means more than kings and queens, it recognizes the whole kingdom."]

South Alliance Champions 10-0
South Alliance Champions 10-0

Kenny Nguyen and Emily Hajjar make up one of the night's fab five couples.

Collin McCarthy and Brianne Phelan gleam with excitement on the court.

Cedric Dybaud and Catarina Ferreira show off their photogenic qualities.

Ngozi Agugua and Julia Yee dance after the results are delivered.

[HOMECOMING]

THE TRADITION LIVES ON

A night of laughter and suspense made up 2009's Homecoming Dance, and we wouldn't want it any other way.

Homecoming always signifies a transitioning point in the school year. It is usually associated with school spirit, and a general feeling of excitement. Our year's Homecoming Dance took place at Broad Meadows which was a major change seeing as we had no gym to house the event. With a motivated staff, the planning was underway with the purchase of decorations and the booking of Quincy High's own Jared Tucker as our DJ. With many great representatives of QHS in the final Homecoming court, we knew that everyone in the top five deserved to win and that the decision would be hard. Stephanie Annessi and Kevin Keith came out on top. The dance was a major success, with great music and even better dance moves. The only bad part was the feeling of everyone's feet the next morning -- but that's a small price to pay for such a fun night.

["We get DOWN." -- Treylin Miller]

Left
Kevin Keith and Stephanie Annessi accept the titles of king and queen.

Below
"I got a feeling, that tonights gonna be a good night~!"

Above
Emily, Caylie, and Amanda match quite nicely and deliver attitude for the camera.

Left
A group of fashionable dancers refuse to let the flash stop them.

["High school rallies are like family reunions - you may hate school events just as much as your family, but you end up having a great time."]

James Nguyen gives Amy her rose.

Ngozi Aguguo doesn't dissapoint when delivering his flower.

Tom Lowry and Kelsey Pudder hug.

Akeen Heywood greets his escort on the stage.

[RALLY]

TEN PLUS ONE, GET 'ER DONE!

No gym means no rally. This was true until our senior year. Having to step it up, Mr.. Santoro decided that we would block off Coddington Street and house the festivities within a certain distance, given that it doesn't rain. But it did. It poured the day of the rally, and students were forced to divide in half and attend two separate rallies. The freshmen class, along with the sophomores, attended the first of the two while the rest of the school squeezed into the auditorium for the latter half. The event was just as good as any other, with Darius Varmahmoodi and Kasey Milas emceeing and the traditional exercises. Teachers and students paired up for a wheel barrel race, and roses were given in exchange for hugs from senior football players to cheerleaders. The rally did the best it could in preparing the student body to wear their blue and white, and cheer on the Presidents in the Turkey Day game the next day.

[“The rally may have been split in half but it was definitely not anything short of fun.”]

CAPTURE THE SPIRIT!
SENIORS!
2010 PRESIDENTS
QHS

Left
The senior hallway on the day of the rally looks marvelous.

Below
The senior volleyball players stand on stage with their trophy.

Above
Dean McPartlin and Emily Hajjar accept the trophy for spirit week.

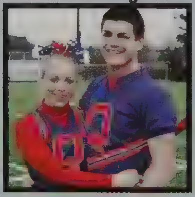
Left
The place may have changed, but the excitement was still there.

Cheerleading

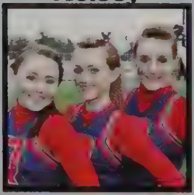
Emma and Amy

The Freshman girls and Johnny

Caylie and Johnny



Brooke, D'onna, and Kelsey



Team Huddle

L-E-T-S G-O COME ON QUINCY LETS GO! Cheerleaders are the crowd pumping, spirit making, loud girls and boys of Quincy High. The cheerleaders can easily be defined as the spirit of QHS. Between games, rallies, and competitions you can count on the cheerleaders to be there supporting our beloved Presidents. The 2009-2010 varsity cheerleading squad strives for perfection on and off the field. Coming in fourth at the Regional Competition they are constantly improving, setting the bar higher and higher. They are dedicated to making Quincy High School all it can be and to encourage everyone to march to their own beat! The team would like to thank their two senior captains Caylie Gibson and Emma Smith for leading the team to a great and memorable season!

Caylie Gibson

Amy Anderson

Amy Anderson flies high in an aerobasque, held up by Jay, Brooke, and Emma

Leadership SPOTLIGHT

Caylie Gibson

Caylie has been nothing short of amazing. As the only 4 year returning veteran. Caylie has helped the team in many ways. As a captain for the second consecutive year she has demonstrated a number of qualities that has proven just what an asset she is. Caylie was a great captain respected by all and we want to thank her.

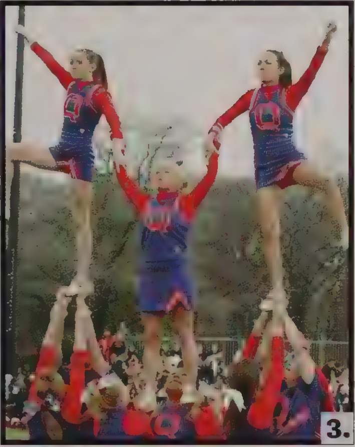
Emma Smith

Newly introduced to the world of cheerleading Emma dove in head first giving it her all. Always willing to help and highly motivated are just a few of her attributes. Emma was elected captain for football season helping the team every step of the way.. The girls would really like to thank her for a great season.

1.

2.

1. Seniors Amy Anderson, Johnny McDonough, Caylie Gibson, and Ema Smith pose for a picture between cheers. **2.** The entire team takes a picture before the rally with Mrs. Pitts, and Mrs. Lyons **3.** QHS Cheerleaders performed their routine on Turkey Day starting it off with a pyramid with flyers Jackie, Amy and Marianne. **4.** All three stunts twist in unison **5.** Johnny McDonough skillfully holds Jackie Pitts in a one man!



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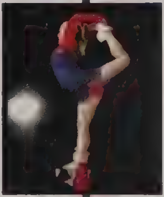
“Say MORE?”



“Muk”

Amy Anderson

“My first football season cheering was all that I thought it would be, thanks for a great season, love you girls!“

John McDonough

“Dude, kidd, guy”

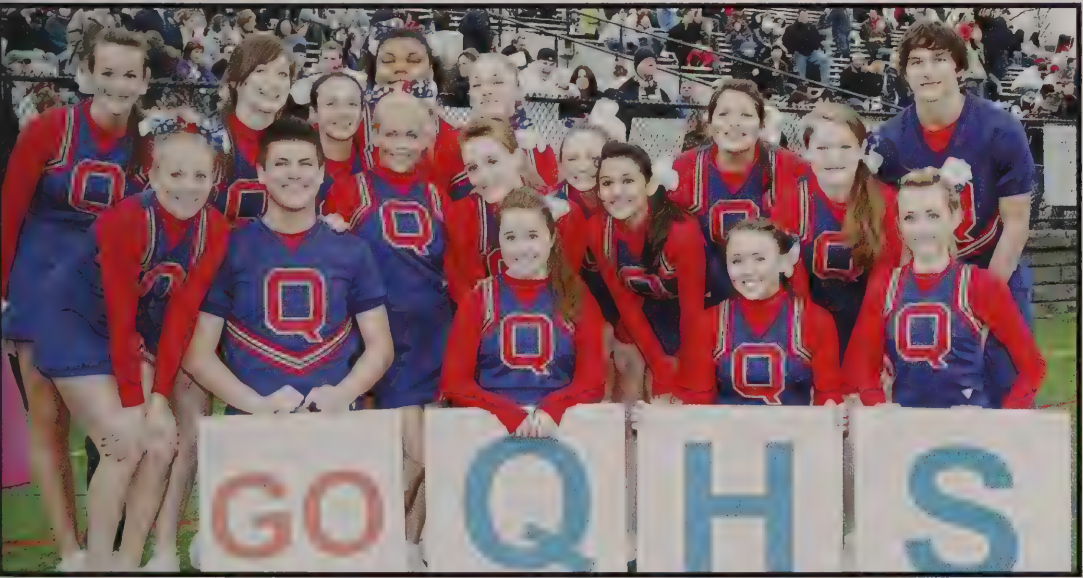
Emma Smith

“Four years flew by, thanks for all the memories! “

Caylie Gibson

“Wimps lift weights, cheerleaders lift people.”

-Annoymous

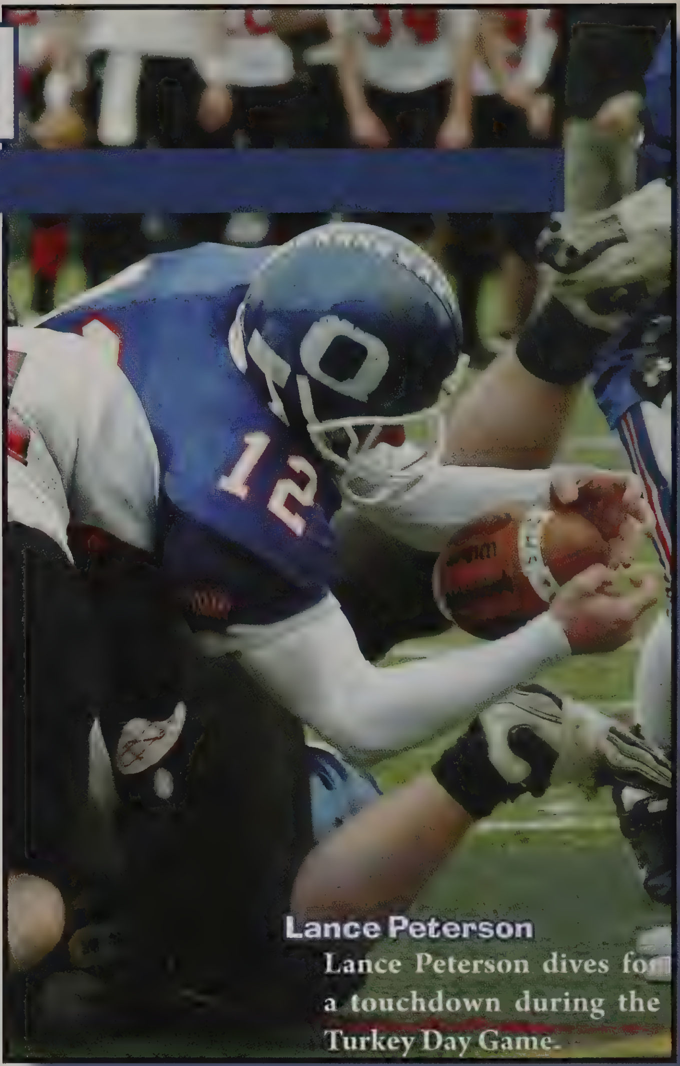


QHS Varsity Cheerleading

From left to right: Mollie Oldham, Caylie Gibson, Patricia Brennan, Johnny McDonough, Marianne Reardon, Mackenzie Jefferson, Amy Anderson, Emma Smith, Kelsey Pudder, Kayla Holbrook, Jackie Pitts, Ashley Faiella, Mallory McKinnon, Brooke Campbell, Jaycee Crowey, D’onna Roche, and Jonathan Lambus

[Football]

With the second season as head football coach, the Quincy High Seniors went through its ups and downs with Coach Bill Reardon. The football players were behind 3-year starting quarterback Lance Peterson from start to finish. James Nguyen, Reggie Ceaser and Kenny Nguyen won all league awards for the Quincy High Presidents this fall. James Nguyen won the all league linebacker award, sophomore Reggie Ceaser won all-league runningback, and Kenny Nguyen won all sportsmanship in the Patriot League, Fisher Division. At the end of the season James and Reggie were both nominated as All-Scholastics for the Boston Globe. Though the season wasn't what they boys had wanted or expected, the boys will never forget their season, and memories they made.



Lance Peterson

Lance Peterson dives fo a touchdown during the Turkey Day Game.

Lance Peterson, 12

Jesus Galindo, 31

Ngozi Aguguo 24

James Nguyen, 36

Joe Spargo, 66

Leadership SPOTLIGHT

Seniors 2010

This year the team was lucky enough to have eleven seniors. Every senior played a huge role in each and every game and practice. Seniors included Lance Peterson, Kenny Nguyen, Ngozi Aguguo, Kenny Nguyen, Scott Devlin, Rick Friedman, Akeem Heywood, Tom Lowry,Kevin Rhodes, Jesus Galindo, and Joe Spargo. The boys all had four great football seasons that they will never forget.

1.

2.

3.

1. Reggie Ceasar, Joe Spargo, and Ryan Boyle pose with Jackie Weir. **2.** Akeem Heywood on the side line during a time out. **3.** Captains Lance Peterson, Ngozi Aguouo, James Nguyen, and Kenny Nguyen watch the coin toss during the turkey day game. **4.** The team huddles before the game begins. **5.** Lance Peterson gets ready to throw a pass to a reciever.

4.

5.

Say MORE

“Thanks for four good years boys“

Kevin Rhodes, 10

“Greatest four years of football, a lot of good memories”

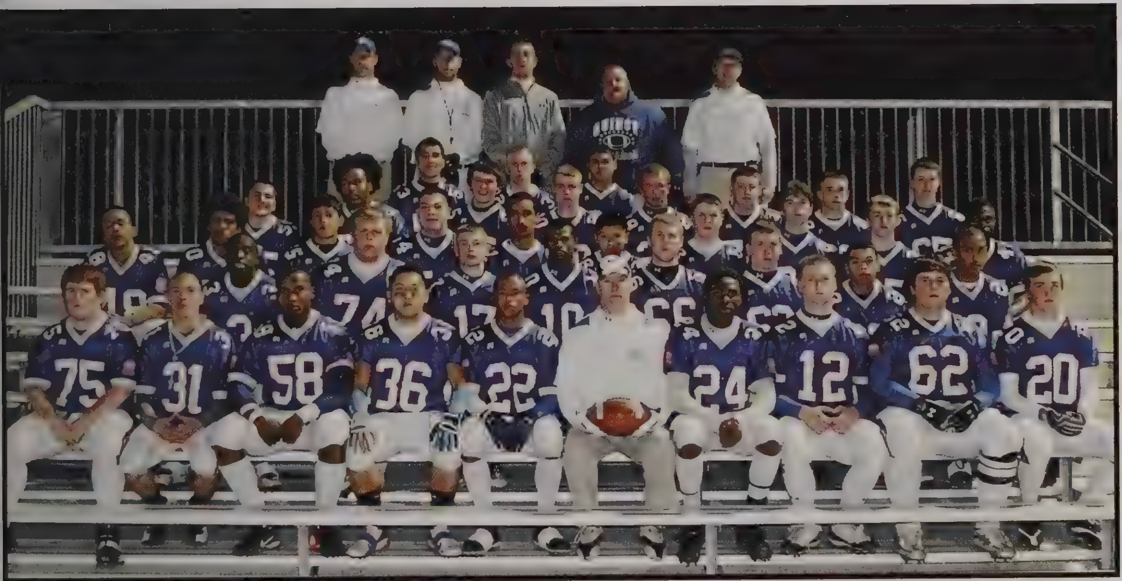
Kenny Nguyen, 22

“Its been a hell of a four years, even though things didn’t go our way, it was still fun“

Tom Lowry, 20

“I’’m gonna miss you boys, thanks for 4 fun years“

Scott Devlin, 75



QHS Varsity Football

The entire varsity team sits down for the annual team picture. Coaches included Coach Reardon, Coach Karey, Coach Pifer, Coach O’Connell, Coach Randall, and Coach Maurall.

> “If a team is to reach its potential each player must be willing to subordinate his personal goals to the team of the team”
>
> -Bud Wilkinson

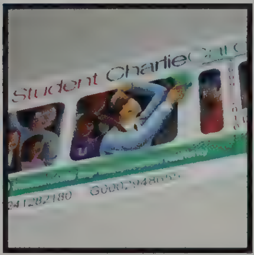
214 Germantown
216 Hough's Neck
T
NO STANDING
TOW ZONE

Students at Quincy High this year park on Coddington Street, and if you don't have one of these parking stickers -- Sully tracks you down and a ticket is usually left on your windshield.

QUINCY
HIGH SCHOOL
STUDENT
PARKING PERMIT
021

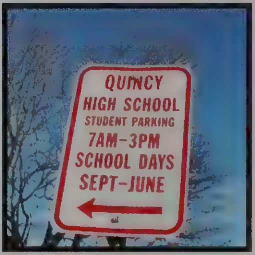
In an example of a forbidden parking situation, Kasey Milas shows off her Mountaineer that claims a spot directly in front of the Coddington English building.

A student troops to school in a snow storm, as most kids with one day tell the story of them walking to school -- both ways, uphill and in a snow storm. Some things never change.


Student CharlieCard

Charlie Cards are a popular accessory to most students at Quincy High, as 33 percent of us take a bus to school. Neckers take the 216, while kids from Point take the 222 and Germantown residents proudly claim the 214.

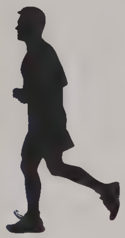
This sign, to the right, is like the Constitiution to the secuity guards at QHS. The seniors of 2010 were given 30 parking spaces after this sign, while 60 stickers were handed out. You do the math.


QUINCY
HIGH SCHOOL
STUDENT PARKING
7AM-3PM
SCHOOL DAYS
SEPT-JUNE

How do you get to school?

student transportation

10% of us walk



33% of us take the bus or train

30% of us drive

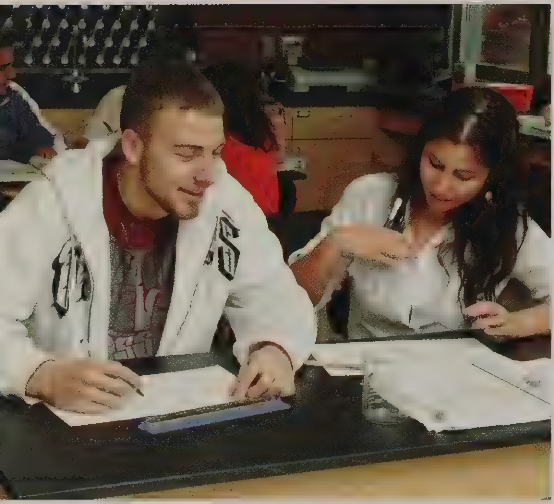
20% of us are dropped of by parents

7% of us are driven by a friend

DATA

- It costs 60¢ for a student to take the bus one way, 90¢ for the train. A gallon of gas is about $2.74 (for the cheap stuff).
- 57% of the senior class gets to school in a car.
- In Massachusetts, you must be 16 to get your learner's permit, and 16 and a half to get your liscense.
- The cost of driving school is around $700. To get your permit, there is a $30 fee. For a road test to get your liscense, it's $60.

[Seniors]



SENIOR
GIRLS

BEAT

Sarah Ahola

Hanin Ali

Amber Alpert

Amy Anderson

Stephanie Annessi

Joseph Anshewitz

Zoe Antonopoulos

Eric Arabian

Thomas Aronne

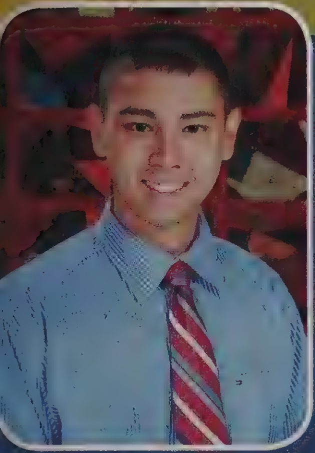
Richard Ash

Aéropostale

Alex Astrofskey

Robin Bable

Have you gone to QHS all four years? YES 87% NO 13%


Mark Baladiang

Amanda Ballinger

Kristen Bardon

Trisha Barungi

Kelsey Batherwich

Olivia Berry

Amber Bishop

Bianca Blakesley

Jimmy Bottary

Romaine Brown

Bianca Buccheri

Jimmy Bui

Have you attended a Turkey Day game? YES 64% NO 36%

Anna Bythrow

Jessica Caetano

Patrick Callahan

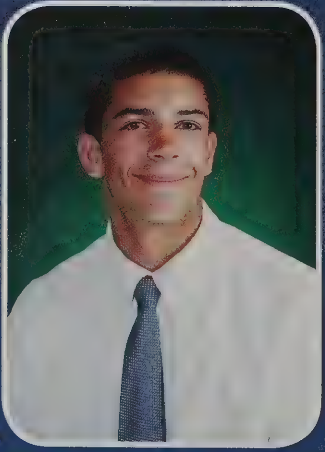
Leslie Campbell

Elizabeth Carella

Yeqi Chen

Sai Hong Cheng

TianXiong Chu


Christopher Clayton

Lindsey Collins

Patrick Conley

Jennifer Conroy

Do you have your license? YES 33% NO 67%

John Conroy

Eryn Curran

Cassandra Deiorio

Jennifer Deren

Scott Devlin

Robert Dion

Sang Do

Keri Dolan

Jessica Drago

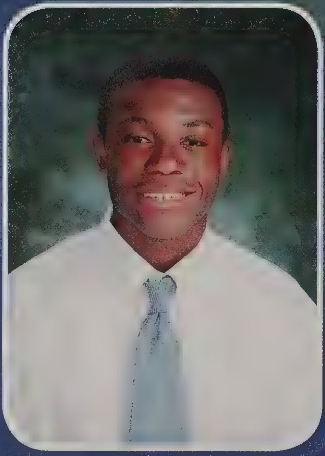
Nichole Driscoll

Andreama Duarte

Emily Duggan

Have you ever been put in the back of a cop car? YES 40% NO 60%

Zachary Dwyer


Cedric Dybaud

Julie Echeverri

Sara Elder

Christine Farnsworth

Ricardo Fernandez

Catarina Ferreira

Sinea Fitzpatrick

Joey Flores

Dana Foley

Kyle Freeman

Richard Friedman

Have you ever gone to a school dance? YES 64% NO 29%

Wayne Galvin

Josh Gerry

Caylie Gibson

Colleen Grady

Mark Graham

Emily Hajjar

Misty Harding

Tai Harper

Carlie Hennebury

Akeem Heywood

Thomas Higgins

Tawana Ho

Have you ever jumped PL in Houghs Neck? YES 47% NO 53%

Tiffany Hurd

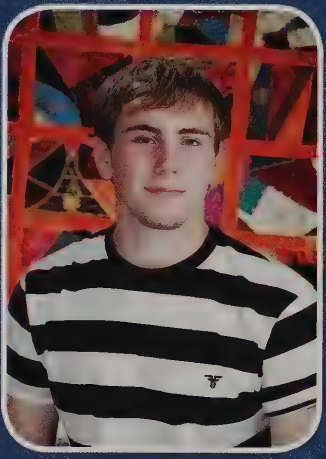
Theris Inacio

Edward Jolicoeur

Ilda Jype

Kevin Keith

Leroy Keniston


Michael Kneeland

Cecilia Koroma

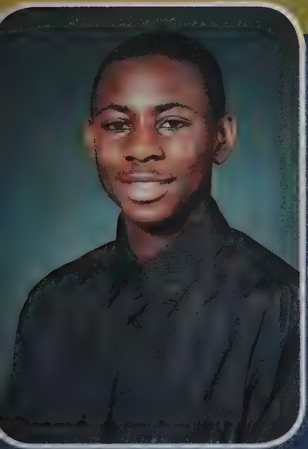
Kylie Kozlowski

Stephen Kozlowski

Neely Krueger

Steven Kubit

Did you go on the NY field trip from 8th grade? Yes 70% NO 30%


Adusei Kysi

Genesys Lai

Seth Lally

Michael Lamb

Jed Leger

Shirley Leong

Amanda Loi

Shayne Lopez

Thomas Lowry

Angela Macdonald

Amanda MacNeil

Yasser Mahoud

Have you ever skipped a class? YES 74% NO 26%

Alex Marculetiu

Haley Martinez

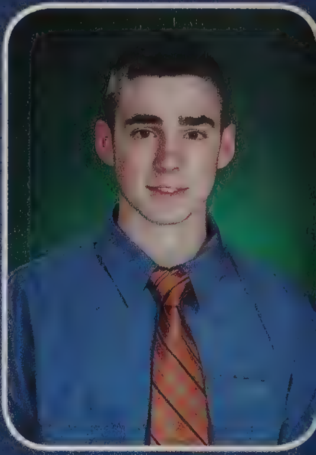
Collin McCarthy

Meghan McCarthy

John McDonough

Colin McGregor

Seamus McKenna


Luke Mclellan

Dinglm (Janice) Mei

Kevin Mei

Kasey Milas

Treylin Miller

Have you ever had your phone taken away by Mr. Swanson? YES 43% NO 57%

Paul Miranda

Naima Mohamed

Jillian Monahan

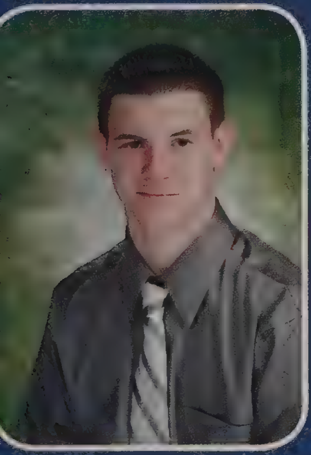
Lee Morgan

Flavia Mori

Jennifer Morin

Jonathan Mullin

David Muollo


Brendan Neenan

Dennis Nguyen

James Nguyen

Kenny Nguyen

Have you ever read or seen Twilight? YES 56% NO 44%

Cian O'Connor

Anxhelina Opari

Jonny Orlando

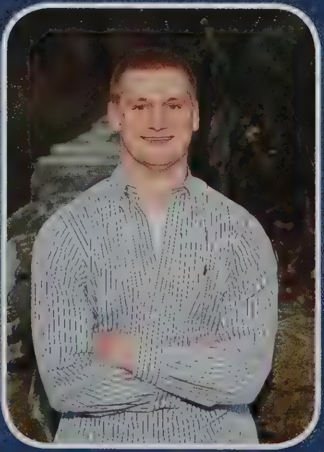
Arnold Pacho

Vasil Palo

Kayla Pendleton

Dora Pepo

Maris Pepo



Lance Peterson

Steven Peterson

Lyna Pham

Brianne Phelan

Have you ever been to a concert? YES 80% NO 20%

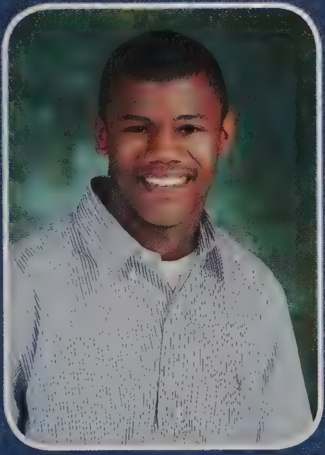
Gustavo Portillo

Tomeka Uga Pringle

Meghan Quinn

Allen Rand

Brian Repetto



Kevin Rhodes

Kym Riley

Deven Riley-Marini

Alicia Rucker

Katlyn Salvatore

Mark Sarro

Jason Savage

Have you ever met a celebrity? YES 13% NO 87%

Sarah Schulte

Rebecca Shea

Tanya Silva

Austin Simone

Emma Smith

Ronald Smith

Taylor Smith

Deanna Smollett

Joseph Spargo

Gaelen Suarez

Amanda Sullivan

Stephanie Sullivan

Have you ever been on a QHS sports team? YES 43% NO 57%

Bridget Surette

Hong Kit Tang

Wai Tang

Nurulaane Tauhid

Cynthia Tejada

Main Tham

Kasey Thorley

Colleen Tobin

Julie Tran

Mathew Troy

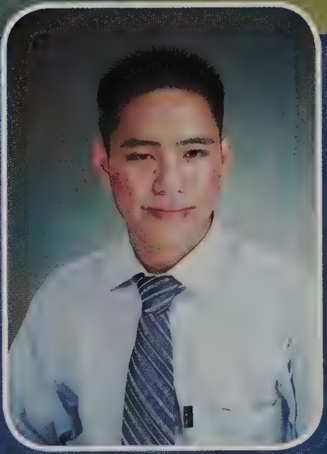
Isadora Tyson

Courtney Urbanus

Have you ever been in a car accident? YES 32% NO 68%

Danielle Urbanus

Darius Varmahmoodi


Kevin Vo

Joseph Wahl

Kyle Waldron

Leroy Wallace

Amy Walsh

Porscha Wells

Ryan Whitten

Barbara Wong

Danielle Woods

Sandy Xie

Do you have a tattoo? YES 33% NO 67

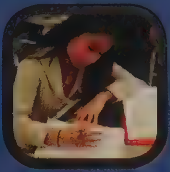
Winnie Yang

Julia Yee

Timothy Young

Yan Michelle Zhang

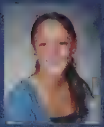
Irene Zhu



Have you ever tripped on the front stairs of QHS? YES 56% NO 44%

Amy Andersen

I can't believe I'm already writing my class bios. I remember the first day I came to QHS as the "new girl" and now I'm almost out. I met the love of my life my junior year (Shawn Dowling Feterowski) and a lot of other great friends. My high school years have been the funniest time of my life! I love POOP aka Mrs. Martin and all the great stories from Mr. Uhlar, and Ms. Dwyer!!! all I have to say is mucka mucka muck ... PS ...GIVE ME 20 DOLLARS!!!!



Stephanie Annessi

My past four years at Quincy High School have been the best ever. I have met so many amazing people and have had so many great experiences. We made history! We were the last senior class to have the Tech building and we had the last dance in the tech gym. We've been a part of and have experienced the building of the new Quincy High. I even got to walk on the foundation of the new building for an engineering class. Those are memories I will never forget. I have played tennis all four years for Quincy High. Mr. Swanson and Ms. Matthews are the best coaches, I love you both! What will I do without you in college? Interact Club, Student Council, National Honor Society, And Science National Honor Society all four years, as well. Thank you Ms. Eldridge, Mr. Harris, Mr. Holtz, and Mrs. Boudreau. I have been through so much with all of my friends at Quincy High School. I have made the best friends I could ever possibly ask for and I will never forget them and I will miss them so much as we all head off to a new chapter of our lives, college. I love you guys: Brianne (Rebecca), Colleen (Cookie), Olivia (OB), Sarah, Kori (Kor Sor), Cedric (Frunk), Tim (Joey), Mark (Robert).

Tom Aronne

I would like to thank, My mom, all my friends, and the rest of my family who got me through school. Without them getting where I am today would have been a lot harder. I would also like to thank all of my teachers, especially those in Culinary, along with all the soccer coach's I have had through out high school. You have all helped me out one way or another. High school was fun, for the most part. I played soccer for Quincy and had a fun experience with my teammates, one of which us seniors will never forget. I wish I could still do it, but I would rather graduate! To just a few of you, even though there are others I want to fit in: Jess: I am more then glad that I met you. You helped me out a lot, In and out of school, and I will never regret being in that same math class with you. Ben: You're a krazy kid. I don't even know where to start, or when to end for that matter, but you have made me have many LOLs these past few years and I hope there are a lot more to come. Colm: I wish you could have graduated with me bro Eric: pan .... I'm thankful that you told me to take culinary with you. If you didn't I would be a nurse right now. Freshman homeroom was the best! THE GAME! lol Mike: I met you in like kindergarten and Have not stopped causing trouble or laughing since that day. I was going to put a lot of jokes in here but I would need the whole yearbook for that. Do you wanna go skip? Hahaha. A.W. R.I.P To the Class of 2010, I've had a blast and I hope you all have a good future.

Richard Ash (Rico)

That was way too fast to be the best time of you're life, but I guess we'll see how we feel in about ten years. QHS has been nothing but nice to me and I can't complain. Mom, Auntie, Nicole and the rest of the family, thanks for everything – you're support has always meant the world. Bianca probably the only constant thing in my life -- love you more than you'll ever understand. Hampton Beach is where it's at. Trey Mariam and Jess it's been so long and we aren't stopping anytime soon, through it all. Thanks to the Point kids that never stray far from home MQ ES BR KW AL. All the others that have made my high school career something to remember you know who you are and you will forever serve your purpose. Summer 2009 nonstop with the Qs, Faxon and Shea -- unforgettable. Love you, Ro! Never forget the Stu-Co gang and all the "leading" we tended to do. OB EH CG BP SA SS DV KN MP Much love to the English department who've helped me beyond belief, and the other educators who I've gotten to bond with over the years – you will always be appreciated. I guess the next chapters bound to start somewhere; it just so happens that somewhere has crept up on us pretty fast. So see you guys on the flip, and we'll see who really peaked in high school. Best of luck.

Pony Express 9, 10, 11, 12
Student Council 10, 11, 12
Youth and Government 11, 12
Interact Club 11, 12
NHS 11, 12
Yearbook 12

Amanda Ballinger(Mandizzle)

Don't really have a good memory besides being in Mr. Sommers class with peeeepzzz =) goooddddd timesz. maddd funn.

Trisha Barungi

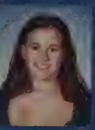
All four years at Quincy High have been interesting and fun. I learned something new from each year. It has definitely been one of a kind. I want to thank all the people who were really welcoming when I was new to the school. Thank you to all my friends; Sara, Sarah, Porscha, Naima, Sandy, ,Irene, ,Maris,, Dora,, Genesy's, Nurulaane and everyone in my classes all these years ;C.C, Jed,Duy and so many more. It was fun, you guys made it a blast. The tennis team I love all you guys, it has been great from grade10-12. No one get too crazy I hope to see you at the high school reunion pretty soon.

Olivia Berry

Class of 2010, we did it! I can't believe it's almost over! These past four have gone by so fast, but they have been amazing the whole way through. Thanks to all my friends who made QHS the best years of my life. BP, CT, SA, TY, CD, RA, BB, PMT, EL I love you all!! Everyone made high school amazing. Thank you so much to all the sports girls! Volleyball, basketball and softball teams, thank you so much for being amazing teammates as well as friends (until I was passed out on the bus). Student Council- You guys are amazing! We have gone through a lot together, and I wouldn't change anything about it. MASC '09 can't wait for '10!! Thanks to all the awesome teachers I've had over the past years, especially Ms. Martin. The influence you have had on me has made me a better person. Finally and most important, thank you to my family. Mom and Josh, love you both so much and thank you for always being there for me! Good luck class of 2010!!

Bianca Blakesley

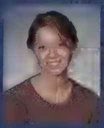
Four years of sacrifice, abuse, and noisy construction— and what do I get? A crappy locker in the old building. I'll never get over that. Just kidding :). But if Quincy High has given me anything, it's an extremely high level of tolerance. Only we could sit down and take our SATs while our desks are vibrating from the huge wrecking ball that's annihilating a building right next to us. Only the class of 2010 ;). Winning the last volleyball game against north (finally) was the highlight of my year! We're amazing-Central East Sectional Champs, never forget that. I think we owe all our tourney wins to apples to apples. Love you seniors mm kk jy bs ! The season had its ups and downs, but I think in the end it was definitely worth it. I'm sure that these past two summers could be described completely by facebook bumper stickers. Summer 09 was better than most. Hampton beach: riding the eight person bicycle without feeling embarrassed was priceless. Ra, tm! Richard Ash is my best friend, bfflousbh. You can figure out what that means Me, you, and freshman through senior year=success! If I could take all of the quotes off of the fb bumper stickers you gave me and use them, I would. For now I'll just comment on how classy we have been through this whole experience ;). Newspaper, Mediation, Interact and everything else-thanks for giving me something nice to put on my resume (and of course the satisfaction of knowing that I did something for the community, duh). It's weird to think that everything is going to be over when I finally feel like everyone is coming together. Every year has only been better than the last, so I guess there's nowhere to go but up. And I'm not coming back to visit the new building, either.



Bianca Buccheri

How these four years of high school flew by I have no idea it feels like yesterday that it was my first day of ny freshman year!. High school It has been a blast! We finally made it class of 2010. I would ike to say thanks to my family [Mom, Dad, ay and My Sisters] they have been. There or me through everything and I appreciate t. My friends where do I start? You all have been here or me when ever I needed you and you never left my side when the times were rough. U.K.W.U.A. Gustavo <3 thank you for always being here if appreciate everything you have don't for me <3

Soccer 9, 10, 11 12
Basketball 9
Softball 9, 10



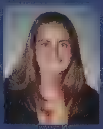
Anna Bythrow

Looking back over my four years in the magnificent Quincy High I know I'm going to remember the hilarious moments I've had rather gave me the best memories I could have asked for, whether it be staying in eating nachos and dip, or making absolute fools of ourselves being obnoxious in public. The nights we were holligans roaming the streets in costumes, stealing signs, and coming close to peeing ourselves with laughter. So, so long high school the majority of which sucked and thank you to everyone who was there for me. mom, dad, steve, andrew, tori, becca, julia, meg, ALLEN, emily, and lancey pants.

Hockey 9, 10, 11, 12 Captain
Lacrosse 9,10, 11, 12 Captain
Volleyball 10
Docents 10, 11, 12

Jessica Caetano

Wow this is crazy; I can't believe I'm writing my senior bio time has really flied by. These past years have been hectic, crazy and fun. I want to thank my mother for being there for me; I don't know what I'd do without her. Thanks for being able to stand me being a jerk and my annoying adolescent stages, I appreciate everything. I need to give a shout out to all my BITTIES I love all of you. Rico and Trey you've been my bests since elementary school I loved going through this high school experience knowing I have good friends like you guys. I've loved our fun times and I'm sure there's more to come. All the others mad love you know who you are, KLM, MH, GC, CH, CF, & so on….. most of us really did "live life like the captain of a sinking ship". It's been great getting to know people I never thought I would meet and talk to. I'm glad we've all made it this far, even though we're all heading off to the real world lets not forget about QHS and the friends we've made the teachers we've met, the trouble we got into and all the fun we had together. Life's too short to be unhappy, you have to take the good with the bad and forget about everything else, we're all going our separate ways so lets live it up <3. I definitely need to give a shout out to all the food places surrounding QHS you guys have quenched my hunger during 5 lunches ha-ha-ha. Who can forget all the shady spots us Quincy Kids thought of to party? Thanks for the bruises, trips and falls everyone. Mrs. Mc Partlin thanks for keeping me in check but peace out it's time we part ways.



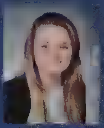
"It may seem like the end but it also may just be a new beginning." Mom, Dad, Jess, and Kat thank you for everything through out the years. Cassandra and Jenn I really don't know where I would be without you guys, thanks for everything...love you both no matter what. Kasey and Eryn so many good times..love you guys. To all the boys you know who you are good times the past four years. Soccer and lacrosse girls going to miss all those practices... love you all. Congrats class of 2010 we finally made it.

Soccer 9, 10, 11, 12
Basketball 9, 10
Lacrosse 9, 10, 11, 12

Patrick Conley

Library Club OG "We are riders ona mission, action kids in play conditions" Senior Class 2010 Congrats!

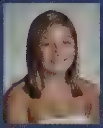
Hockey 9, 10, 11, 12
Lacrosse 9, 11, 12
Golf 10, 11, 12



Eryn Curran (Edawg)

" Leave a mark that can never erase me neither space nor time. So when then the director yells cut, I'll be fine, I'm forever young." We did it 2010! It's all over babyy! Thanks to my family<3 Mom, I love you so much, I couldn't have done this without you! Dad, I'll be counting down the days til I see you again..I love you so much! I'm so proud of you, Be safe, keep your head up & watch your back out there<3 YOUR MY HERO! Ma&Nikki- you 2 have done so much for me. I love you both thank you for everything. Susan&Little Jim- you 2 are a pain in my butt half the time but your both hilarious and make me laugh iloveu! JAIMIE<3 Wusssupp JUJU? I love you and all our crazy times since freshman year, my girl always! KmCdMq- I will never forget how much fun you 3 made high school for me, always down for a crazy time I love you girls. TpCf, been there since we were young, mad love for u & you know I'm only

one call away<3 LcJcThJc loveyou's. Boys, even though you're all a bunch of punks who think they have game I still love you all. Collin-I don't know what I would do without you. I love you<3p.s- E's always right ϑ James&Ryan-Freshman year, I spent every weekend with you 2, I love you guys nmw. Everyone else..Trooping it up to Faxon to stumble down the hill/ The Crusher/Shea in the freezing cold. Ryans house every weekend freshman year. Maine 09' LOVEYOU silly7<3Gettinn the bunzz? GETTING SILLY I could go on forever..I'm gonna miss you guys so much & Good luck with everything<3 LADA QUINCY HIGH, it's been real.
Softball 9, 10, 11, 12
Basketball 9, 10, 11



Cassandra Delorio

Class of 2010 I can't believe that it's already over! These 4 years flew by. I remember our freshman year walking up the steps and now we're already SENIORS. I'm definitely going to miss it. Jenn and Lizz- you're my girls no matter what, we've had some pretty crazy times, although we almost died in Liz's car a few times. The Nine love you all. Thanks to all my friends, you've made these 4 years unreal, so many good parties and funny times. From the Faxon nights to sophomore year basically living at Ryans house. Lizz we've always been there for each other and I still will be no matter what <3 From NC memories to just hanging outt everyday. Jenn to all the stupid little dances and things we'd do even though we had soo much fun doing them. Love you always. Eryn your crazy but I love you to death! So many good times just driving around with Jaim and taking little walks ;) We've had some crazzzyy parties' together haha. Kasey all the times dying laughing at your house and GLASSES!! Eddy I couldn't have done it without you, so many memories from 8th grade until now loveyou nmw<3 Thanks to my family for putting up with my for these past 4 years and anyone else I forgot to mention, I couldn't have done it without you. Good luck everyone and congratulations!

Keri Dolan

"There are moments in your life that make you and set the course of who you're going to be. Sometimes they're little subtle moments. Sometimes they're big moments you never saw coming. No one asks for their life to change, but it does. It's what you do afterwards that counts. That's when you find out who you are." These past four years have gone by so fast, and have left so many amazing memories. Quincy High has always made me feel comfortable and right at home, that I have no clue what I'll do next year without it all. It seems like just yesterday my friends and I were walking in for freshman orientation. At the time we were all so nervous and intimidated that we weren't quite sure how we would make it. Throughout the four years I've spent at this high school everything has just been one huge learning experience, whether or not it was learning in the classroom, or learning who your true friends were. I'm never going to forget all the amazing friends I've made along the way, and who has stuck by my side through it all. My family has also had a huge impact on my life and will continue too as I grow older. They have forever believed in me ever since day one, and have never let me down. Every teenager in high school wants all the independence in the world, and for their parents not to be on there case about everything but I've come to realize it's only because they love us and wants what's best for us. I appreciate so much more now then I use to. Never will I forget all the valuable lessons I have learned during my high school years, and I will make sure I carry them along with me as my life continues.

Jessica Drago (Jess)

I have made many new friends since I started here at QHS, and I don't regret any of them. T.A., A.M., C.B., G.O., R.B., S.E., C.E., J.C., V.T., J.S., A.H.,V.W., J.S. But I will always be happy to have kept my old friends. J.M., B.B., F.M., E.A. High school has been like a roller coaster with its ups and downs. I am glad to have had friends like them to help me through everything. I couldn't have done it without you guys<3 I played softball and soccer for QHS. Playing sports was one of the best things I could have done, especially playing soccer. I have also been bowling since I was five that is where I became friends with C.B. I would also like to congratulate T.A. after 3 years, he finally won. I want to thank all of my teachers. Especially Mr. Noe, Mr. Kelly, Mr. Gluvna and Ms. Niosi. With culinary being what I wish to pursue I could not have asked for better teachers. I also want to thank my family. My parents for making me get up for school everyday and my brothers for supporting me. THANK YOU! CONGRATS CLASS OF 2010! WE DID IT!

Nichole Driscoll

"It is hard to convince a high-school student that they will encounter a lot of problems more difficult than those of algebra and geometry" Well I really can't sum up high school, but going back to freshman year being the little "freshies" to now being those ones who were always 5 feet taller then me .. at least I thought.. well I'm the same size that I was then but that's beside the point . Ill always remember days/nights in Johnny's car with Caylie just being crazy " abcdfhug"(Johnny said) "oh no he means abcdefg ... mr officer"(me) "hahahhahahaha" (Caylie said in carelessness), or powderpuff 09 those cops sure loved us quincy kids and that's only two of the million times I've had with them that I will never forget. Let me just say for all the people who know what im talking about "PAHHHH" oh we are evil.. Cheering 08-09 was a time to remember our trips to taco bell, screaming Britney all day.. don't laugh ya I said Britney. How could I ever forget Amanda Caylie and myself's silly nicknames.. BarbieNidaTrick,always. Amanda we've been friends for eleven years wow, I couldn't sum up all the interesting high school ish we've been through, if I tried this would be so long I wouldn't even read it, but we sure are crazy, Chocolate thunnndaa, phineus and ferb, cheese, clammy..oh and the never ending cruntchy chicken, being porch monkeys. Adin, I love you always&forever 10/10/08 I couldn't have made it through high school without you. My sister Janelle had made high school a easier ride for me, by showing me the ropes, I couldn't thank her enough. High school is hard to sum up in one paragraph so ill just say it sure was a crazy ride, but ill never forget a second of it.

Cedric Dybaud

I always remember..... Leadership camp. First of day of freshman year, meeting everybody. The Fav 5 dusi, kev, chris and danny.....Ymca lol. 10 in a row. 2009-10 SOCCER TEAM. Taco, tim, stephanie. And always rebeccaaa
Basketball 9,10,11,12
Soccer 9,10,11,12

Krysta Failla

Wow finally graduating, it honestly feels like it was just yesterday that it was my first day of school as a freshman and I had no idea what I am doing or where to go. Now I know this high school like the back of my hand. I couldn't have made it through high school without my best friends and family . These last four years have flown by and it's crazy that it's over. I am going to miss everyone that made my high school experience bomb! I am really going to miss the bomb threats, the pulling of the fire alarms and of course the classic tripping on those legendary front steps. Class of 2010, WE DID IT!!!! No Regrets, Just Memories.

Caylie Gibson

"Here's to the night we felt alive, here's to the tears we knew we'd cry here's to goodbye, tomorrows gonna come to soon." Congrats to the class of '10 we did it!! It hasn't been easy but it's been one hell of a ride . Thanks to everyone who made these four years what they were I couldn't have made it without you. Emily F. Hajjar thanks for being there always <3 since kindergarten girly lets keep it going !! Mom and dad you guys are my rock thanks for always supporting me and giving me that kick in the butt I needed. Brian your the biggest pain but I wouldn't have it any other way. Barbie, Nida, Trick = <3 good times a&f. C.H.U.C.K words to live to by CG ! DEAD FISH!! and of course how could i forget 143 gully gully island "how dare you come on my lawn". Here's to not being able to survive without Marylou's, late night trips to TB in Johnny's car, photo shoots no matter where it is we went, meltdowns in the mini van, b-razz being the ultimate killer, pizza goldfish, midnight phone calls, heart to hearts with anyone and everyone, and the drama that was brought to my life by the QHS cheerleaders. RIP... PD RA dissed and MISSED. "Heres to the nights we may not remember with the people we will never forget" To everyone else good luck in whatever it is you are doing in the future. High School is over and done with, hell yea class of 2010 lets show the world what we've got!!

Cheerleading 9, 10, 11, 12 Captain

Emily Hajjar

I can't believe our high school years are almost over. I still remember the first day when many of us didn't know each other and many of us...including me were petrified to start high school. I look back on that now and I realize that there really wasn't anything to be scared of except maybe Mr. Swanson when he caught you with your cell phone. Something I will always remember about Quincy High will be the struggle to find a seat at lunch, the pack hallways and the amazing people. I want to take this time to thank all of my teachers that I have had at Quincy High school. All of you have taught me more than the subject at hand, you have taught me life lessons and how to deal with the real world. Without you constantly getting me to be my best I would not be the student I am today, so thank you. Ms. McPartlin I want to thank you for being my dean and being so supportive through everything. Working with you as class president has been really fun and I'm going to miss you so much. Now high school would not have been as much fun if I didn't have my friends. I'm going to miss the drama club and chorus so much, you have all taught me it's ok to be creative, and to be proud of what I love to do. I will never let myself be embarrassed to admit that I would drop everything just to be able to be in a production of Chicago, or even Annie. Love you guys! JM, AM, AB, BF, SA, OB, KN, DV, RA; I love you guys and always will. I'm going to miss you guys so much in college but I know we'll stay close. CG we have had our ups and downs but we have always been there for each other no matter what. I care about you so much and I always will. Peaches I don't know what I would do without you, you have always been there for me since back in the day, and you have saved my butt countless times. You have always been "My BFF Jill" lol, and I know our friendship will last for a very long time. We have all had so many good, funny and embarrassing memories. Like that night at Dunkin Donuts, when we went to MASC, when we went to Avril Lavigne, all the times we have cried from laughing too hard, and our dinners at Grumpies, Fridays, and Imperial Terrace. You all have made my high school years unforgettable and I'll miss you all more then you can imagine. And to all the friendships I have developed over these 4 years I am so glad that I am your friend. Lastly I want to thank my parents for everything they have ever done for me, I couldn't have done anything without you and I love you so much! So class of 2010 I am honored to have been you class president and I wish all of you the best of luck in whatever you do in your life ahead.

Kevin Keith

Class of 2010, Congratulations to all of you! Finally, we have done it and all of our hard work has paid off. I want to first off thank my family, Dad, Cate, Steve, Rob, and Jason I miss and love you more and more each passing day, and a special thank you to my mother because I would not be the person who I am today without her guidance and inspiration to succeed. Friends thank you for influencing who I am today and what I will be like in the future. Julia, countless amazing memories with you and if I'm lucky enough there will be an infinite more to come, I can't put my love for you into words and thank you for everything. Thank you to all my teammates throughout my four years here at Quincy High , playing with all of you has been an honor. The experiences , memories, and life lessons are etched in my memory forever. Priceless moments from the golf and baseball buses, the drake and teener hoe-downs, to the hockey locker room talks. Thank you everyone and Congrats Seniors on a very special journey, I hope your remaining years are as good as the ones spent in high school.

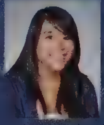
Golf 10, 11, 12

Hockey 9, 10, 11, 12

Baseball 9, 10, 11, 12

Docents 10, 11, 12

Library Club 9, 10, 11, 12



Genesy's Lai

Congratulations CLASS OF 2010! We've worked hard for the past four years and our hard work has paid off. We are finally graduating! It's insane how time has gone by so fast and each and everyone of us is heading towards our own different paths in life. I'll miss all the awesome times I've spent with all of my friends during these four years of high school and the great memories we've made. Although our high school life is now over, we have a new beginning, college, and a path of becoming independent individuals! Congratulations to all seniors!

Volleyball 9, 10, 11

Tennis 9, 10, 12

Amanda Loi

"Memory is a way of holding onto things you love, the things you are, and the things you never want to lose" - Class of 2010; CONGRATS! Its hard to believe we've all made it. I wouldn't have been able to survive high school without my closest friends. Krysta, Katlyn & Stephen ; from middle school to high school, we've been through a great load of fun times and I'll never forget them. "IN YO FAYYCEE". Stephen pushing Katlyn into a bush and spilling milkshake on her! Stephen tripping up the front steps! Then again, only a true Quincy High student would trip up the front steps haha. Krysta - Wifeyykinns! We went from about two classes in middle school to EVERY single class together senior year! What would we do without each other, I mean we probably wouldn't be graduating hahaha FAIL! Our car ride after 7 eleven then driving by the school with the music blaring and having people stare at us! We've had so many great times together that I lost count haha. Irene - My absolute best friend! Our friendship has been a roller coaster since the first day I met you in 7th grade in Mr. Fisher's history class. Our Britney Spears/ Hopkinton weekend where we canoed into a tree was hilarious, and one of the moments I'll never forget. That one sleepover with Taylor was hilarious! "Hunny, I waffles and pancakes you!" Great times. A huge thanks to my family for being there for me no matter what. Chrissy - Thanks for always being there when I needed your help with school, friends, or anything else. You've been a great role model for me and I appreciate that. We fight sometimes but at the end of the day you're still my sister that I love. A big thank you to all my teachers who helped me get through four years of high school. CLASS OF TWENTY-TEN; WE'RE DONE! :)

ROTC 9, 10, 11
Yearbook 12

Yasser Mahmoud

Hey everyone. Wow, can you believe it? We have been through so many things together its ridiculous; fire-drills, bomb threats, gas leaks, ceilings that rain, people coming with huge machines and demolishing our school, lockers that dont open/lockers that do open but are too gross too use, snow/days that are too cold, the bridge, the tech & many more!! As a class we have had the most unique expriences ever, some were not pleasant at all like walking outside in the so called "bridge" which did absolutely nothing more than create traffic. But these experiences have also made our high school years that much more memorable, and when we are all grandparents we can tell our grandkids "when I was your age I had to walk outside in the freezing cold/snow and rain to get to class and I only had 4 minuets to do it and I still managed to get to class on time." At times it was very difficult with teachers getting fired especially for the drama kids when Mr.Conroy had to go. But none the less we got through it. So to the drama kids I just want to thank you for helping me find a place where I could be me with out having to worry that I was weird or crazy because I know that you all are too! :) And to the choir kids... wow I love you guys so much you have given me something to look forward to everyday. I will miss everyone at QHS so stay in touch and good luck class of 2010 :)

Meghan McCarthy

Why does it take a minute to say hello and forever to say goodbye? These past four years have been more than I could imagine. Being in good old Quincy High School has been one of the most memorable experiences of my life. I have had so many good memories and have met so many new people that I will never forget. Thank you Mom, Dad and Eryn for putting up with me I love you all. The nine and the boys haha love you all even though we all had our ups and downs we'll always be friends. Anna, Becca, and Julia I would have never made it without you guys, you're the best friends I could ever ask for. We've had the most amazing and unexplainable memories that I will always remember. "QHS, Where men are men and girls are UNDEFEATED PATRIOT LEAGUE CHAMPS." Thank you girls for the most amazing season, I'm going to miss you all so much. Too everyone else and all my other friends good luck and thanks for everything! Peaceouttt quincy high.

Volleyball 9, 10, 11, 12
Basketball 9, 10
Lacrosse 9, 10, 11, 12 Captain
Yearbook 12

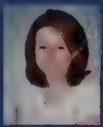
Johnny McDonough

"I cannot say good-bye to those whom I have grown to love, for the memories that we have made will last a lifetime and will never know a good-bye"-Unknown. Congratulations Class of 2010! WOW! It's over, we survived. Four years went by in a flash both at Boston College High School and Quincy High School, and all we have left are the memories - good and bad. Thank you mom and dad for always supporting me in every decision that I have ever made and for having my best interest in mind, i love you! PB TJW CG X 2 KM MM EH ND BC LW - you have been there through thick and thin. You guys have definitely made these past couple years unforgettable. I loved putting the pieces together the next morning through pictures that marked our nights! Being a senior, still not knowing my ABC's in front of the authorities might be a problem. To my veteran cheerleaders, i love you guys [we always did come in first]! These four years came and went, now it is time for the next step in our life. Good luck and farewell Class of 2010! Just remember, no regrets - just memories!

Varsity Cheerleading 11, 12
Student Council 11, 12
Yearbook 12
Newspaper 12

Kasey Milas

Wahhoo! Seniors 2010! Thanks for everything mom, my best friend, you mean the world to me I love you so much. No matter the distance thanks for sticking around dad. Zach the best brother I could have ever asked for. Walsh's words cant explain how much you mean to me. Kristina giarrusso, my sister. Eryn&Jaimie, you've been there through it all, thanks for sticking around through my craziness and lou lou's. Love you girls forever, ill never forget you. JC/LIMP. My first friend in the Q, never change, thanks for always being you it means everything to me, we've had some insane times there wont be a day that goes by I don't think of you. Cassandra and liz my girls, you're the best no matter what. Hey cass where are ya glasses? <3CG JPM TJW My few true we've made memories I wouldn't change for the world and My wish for you Is that this life becomes all that you want it to. Soccer 08-09, bailing jpm outta jail, silly times, jersey pup, dances, boys, sleepless nights, Halloweens, liz's driving, joes, parties ,growing up. We did it, and each and every one of you will stay with me forever. Good luck to all! QHS 2010! Those were the best days of our lives. PARTY IN THE USA!



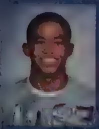
Jillian Monahan (Jill)

First I would like to thank Frank, we go way back! Then after having Mr. N for three years in a row, I'm sure he's sick of me! He see's me in the hallway and hides his face, then he say's hello. Then there's

Mrs. McMillan! Best History teacher! Then Mrs. Walsh, I've only known her a little under three years but she is like my own personal therapist, she helps with all my problems, and definately has my back! Mrs. Ajemian, who could forget about you, you helped me decide what I want to do with my life. Thanks! Heres to sports, they keep you active and let you meet new people and make new friends. In all my years of high school playing both soccer and softball I had the best softball coach, Mr. Beach in 2008. He really taught us how to communicate like a team. Speaking of sports there are some great memories on the bus rides. Also Hot Dog Safari, it is one of the funnest charitable event for children I have ever been part of. There are so many memories with all of my friends. My friends include many new friends, and definately the old ones that have still stayed around. J.D. <3, J.S. <3 B.B., F.M., T.A. The hearts mean they are either my Boyfriend or my Bestfriend! A big thanks to my Mom for listening to me complain that every day feels like Monday! Class of 2010 We Finally Did It!!!!!!!

James Nguyen

Even though this year hasnt gone the way we wanted, there is still plenty of memories i wouldn't forget. Presidents football, i know we came into the season with high expectations but we stood in there and fought til the end, all 10 of us seniors. I will never forget the great times I've had with all my friends you guys know who you are. and shout outs to my baby's momma!
Football 9, 10, 11, 12 Captain

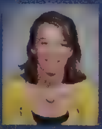


Kenny Nguyen

Whats Goodies?? Congratulations class of 2010. WE FINALLY MADE IT. It went by really quick. I still remember St. Pattys day freshman year or what was remembered from it LOL. Always going down to the neck for the 3rd. Fun times everybody. I like to give a shout out to the football and basketball team. We went through a lot as a team but we finished everything we started. To all my bros, fun times in school and out of school (Tryna Chill bro?).(I PEEP, I PEEP) (Tryna smoosh and CREEPMODE) hahahaha. I would like to thank my mom and dad for all their support throughout high school. Good luck to everyone in the class of 2010. I'll peep you guys when we get in the future.
Football 9, 10, 11, 12 Captain
Basketball 9, 10, 11, 12 Captain
Student Council 9, 10, 11, 12

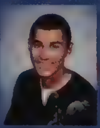
Jonny Orlando

I have made a lot of great memories in Quincy High. Having nice teachers like Ms. Camiolo, Mr. Phinney, Ms. Shnarr, and Mrs. Carvalho. Making good friends like Jimmy Bottary, Eric Arabian, Shayne Lopez, Zoe Antonopoulos, and Kayla Pendelon. Metting the most awesome girl in the world. I love you Jen Morin



Kayla Pendleton

I remember freshmen orientation, I even remember what I wore, and I remember the seniors saying, "it goes by so fast!" I can't begin to say how right all of you were. I don't think 'thank you's to my friends could even cover it. Especially Zoe and Jen. Who would understand me better then you two? We have countless lists of inside jokes and trust me, crazy is an understatement. Tim Kelly, you're not even my friend, your my brother, who does all the things we do, and in different states to top it off? That's right, no one. You three have been there no matter what, I love you guys. The drama club kids, where do I begin? We came in strangers but in the end, we're always just one big disfunctional family. I've learned so much and its so weird to think that its all ending. Danielle Woods, Josh Kaplan, Maeve Rogers, Niamh (Nee-Arm-Ha) O'Connor, Dan Hennessey, John Adams, I don't know what I would do without you guys. Class of 2010, WE made excellence a tradition. We've all got our junk and my junk is you.

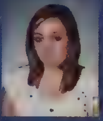


Gustavo Portillo

From the minute I arrived at Quincy High, I was so nervous and so anxious toward the things that were coming my way. At the beginning, I thought it was going to be tough for me to make friends or get used to the new environment because unlike other students I didn't go to middle school in Quincy or was ever raised in the neighborhood. I didn't know anybody at the beginning but I never let that become an obstacle. I started talking to people more often and after that it was very easy for me. Quincy High has given be the opportunity to develop my skills as a soccer player. I also have improved my academic skills. Through my years in Quincy High I would like to thank my mom and my step dad because they have been the backbone to my success throughout this time. They have always supported me and given me the strength and advices to move along and one day graduate as a Quincy High School student. Also thank my girlfriend for all the love and support. Thank You guys from the bottom of my heart.

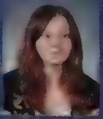
Allen Rand

To my family thank you for everything especially my mom and dad, you might not hear it much but I love you. Dani and Courtney you were always there for me and you're the greatest 2 people I know...I had a great 4 years here that I will always remember. Basketball was awesome and hopefully iceman lives forever in your hearts, and to my friends, Amanda you're like my 3rd sister, Deven you've been my BFF since 9th grade, maybe we can go to the beach later. Johnny MclucK and superfan. ANNNA, my friends at north, keep it real.



Alicia Rucker

i remember all the good times in quincy high and how fun they were. i was involved with the drama club from my junior to senior year and those were the most memorable years of my high school. I've meet some amazing friends through the drama club. I've also joined choir and met some of the most talented people ever through that.



Katlyn Salvatore

I couldn't begin to describe my experience at Quincy High. As sad as it is to leave I'm leaving with memories that I'll have with me forever. Congrats to us class of 2010 we finally made it. Thanks to everyone who helped me get here and I wish the best of luck to all my fellow classmates.*Krysta Failla**Amanda Loi**Jennifer Thayer**Stephen Kozlowski*

Sarah Schulte

Congrats Class of 2010. Wow time has really flown by! I just wanted to thank everyone for making these past four years really special. We may be going our separate ways in a couple of months but the memories will always stay with us. Thank you for making them such great ones.

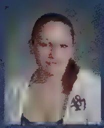
Becca Shea

Class of 2010, I can't believe we are seniors! It has been an awesome four years! Thank you Mom, Dad, Meaghan, Sarah, and Gerard for everything. Anna, Meghan, and Julia I could not have made it without you guys, so many good times from stealing signs and running from the cops to sitting at Dunkies, love you guys! Thank you volleyball girls for an unforgettable season. To all my friends, you've made my time at Quincy High awesome. I love you JS <3 I love you all and hope the best of luck in the future. Peace out!!!

Volleyball 9, 10, 11, 12
Basketball 9, 10, 11
Lacrosse 10, 11, 12 Captain

Austin Simone

My experiences at Quincy High have been awesome. Freshman year meeting all new friends, member of the baseball team 9, 10, 11, 12, 12th grade gym class, playing ping pong with Ms. Medeiros.



Emma Smith

Everyone always told me that high school would fly by and I never listened. But here I am getting ready to graduate and wondering where the last four years have gone. I've had fun and don't have any regrets. I must say, my love goes to my main girls, Meghan Q. - “My sista from anotha mista” We've done it all, Blancos till the end - Lindsey C.- “”My Babiebabez” Ever since freshman year you've been my girl, and we've stayed in trouble ever since... hahaha. I got your back like a bra strap. ILY + Angel 224- Kim C.- KEEEUUMMM so many good times and memories I don't even know where to start. When ever we're together we have fun, and you've been there through so much... and Amy A.- When I think of you I think “MUK MUK MUK” lol haven't been friends for too long but have been through a lot. I just want to say “Gimmie 20 Dollars” More than anything, I want to thank my Mom, Dad and two brothers Brian and Casey for always being there for me no matter what and ALWAYS supporting me in everything I did, for always being there when i needed it the most, and for always coming to ALL of my games and competitions no matter the circumstances ! I love you guys, thank you for everything, without you I would be nothing :-) Lastly, I want to thank Mrs. Ajemian. You are one of the kindest, most genuine people I have ever, and will ever meet in my lifetime ! You are absolutely wonderful, without you high school wouldn't have been the same. You have taught me so many valuable life lessons that I will take with me as I gradate. Thank you for everything, I love you. And as for everyone else... Class of 2010 we made it ! It's been real... good luck with everything, be smart !...PEACEEE LATERRR

Basketball 9, 10
Cheerleading 11, 12 Captain

Ron Smith

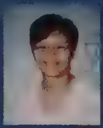
Everyone says that high school goes by fast, looking back, it was faster than that, it seems like I started my freshman year just a few months ago, but its been four years since then, and over them I've been through a lot. I've gained friends, and lost them, broke old habits, and made new ones, my values, opinions, and outlook have changed dramatically since then, but most of all, I have. Its scary knowing that after this, we're all just that closer to the “real world” but then again, fear is just another thing that keeps up going. I'm going to miss a lot of things from my time here at Quincy High School, but I'm really excited to find out whats to come.

Yearbook 12

Amanda Sullivan

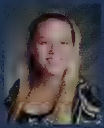
Congratulations class of 2010, we made it. I feel like it was just yesterday when we freshman. The past four years have gone by so quickly. Mom, Dad, Allen & Brian, I don't know where I would be without you guys. Thanks for everything, I love you guys. JMCP I don't know what I would do without you two. You've been there through it all. Love you both. Soccer girls, I love you all and I have had the best times with you guys. Julia Regan and Victoria Wallace thanks for my life story. Jenny you have rabies but i love you anyways. Seniors good luck with whatever you do.

Soccer 9, 10, 11, 12 Captain
Lacrosse 9, 10, 11, 12
Basketball 9, 10
National Honors Society 11, 12



Wai Ki Tang (Vicky)

I've spent 4 years in Quincy High School, and now I am a senior of Quincy High School. As it is getting close to the time of graduating, I remembered the first day of school I was tripped by the stairs in front of the school. I got lost, had difficulty to find my classrooms, confessed by the lunch schedule. Now I am feeling familiar with the school. During these years I've made many friends, I've joined the girl's soccer team in year of 2008, 2009. I've had a really good time with my teammates. In school, I wanted to thank every single one the teachers that had taught me, I learned so much from you guys.



Colleen Tobin

Congrats 2010! Thank you to mom, dad, Britt, Meg& Brenna for putting up with me. Alyssa, best friends forever. Bri, Olivia, Stookie (steph), Kori, DeAnna, Crazy Asian (Elisa) thanks for everything, I love you guys. Basketball girls- so many memories. Thanks for a fun 4 years <3 Peace Out!

Soccer 9, 10
Basketball 9, 10, 11, 12 Captain
Student council 10, 11, 12

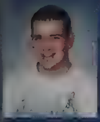
Julie Tran

I look back in the past to realize the number of times I told myself that I would never reach the day of being a senior. To my beloved family: Mom and Dad, even though I don't listen to what you guys tell me to do, I thank you guys for putting up with me for almost eighteen years of my life. To Annie: I'm sorry that I rained on your parade when I was born but hey things happen. To the special someone: Although you're not in my life no more but I will always and forever love you even if we didn't get along. To my friends: Without you guys, *inserts cheesy quote about friendship here* To my fellow AFJROTC cadets: “Integrity First, Service Before Self, and Excellence in all We Do.” Keep the tradition going to the future! To class of twenty-ten: Congrats guys we did it! And “The Game.” That is all.

AFJROTC 9, 10, 11, 12
MFA Docents 10, 11, 12
National Honor Society 10, 11, 12
Tennis 9, 10, 11, 12

Mat Troy

These last 4 years have flew by. I feel like yesterday I was sitting in the auditorium as a freshman. Some good memories James house, Whitens house Wally's crib It's been a crazy four years hopefully we all still stay in touch with each other. Some good times with JN, DM, RW, CO, PC, LC, JC, CG, KM, CD, EJ, EC, ED, CM, BN, etc. That's it for me I'm off this ked straight 4 years peace out guys.

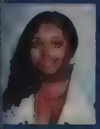


Kyle Waldron

The past 4 years at Quincy High School have been a life changing experience. All the trouble and obstacles I over came to get out and graduate have been hard but I did it. I became close with kids who I thought I wouldn't be close with especially my boys who I chill with everyday. I also stayed in touch with some old friends too. To all the girls who I've met and are close with I'll always be here for you. Truck, Broad Meadows, Sea Wall, in merrymount so many good times with everyone. Also Faxon, Mushroom Mt., highway spot. Hopefully we will still all stick together and have fun like those nights. Last just want to give a special thanks to Ms. Dwyer, my boys, Paul O'Rourke, Muollo, Eddy, Palisi and Dub. And my home girls Meghan Q, Carlie, and Gabbi. I love you all and no matter what happens will always remember you.

Amy Walsh

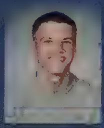
"A wind has blown the rain away and blown the sky away and all the leaves away, and the trees stand. I think, I too, have known autumn too long." -E.E. Cummings. It's been a crazy four years and I'm glad we all made it out. I hope you all do great things in your life. Thanks to everyone who was here for me through some of it or through it all.



Porscha Wells

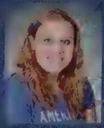
Congratulations class of 2010! We've finally made it! The past four years have been great. Not to mention that those four years have gone by fast. We've been through so much. It's crazy to think about the first time we entered Quincy High as timid little freshmen. I want to thank my friends and teachers who've helped me along the way. I'd also love to thank my mother who has always been there for me. Now it's all about class of 2014. College here we come! Yay!

Yearbook 12
Spectrum 12



Ryan Whitten

Legendary times at JN's crib., 103 Intervale, A-Shore, Nantasket Beach, the Carella's, and always looking for those parties late at night, and postin up at Wendys in the A.M.... High school ended too quick...gotta say best four years of my life, but its not over so gentlemen start your lives.



Danielle Woods

Wow guys I really can't believe we finally made it, I can't believe that it our turn to wear those blue caps and gowns and receive what we have been working so hard for four years now. I can remember how it all began, everyone of us A new and excited freshman and now we are running the school, I am amazed how much we have all changed in this short time and all for the best. Drama club were can I begin everyone of you has been my backbone though this past year and though all the ups and down, to see old friends go and making new one everyone of us has A wonderful connection to each other in this club and let me just say this I could not be who I am today without you guys. To my drama club seniors, we have been though so much together with four different directors and all the fa nominal shows that we have put on though the years, I am so proud of all you to see what great people you have become, I know that I will never forget the tears and the laughter and funnest one-liners and the most heartwarming moments we shared on and off the stage. So to the rest of the drama club I want you all to know that everyone of you will always have a special place in my heart. Class of 2010, I'm so proud to say that I am graduating with this senior class, everyone one of us made the best four years of high school anyone could ever have the underclassmen sure do have big shoes to fill, I love everyone of you guy from the bottom of my heart. Congrats class of 2010!!!

Winnie Yang

Congratulations class of 2010! High school has come and gone, we had some great times and some bad. It's crazy! Fours years go by so fast. Thank you, Ms. McGinnis for teaching me so much. Mr. Natalizia who has gotten me to love writing again, thanks. Thank you to all my teachers who have helped me along the way. To all my friends, I will miss you & I love you all. Never forget that! I would also like to thank my parents for their support. Good luck fellow classmates know that whatever your future holds, you can do it. Brace yourselves for college class of 2014! Yay! XD

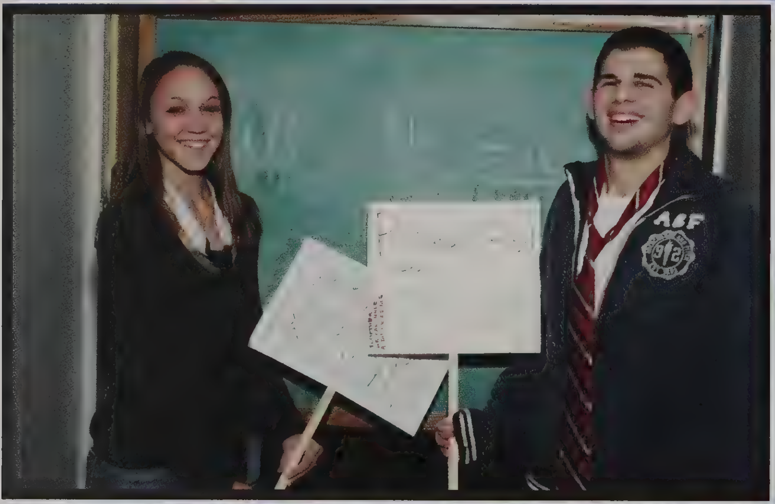
Art Club 9, 11, 12
Spectrum 12,
Yearbook 12

Julia Yee

Congratulations 2010! We did it! Its hard to believe that these four years are coming to an end, just as another four years begins. High school has been full of amazing memories, from sports teams, to spirit week, to the endless weekends. I will never forget the friendships I have made with so many different people. Thanks to my friends that helped me make it through these four years. Anna, Becca and Meghan you three are my very best friends. High school would have been impossible without you. Our memories are countless, to name a few, Dunkies runs, Grumpys, New Hampshire, dance parties, eating everything in site and of course sneaking out at 3AM to steal Dunkies signs. But those moments will never compare to the nights we stayed in and did nothing, because those are the nights I will never forget. Kevin, you are the most amazing person I have ever met. I am sooo lucky to have gotten to be your girlfriend. Thank you for everything, I love you so much. To my family, Mom, Dad, Robbie and Ben, thanks for putting up with me. Maria and Sammy, thanks for being my best friends for my entire life, love you. Thanks to all the teachers and coaches who helped me along the way, Mr. Smith and Niosi, I would never have made it to where I am without you. QHS Volleyball, thanks for the most amazing season ever. Undefeated Patriot League Champs, Central East Division 1 Champs, thanks for the memories I'll never forget you guys. I'll miss all of those bus rides singing our hearts out whether it be on the way to volleyball, basketball or softball. Good Luck in wherever and whatever life brings you I can't wait to see where we all are in another four years.

Volleyball 9, 10, 11, 12 Captain
Basketball 9, 10, 11, 12
Softball 9, 10, 11, 12 Captain
MFA Docents 10, 11, 12
Yearbook 12

Superlatives



Above

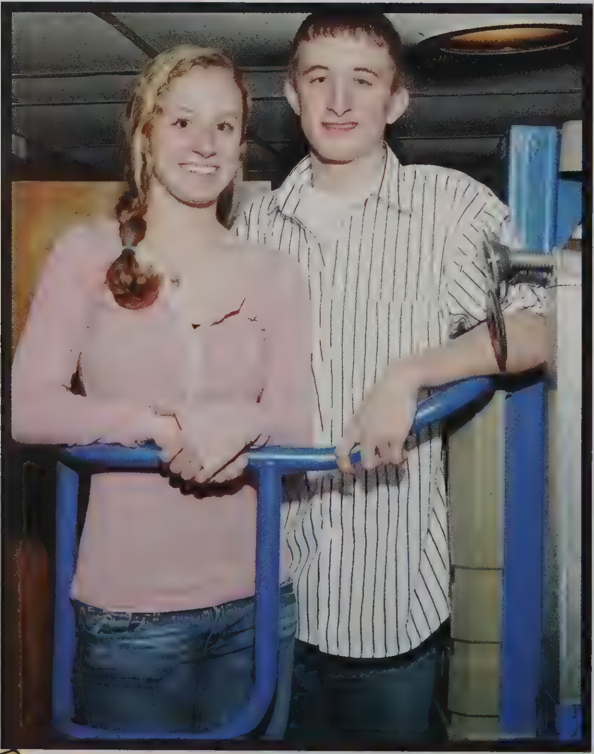
Most Likely to Succeed:

Stephanie Annessi & Richard Ash

Above

Best Actor:

Kayla Pendelton & Zach Dwyer



Left

Best to Bring Home to Mom & Dad:

Brianne Phelan & Allen Rand

Above

Best Eyes:

Nichole Driscoll & Collin McCarthy

Below

Friendliest:

Main Main Tham & Brianne Phelan

Above

Best All Around:

Kenny Nguyen & Emily Hajjar

Below

Class Clown:

Colleen Tobin & Jason Savage

Right

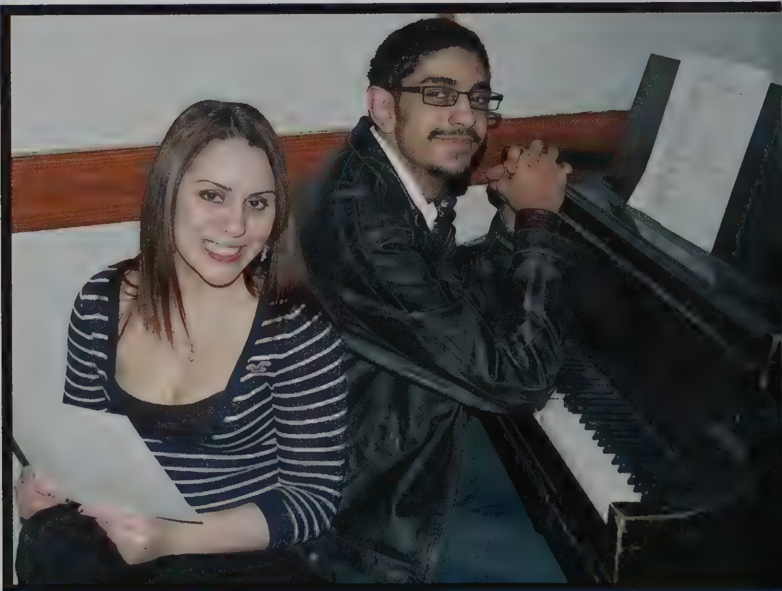
Life of the Party:

Eryn Curran & Lance Peterson

Superlatives

Above
Best Smile:
Treylin Miller & Kenny Nguyen

Above
Cutest Couple:
Julia Yee & Kevin Keith



Left
Best Dressed:
Tawana Ho & Kevin Keith

Above
Most Musical:
Yasser Mahmoud & Meghan Quinn

Below

Most Inseparable (Girls):

Catarina Ferreira & Tawana Ho

Below

Most Inseparable (Boys):

Jonathan Correia & Eddie Sanchez

Above

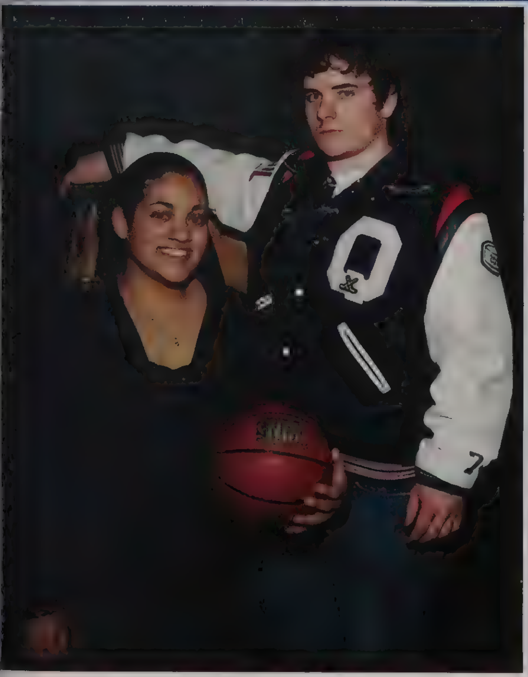
Best Looking:

Catarina Ferreira & Eddy Jolicoeur

Below

Most Athletic:

Olivia Berry & James Finn



Right

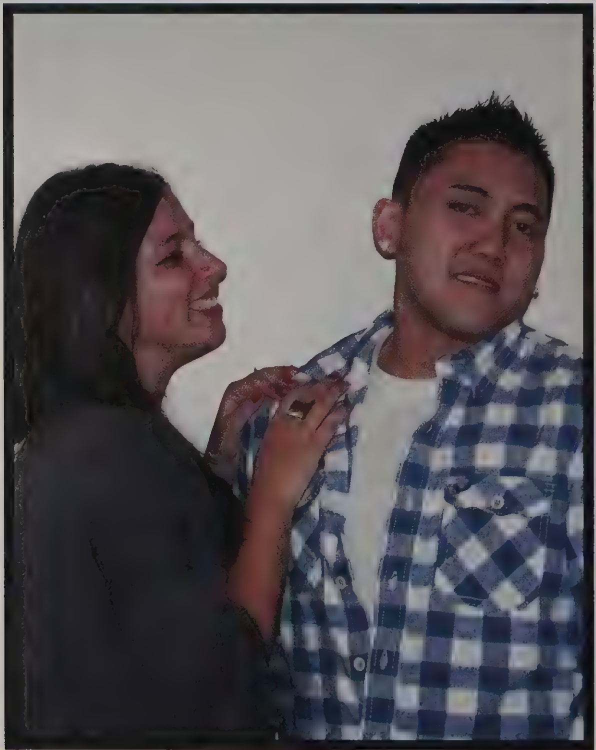
Best Personality:

Emily Hajjar & David Muollo

Superlatives

Above
Most Talkative:
Darius Varmahmoodi &
Am&a MacNeill

Above
Most Changed:
Caylie Gibson &
Tim Young



Left
Class Flirt:
Jessica Caetano &
James Nguyen

Above
Best Hair:
Neely Krueger &
Danny &rade

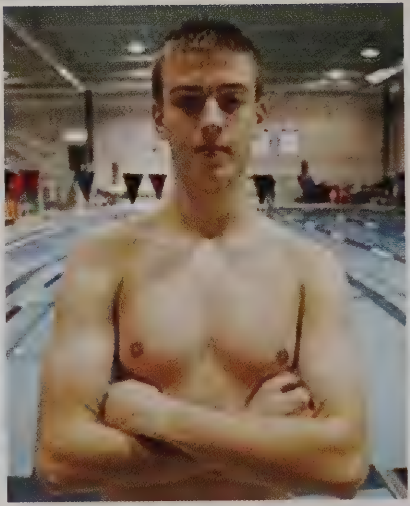
Below
Worst Driver:
**LizCarella &
Joe Spargo**

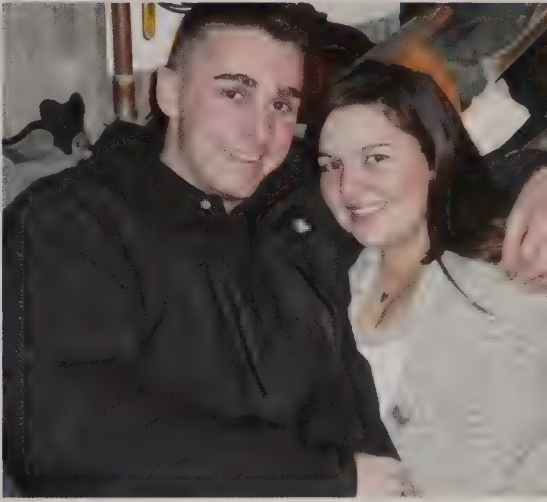
Right
Most Creative:
**Seth Lally &
Deven Riley-Marini**

Below
Should've Been a Couple:
**Seth Lally &
Deven Riley-Marini**

Below
Best Laugh:
**Matt Troy &
Danielle Urbanus**

[Winter]



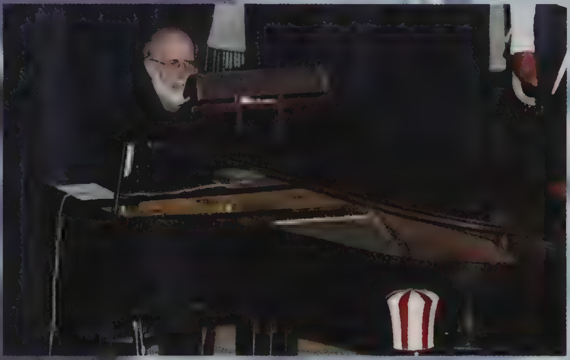


WINTER CONCERT

LAST WINTER CONCERT IN THE AUDITORUM

Left:
Mr. Santoro takes the stage to conduct the choir and band.

Below:
Sing us a song the piano man.



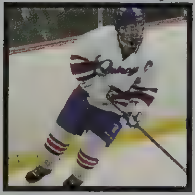
Left:
Dan Hall doing his thaaang on the drums.

Left:
The Ooooh's and the Ahhhhhh's of The Josh Kaplan Experience.

"I don't sing because I'm happy; I'm happy because I sing" - William James. Quincy High offers a large array of musical classes such as choir, acapella, and the school band. The students, led under the instruction of Mr. Nickelson and Mr. Kenneally, worked hard to perfect their talents and get a better knowledge in the musical field. The students had a chance to show off all their hard work at this year's annual winter concert, which was held on December 10th. The concert offered the audience a unique and diverse experience with performances by Isabelle Schulte who sang a song in German. And let's not forget the moment when Mr. Santoro became a conductor rather than a princpal. All and all the concert was a huge success which was enjoyed by parents, students, and faculty alike.

[Boy's Hockey]

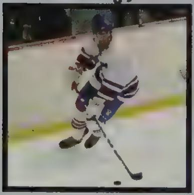
James Finn, 7



Leroy Wallace, 1

Derek Murphy, 15

Patrick Conley, 9



Kevin Keith, 10

This years Quincy High School Varsity hockey team had a very sucessful season. Under Coach Sylvia who has been coaching for 44 years the team had a very good record of 10-9-1. Under the leadership of Captains Kevin Keith, James Finn, and Derek Murphy the team has surpassed many teams with hustle and heart. The team was fast and fearless whenever they stepped out onto the ice. Though the team was small in numbers and size, they were able to keep teams shut out with the help of Leroy Wallace, their goalie. The boys were agressive and the steady scoring of Kevin Keith, TJ Higgins, Derek Murphy, and Shawn Grady kept the team winning. Though the team's record doesn't show as much sucesss as they had this year they were able to make the tournament and went up against Coyle and Cassidy High school where the team met their match and was defeated. The team had a great season full of laughs and memories.

Kevin Keith

[illegible]

Leadership SPOTLIGHT

Kevin Keith, 10

Kevin has been a four year varsity player in the forward position. He has been on the first line since freshman year as well. Kevin is one of the strongest players and a leading scorer for all four years. This year Kevin was voted to be captain of his team. He hopes to continue to play hockey when he goes to college.

James Finn, 7

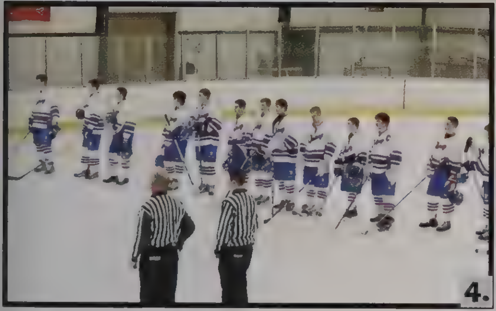
James has been a four year varsity player in the defense position. He has played a significant role as both a leader on and off the ice. James is a tough and agressive player who always gives it his all. As a senior, James was also voted to be a captain and showed his leadership.

1.

2.

3.

1. The boys huddle up before the big game against North. **2.** Seniors; Tim Young, Mat Troy, James Finn, Leroy Wallace, Coach Sylvia, Kevin Keith, TJ Higgins and Seamus McKenna **3.** The team celebrates after Kevin Keith scores a goal. **4.** The whole varsity team lines up for the national anthem **5.** Assistant captain Derek Murphy keeps a North Quincy player from getting a pass.


4.

5.

Say MORE

"It's a mentality"

Seamus McKenna, 21

"QP"

TJ Higgins, 13

"Little guys do little things"

Mat Troy, 8

"Once a little guy, always a little guy"

Tim Young, 26

> A good hockey player plays where the puck is. A great hockey player plays where the puck is going to be.
>
> -Wayne Gretzky

QHS Varsity Hockey

Top Row: Coach Walsh, Coach Roche, Coach Shatzl, Brendan Gibbons, Peter Giunta, Tommy O'Brien, Johnny O'Callaghan, Bobby Kozlowski, Derek Murphy(A), John McNulty, Shawn Grady, Danny Higgins, Coach Medeiros, Coach O'Connell, Coach Sylvia
Bottom Row: Seamus McKenna, TJ Higgins, James Finn(C), Leroy Wallace, Rob Lawton, Kevin Keith(C), Mat Troy, Tim Young
Missing from picture: Pat Conley, Anthony Palisi

[Girl's Hockey]

Anna Bythrow, 6

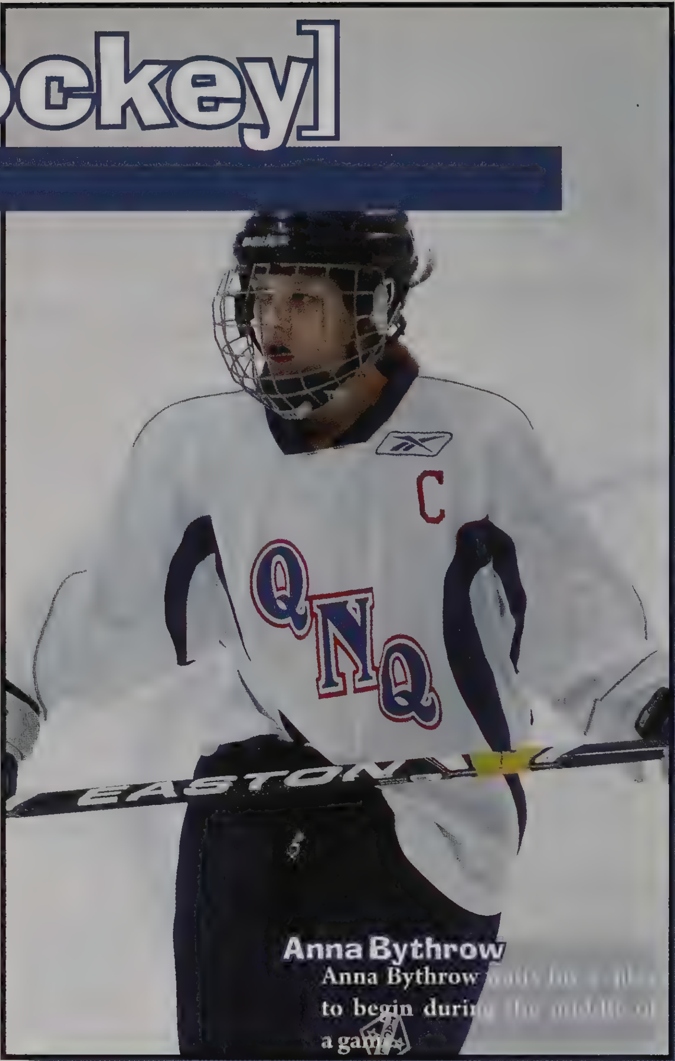
Colleen Grady, 21

Chrissy Walsh, 19

Jaimie Shaughnessy, 5

Anna Bythrow, & Colleen Grady

This years Quincy North Quincy Team beat their previous years record with a record of 7 wins, 5 ties and 6 loses. The team was led by both Quincy high players and North Quincy players. This year the team got a new head coach, who led them to a sucessful season. The team is a combination of both Quincy and North Quincy girls who came together to continue the program that has only been around for 7 years. The girls will never forget waking up at 5 A.M in the morning for practices, all of the sing alongs on the bus rides home, and the locker room dance parties. The team was led by senior captain Anna Bythrow, and assistant captains Jaimie Shaughnessy, Colleen Newcomb and Colleen Grady. Most of the girls have been playing together in travel leagues prepairing for there successful high school seasons. The seniors are greatful for the fun season they shared and wish the underclassman luck!!



Anna Bythrow

Anna Bythrow waits for a play to begin during the middle of a game.

Leadership SPOTLIGHT

Anna Bythrow, 6

Colleen Grady, 21

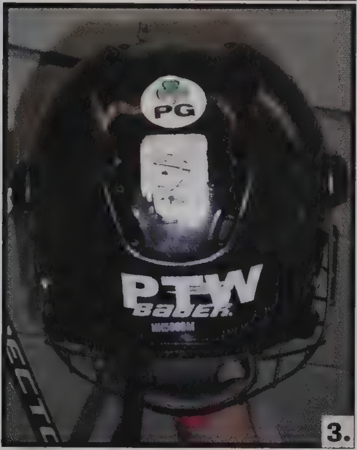
Anna is a five year Quincy North Quincy player. She started on the team as an eigth grader and has been apart of it ever since. Anna plays defense for the team and is a strong player. This year she was voted as Captain of her team and has helped lead her team to a sucessful season.

Colleen is defensive player for Quincy North Quincy. She has been playing for the team since she was in eigth grade. Colleen is a enthusiastic player who loves the game of hockey. Colleen was voted as assistant captain for her senior season.

1.

2.

1. Quincy High players, Anna Bythrow, Colleen Grady, Jaimie Shaughnessey, Chrissy Walsh, Julia Reagan and Blair Hajjar. **2.** QNQ huddles up before a big game. **3.** QNQ wears decals on their helmets to remember Paul Grady and Patrick White. **4.** Seniors Anna Bythrow, Colleen Grady, Colleen Newcomb, and Paige Keenan **5.**Colleen Grady and Caroline Kiley talk before a game.



3.

4.

5.

Say MORE

"Wicked pissah"

Christina Walsh, 19

"It was awesome"

Jaimie Shaughnessy, 5

"What up dude"

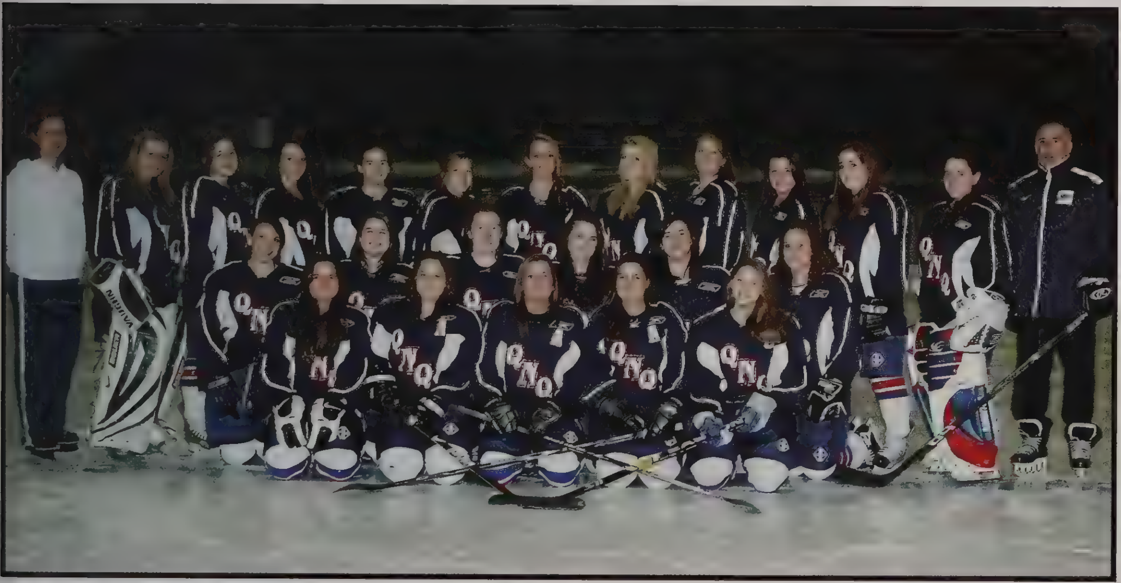
Blaire Hajjar, 11

"Sorry"

Julia Reagan, 25

Half the game is mental; the other half is being mental.

-Jim McKenney



QNQ Varsity Hockey

Top Row: Coach Williams, Erin McGinnis, Meaghan White, Leah Ryan, Lauren Miller, Christina Walsh, Caroline Kiley, Colleen Bellotti, Danielle Mullaney, Kennedy Harting, Katie White, Shannon Coleman, Coach McClean
Middle Row: Brianna Mullaney, Presley McGlaughin, Julia Reagan, Jackie Eleey, Colleen Cox, Blair Hajjar
Bottom Row: Paige Keenan, Jaimie Shaugnessey(A), Colleen Newcomb(A), Colleen Grady(A), Anna Bythrow(C).

Boy's Basketball

Adusi Kusi, 3

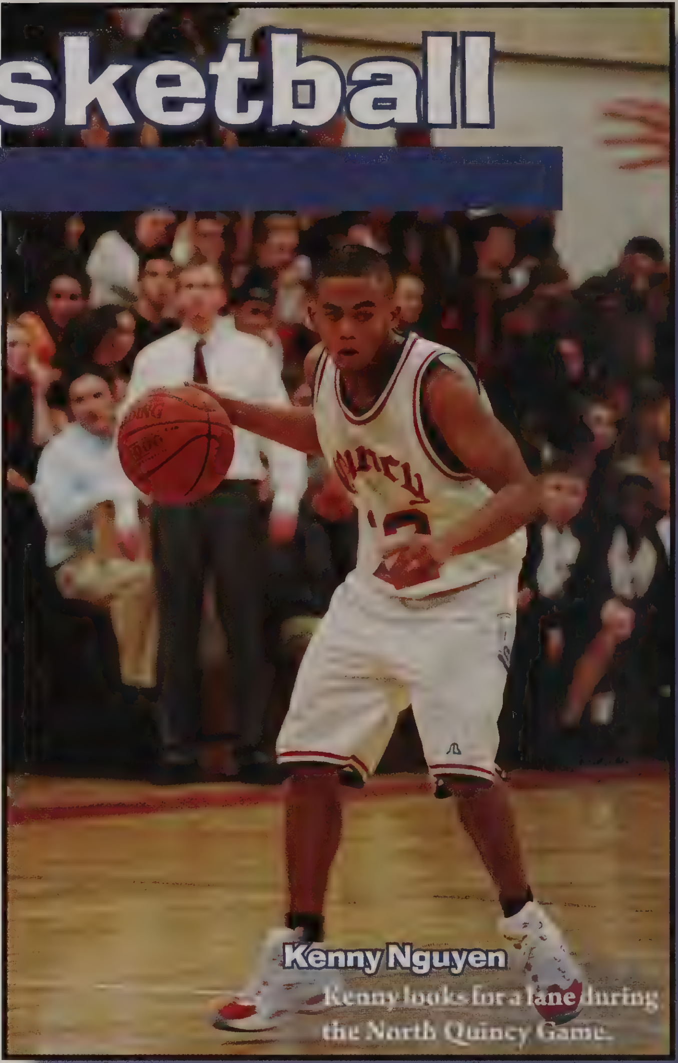
Kevin McDonough, 44

Chris Clayton, 15

Adusi, Jed, and Danny

Oliver O'Sullivan, 11

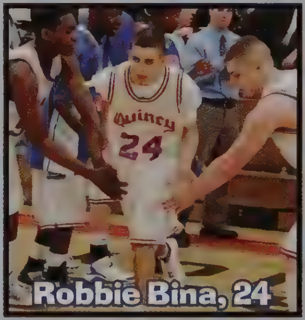
Every year the boys basketball team is given inspirational words to help them succeed, this year the two words were "honor" and "disipline". The boys team certainly lived up to them, by coming in second in the Fisher Division of the Patriot League the boys got an automatic bid to the Division 2 State Tournament. With strong leadership coming from Captains Robbie Bina, Kenny Nguyen, Brain Malger, and eight seniors, the team was all set. Under the coaching of second year coach Dave Parry the team succeeded with their outside shooting and strong defense. The team was honored to find out that both Kenny Nguyen and Cedric Dybaud had been nominated for Patriot League All-Star and would play in an All-Star game in Whitman Hanson. Three seniors, Kenny Nguyen, Robbie Bina, and Adusi Kusi were also nominated for the three-point-shooting contest. The team made the tournament by winning ten games and was given a pre-liminarey game against Pembroke, where they showed exactly why they were in the tournament. Next the boys took on Whitman Hanson where they fell short but not for lack of effort. The boys had a great season and they are proud of what they accomplished.



Kenny Nguyen

Kenny looks for a lane during the North Quincy Game.

Leadership SPOTLIGHT

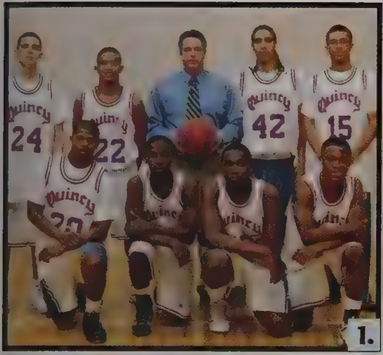


Robbie Bina, 24

Kenny Nguyen, 22

Robbie has been playing basketball since his freshman year. He plays the point guard position and has been on varsity since his sophomore year. Bina is a aggresive player who can both drive to the hoop and take jump shots for his team. This year Bina was elected captain of his team and had a great season.

Kenny has been part of the boys basketball team since he was a freshman. He plays the guard position and has been on the varsity team since he was in 10th grade. He is one of the most intense players on both defense and on offense. Due to his leadership he was elected captain for his senior year.



1.

2.

1. Seniors; Top Row: Rob Bina, Kenny Nguyen, Coach Parry, Danny Andre, Chris Clayton, Bottom Row: Kevin Rhodes, Adusi Kusi, Jed Ledger, and Cedric Dybaud. **2.** The bench stays concentrated by cheering on their teammates. **3.** Cedric Dybaud, and Chris Clayton start up the "DEFENSE" cheer **4.** The team huddles before the North game. **5.** Cedric hits a three while heavily defended by a North player.

3.

4.

5.

Say MORE

"We are about to go to work"

Cedric Dybaud, 41

"OJ"

Brian Malger, 12

"Bun juice"

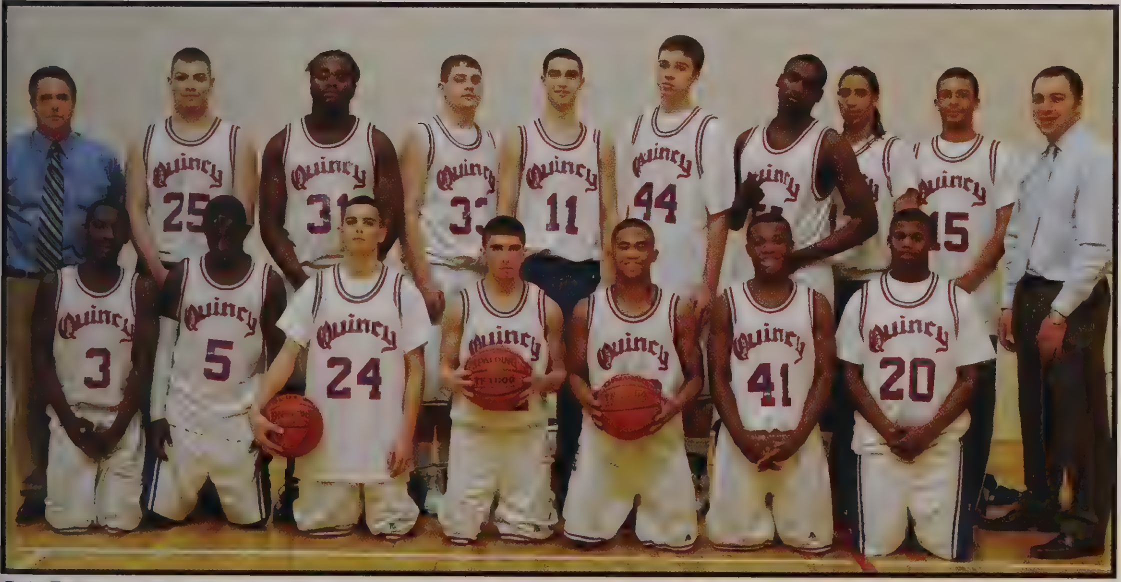
Oliver O"Sullivan, 11

"Your dead weight"

Robbie Bina, 24

Talent wins games, but teamwork and intelligence wins championships.

-Michael Jordan



QHS Varsity Basketball

Top Row: Coach Parry, Luke McDonough, Seth Pullum, Austin Tobin, Oliver O'Sullivan, Kevin McDonough, Jed Ledger, Danny, Andre, Chris Clayton, Coach Quigley

Bottom Row: Adusi Kusi, Reggie Caesar, Robbie Bina(C), Brian Malger(C), Kenny Nguyen(C), Cedric Dybaud, Kevin Rhodes

[Girl's Basketball]

The Quincy High School girls basketball team had a great season this year. Last year the team had a record of 4-16, but this year the team was able to improve their record to 11-9, and a bid to the tournament. The girls team started off strong competing with teams that beat them by 30 points last year. With five seniors, one junior and six sophomores the team quicky adapted to playing on a new team, and a new surrounding. The team had no home gym, and had to play in North's gym, but still managed to beat North Quincy by 31 points. The team will never forget four minutes of fun, pasta parties, team sleepovers, Coach Bretsch's crazy quotes, taking pictures at every away game and bus rides. The team was led by senior captains Colleen Tobin and Leslie Campbell. The girls had a great season and are entering the tournament and will hopefully go very far. The Seniors would like to thank the underclassmen for a great last season.

Juli Tomer, 23

Nicole Lamie, 32

Caity Lowry, 25

Kiley McDonald, 34

Kori Sorensen, 33

Leslie Campbell

Leslie drives base line right past a North Quincy player to score an easy layup.

Leadership SPOTLIGHT

Colleen Tobin, 31

Leslie Campbell, 24

Colleen is a three year varsity player. She has been starting in the center position since she was a sophomore. Colleen is a very strong player and not only can post almost every where but she is the best free throw shooter in th e world. Colleen hopes to continue playing in college as well.

Leslie is a four year varsity basketball player. She has been starting in the forward position since she was a freshman. Leslie's game has changed over her four years from being a post player to being a guard. She is a very versitile player and strong player, she can drive and take outside shots.

1.

2.

3.

1. The QHS Varsity basketball team celebrates the holidays at Mr. Bretch's annual Basketball party with Samuel! **2.** The girls line up for the national anthem before a big game against North. **3.** Colleen Tobin sinks a free throw. **4.** Seniors; Olivia Berry, Leslie Campbell, Colleen Tobin and Julia Yee. **5.** Kori Sorensen dribbles left to find an open lane.

4.

5.

Say MORE

"You know what that pass is called?...its called a lay up on the other end.."

Colleen Tobin, 41

"Meh, meh, meh, meh meh, meh, meh, meh.... mehaw!!"

Julia Yee, 30

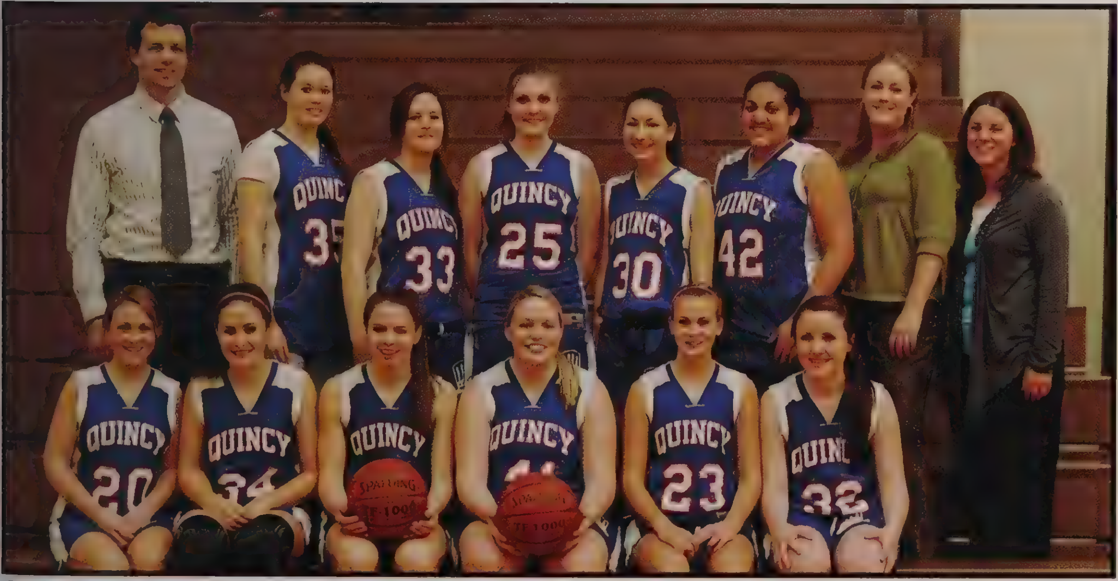
"Its just a game"

Leslie Campbell, 24

"Senior basketball was full of great games, and an amazing group of girls"

Olivia Berry, 42

> You always have to be on edge. You always have to take every practice, every game, like it is your last.
>
> **-Kobe Bryant**



Girl's Varsity Basketball

Top Row: Coach Bretsh, Maria Berberian, Kori Sorensen, Caity Lowry, Julia Yee, Olivia Berry, Coach Conlon, Coach Shah
Bottom Row: Christina Cahill, Kiley McDonald, Leslie Campbell, Colleen Tobin, Juil Tomer, Nicole Lamie

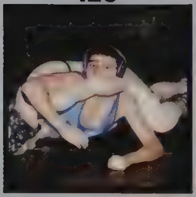
[Boy's Wrestling]

Michael Kneelend
189

David Hannah
125

Dennis Nguyen
171

Jose
125



Josh Gerry
130

Though the 2009-2010 wrestling team was comprised mostly of freshman and sophomores, it was lead by four dedicated and talented seniors. The three captains, Joe Spargo, Mike Kneeland, and Josh Gerry, along with senior Luke McLellan, helped to coach and advise many of the first year wrestlers. They also provided the team with consistent wins during dual meets. Josh Gerry finished the season as the most decorated wrestler in Quincy High's history, placing 1st at the Weymouth Tournament, 1st at Sectionals (where he won the Outstanding Wrestler award), 1st at the Division II State Tournament, and having won 148 matches during his four year career. Two first year wrestlers also finished the year with noteworthy accomplishments: freshman Ben Cheney took 5th at Sectionals (making him a State Qualifier) while sophomore David Hanna placed 6th at the Weymouth Tournament.

Joshua Freeman Gerry

Josh Gerry stands proud after defeating an opponent during a match.

Jake Hynes 152

Leadership SPOTLIGHT

Michael Kneeland, Josh Gerry, Joe Spargo

Joshua Gerry is a 2 year captain of the Quincy Wrestling Team. He is a two time sectional champion. As well as the 2009 division 2 state champion, All-State runner up, as well as 5th in New England. He hopes to repeat at sectionals and states in the 2010 season, as well as claim the All-State and New England Championships. He is approaching the 150 career win mark.

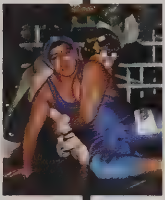
Michael Kneeland was First time captain but struggled through many weightlasses . He wrestled valiently through his matches and finished the regular season with a honorable mention and a 16-5 record.

1. David Hanna pins the 125 pounder from Hanover High School. **2.** David Hanna fights for a take down in his match against Hanover. **3.** Dennis Nguyen on the bench after a tough match. **4.** Josh Gerry (captain) wrestling against New Bedford in the weymouth tournament finals. **5.** The team on the bench looking onto a match.

Say MORE

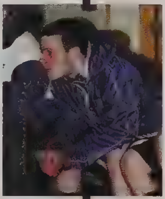
"I look good in my spandex"

Luke McLellan



"No spandex, no matches, no problem, cast..."

Joseph Spargo

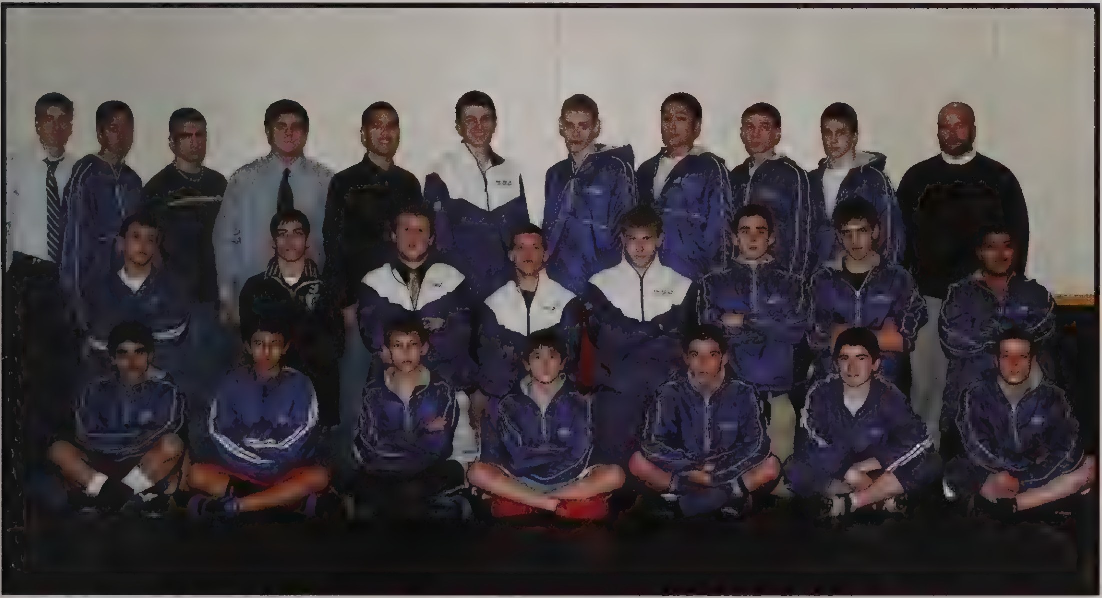


"Takedown pin. 6 points"

Michael Kneeland

I will never forget winning states my junior and senior year, theres no better feeling than knowing hard work pays off.

-Joshua Gerry



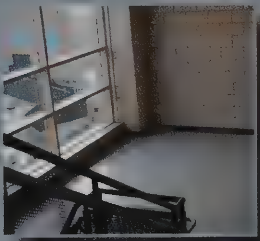
QHS Varsity Wrestling

Top Row: Coach Columb, Sonny Tran, Eric Arabian, Paul Nigro, Mike Meng, Greg Lowe, Jake Hynes, Dennis Nguyen, Tyler Griffin, CJ Brooks, Coach Lane

Middle Row: Kevin Barry, Nico Ferragamo, Joe Spargo, Josh Gerry, Michael Kneeland, Luke Mclellan, George Oakes, Ali Jabori

Bottom Row: Axel, Jose, Ben Cheney, Alex Barny, David Hannah, Traver, Matt Roach

TechnicalMajors



Career & Technology Education

Of the many things that make Quincy High deviate from most high schools is the fact that we are home to many technical vocational programs. Mrs. Scanlan, the department head to the programs, works very hard to create curriculums for the classroom and also find places in which students can intern throughout their junior and senior year. Since the Ceter for Technical Education Building came down last June, the majors have been moving into new, immaculate facilities that are sure to enhance their demand and draw more attention to the skills that are worked to perfection here at QHS.

PlumbingTech **Electrical**Tech & **Carpentry**Tech

PLUMBING TECH

Drain-O only works once in a while. For all those clogged drains that you'll be picking up the phone for – you might be dialing a Quincy High grad. The boys in plumbing learn the ins and outs of pipes and drains, and how houses are built around these necessities. As with other tech programs, some students enter the world of plumbing right from Quincy High – and make good money doing it, too.

CARPENTRY TECH

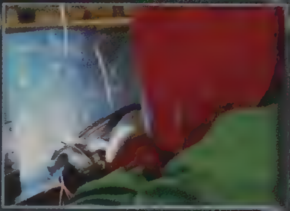
There's more to doing than just planning – and that's what the future carpenters of America find out early in their learning's. The QHS students, throughout the three-year program, learn everything and anything there is to learn about the construction that goes behind the building process. Some go on to carpentry and trade schools after leaving, while some go straight to work in their field of interest.

ELECTRICAL TECH

Electricity is a fascinating subject. At least the electrical students think so. A lot of work goes into turning on one light bulb, or plugging in something as simple as a toaster. It goes far beyond knowing that green is for ground, if that's even right. These students have a passion for correct wiring and complex light contraptions, and they work throughout high school towards learning more so they can participate in electrifying the world with their ideas.

METAL FABRICATION

Welding is an art, and a technology. Metal can bend, shape, and mold into any creating your heart desires. Welding is offered as a major at Quincy High to the students that find the process of "playing with metal" fun and worth pursuing a career in.



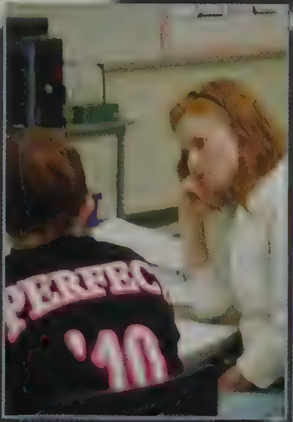
ENGINEERING TECH

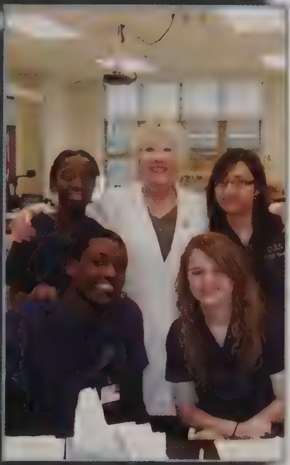
Engineering is one of the fastest growing occupations in the world. Mr. Tully tries to give his students a head start in creating blueprints, drawing CADs, and learning the long process of starting an idea from scratch and passionately working on it until ready for construction. In addition to engineering classes throughout the main three years of high school like Civil Engineering, students can participate in Project Lead the Way, which is an offshoot of the curriculum. QHS is definitely going to be the next MIT.

> **"It's a good opportunity for the workforce."**
>
> **– Scott Develin**

EARLY EDUCATION & CARE

Early Childhood and Care One of the few health service professions offered here at QHS, the Early Childhood concentration – is a class in which students prepare themselves to work in places like preschools, nurseries, or as professional nannies. Popular amongst the ladies, the members of ECE carry around the infamous "dummy" babies and learn how to deal with them day and night, inside and out. They then internship at different schools and places throughout Quincy, and often reunite with their old teachers in hopes of following in their footsteps. Ms. Ajemian runs the major with the hope that the toddlers of tomorrow will be in good hands, and that they are with our QHS grads.





HEALTH CARE TECH

Someone has to operate all of the machinery. Behind the doctors and the nurses, there is a behind the scenes worker who take x-rays and has the power to get you stuck in that cat scan machine. QHS makes sure that will never be the case with our Health Care Tech program. Students leave high school and usually go to further their education at colleges.

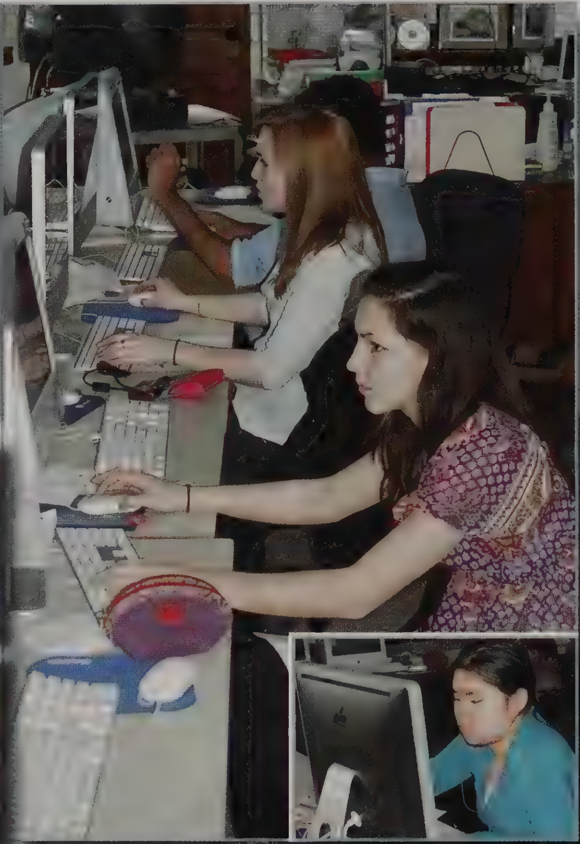
PATIENT CARE

Patient care seems as if it could go on forever, given that its title is made up of two names that can be synonyms for just about anything in the world today. However, students go on placement trips to hospitals nearby and even nursing homes and take care of many types of people. The future M.D.s become C.N.A.s by the time they get their diploma, and are then likely to leave our doors and go right to save the world.

GraphicArts

GRAPHIC ARTS

Graphics/Visual design students at Quincy High live for the Mac. Students use Adobe Creative Suite to create visually aesthetic works of art. With technology changing day to day, it is important to keep up with the times. In Graphics 3, the seniors work on the yearbook and provide the driving force behind the design. They go on to create their own web portfolio. Many alumni go on to graphic design schools.



> **“I chose this class because I thought I knew what I wanted to do after high school, now I know what I want to do...”**
>
> **– Ronald Smith**

BroadcastingTechnology

BROADCASTING TECH

Broadcasting Technology Most students think that the Broadcasting kids just do the morning announcements, but in reality the students work from their sophomore through senior year doing many assignments to get them prepared for a career in the movie making business. Kids use Final Cut Pro, software that lets them take videos and create special effects. Mr. Green has his students create scripts, learn the camera inside and out, and serve as student body leaders by voicing many opinions on television.

CULINARY ARTS

Emeril implanted a dream in all of young America's minds, and that's to take it to the next level. As we live in a society that bases so much on food and creativity, its always fun to mix the two together. The culinary teachers mold the future world-renowned chefs of tomorrow, and run the QHS Café that receives raves from everyone in the community.

THE STUDENTS BELOW, ARE ALL PART OF OUR FUTURE CHEFS PROGRAM.

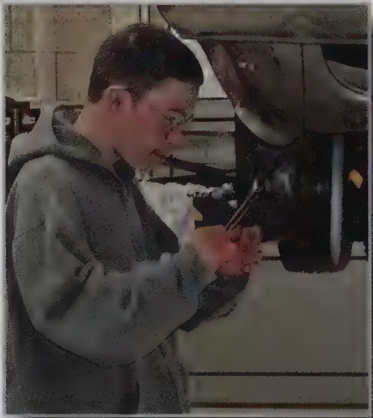
> **“Culinary Arts to me is like a second family. The students and teachers are all amazing.”**
>
> **–Kasey Thorley**

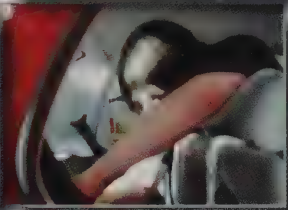
FASHION DESIGN

Fashion changes just as quick as your underwear, no pun intended. The participants in the fashion design program here at Quincy High learn how to make, predict, and market the hottest styles of the moment. They put on a magnificent annual fashion show, and have big dreams of either ripping the runway, or not ripping the seams. Students leave QHS with hopes to pursue an education in design or in things like fashion merchandising.

AUTOMOTIVE TECH

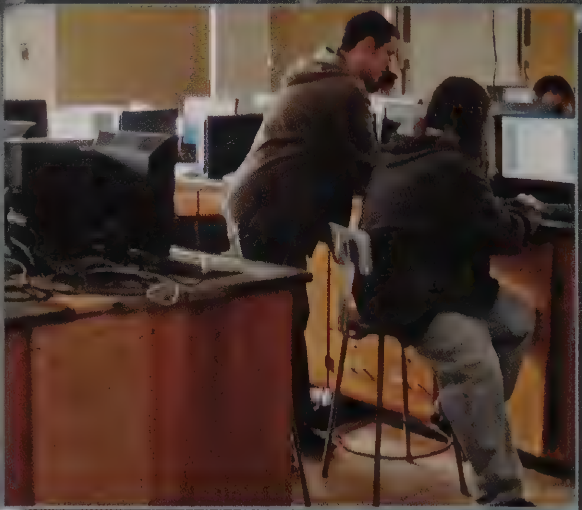
The young men and women that take auto usually know that they will live lives covered in oil and surrounded by ignitions, and they don't mind one bit. The students started using their sophomore year textbook learning the basics, and now in their senior year are working with paid customers to fix their cars and have vehicles back on the road in no time.

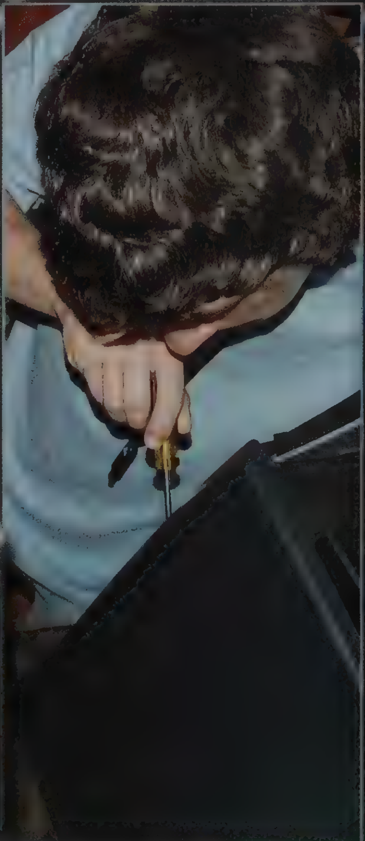




INFORMATION TECH

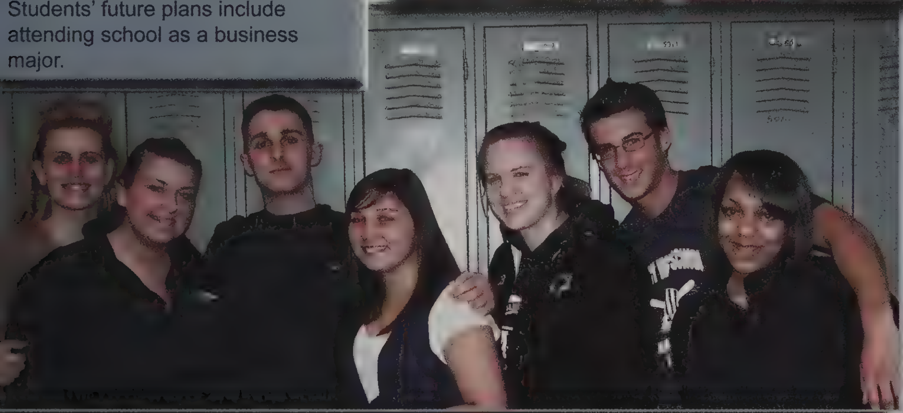
Information Technology is what makes things like Geek Squad possible. IT is offered at QHS to all sophomores, juniors and seniors up to IT3 where students study everything there is to know about the PC, including topics like networks and hard drives. After sophomore year students have obtained enough information to pass the A+ Certification exam, and by the time they graduate will have more knowledge under their belts than Mr. Best Buy himself.





BUISNESS TECH

Mrs. Ranstrom's Business Tech students leave QHS knowing how to run their own business. They dabble in many topics that are essential to the business cycle – like advertising, patenting, employment, and finances. This program blends a ton of topics together to create a bigger picture that explains the economy and how the future business leaders of America will change it. Students' future plans include attending school as a business major.



PROTECTIVE SERVICES

As the population increases, so doesn't the crime. The students in protective services deal with the law and try to find ways to make tomorrow a little bit better. Some students in the program dream to be a correctional officer, an EMT, or a Boston cop. After walking down the front steps in June, they'll be able to do one – or all of the above.

TECH STUDENT OF THE YEAR:
JESSICA DRAGO

Jessica Drago, daughter of Jill and Stephen Drago of Quincy, is a third year Culinary Arts student at Quincy High School.

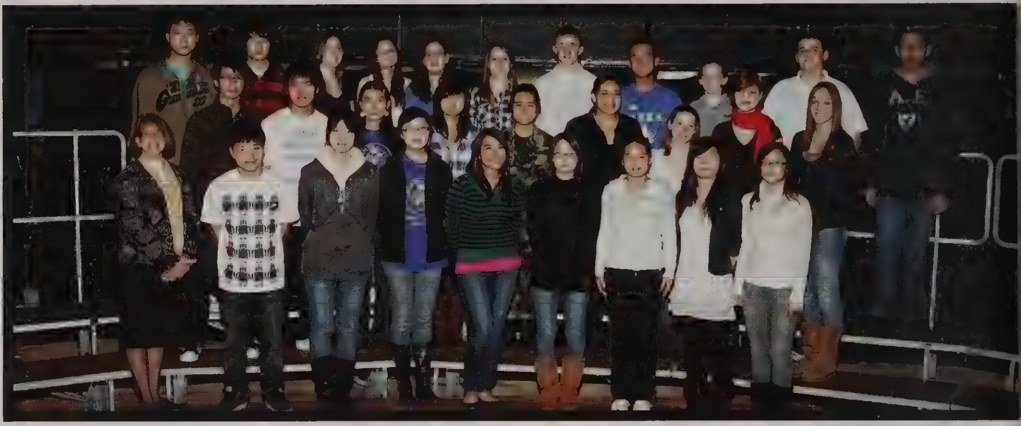
Jessica is an honors student in the top ten percent of her senior class and is the top Culinary Arts student, with a 98% average. She is a member of the National Honor Society, a varsity player on the Quincy High Soccer Team, and avid bowler with many awards.

It is no surprise that Jessica is an acommplished chef, as she developed a love for cooking while growing up helping her mother cook dinner. This passion continued throughout her years at Quincy High School and led to Jessica to become a member of Future Chefs, where she has participated in competitions for two years, and recently won a two-year merit scholarship to the Souther New Hampshire University's Culinary Arts program.

In the words of her Culinary Arts Instructor and Future Chefs advisor, "With her strong focus, work ethic, and sence of community, Jessica will be successful in any endeavor she may choose to pursue."

The Continental Math League has been providing fun competitions in mathematics and computer sciences since 1980. The annual calculus contests include thiry-two questions divided into four rounds. These questions offer students a great opportunity to test their knowledge of calculus and practice for the College Board Advanced Placement examination.

Row 1: Mrs. Ryan (Coach), Tobias Tang, Yukun Huang, Avery Yuan, Genesy's Lai, Hui Li Mei, Ying Dan Chen, Yan Michelle Zhang, Lyna Pham.
Row 2: Chao Lue Chen, Xiao Zheng, Yeqi Chen, Barbara Wong, Julie Tran, Olivia Berry. Amanda Sullivan. Sarah Schulte, Stephanie Annessi.
Row 3: Jie Jie Liang, Ka Kui Fong, Kylie Kozlowski, Maris Pepo, Dora Pepo, Deven Riley-Marini, Allen Rand, Main Main Tham, Becca Shea, Vasil Palo. Kevin Mei.



Calculus Competitors

"Team Competition provides students with a great way to hone their learning," Coach Ryan said. "The members work hard together to make sure everyone on the team is a strong competitor. The contests are challenging, but these students have the confidence and skills to conquer them."

This year Quincy High School's Calculus team is very strong because two students are taking second semester college calculus after school at Harvard College. The Lowell Fellowship Program enables qualified high school students, and their teachers, to take courses at a very reasonable rate. "These are very strong students who have managed to advanced beyond our school program." Coach Ryan said. "We're very proud of Xiaojun Chen and Tian Chu."

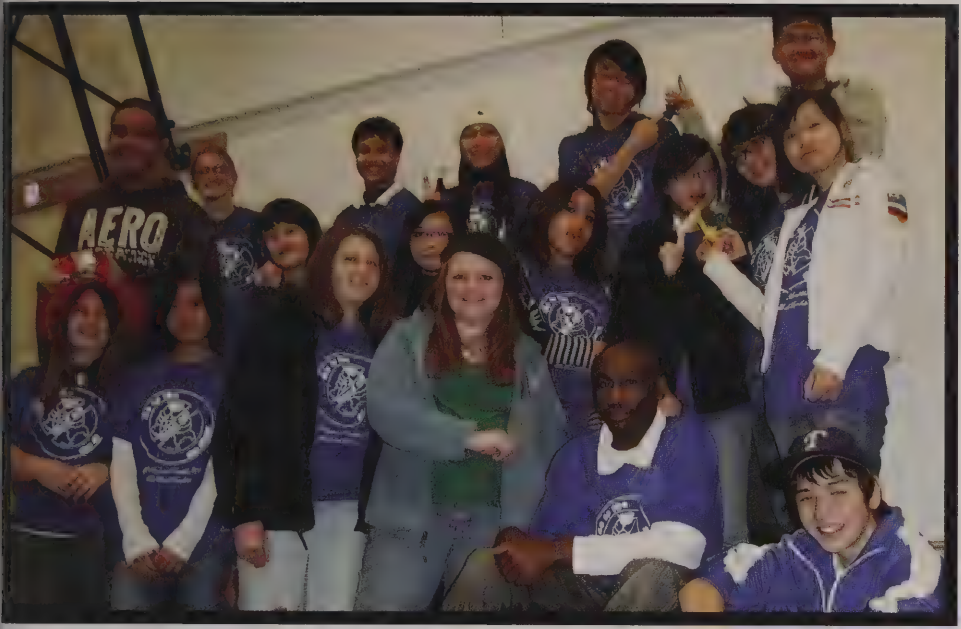
Lyna hard at work trying to explain a calculus problem.

Main Main shows his enthusiasm as he smiles for the camera.

The calculus competitors dilligently working, Toby seems very excited to work.

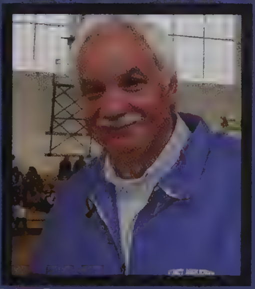
Academic Decathlon

On November 21st at Ashland High School, Quincy High School was among the thirty-two schools that participated in the Massachusetts combined large-and-small-school regional scrimmage in preparation for the 2010 United States Academic Decathlon. Local, regional and state competitions can lead to the national finals which this academic year will take in Omaha, Nebraska in April. This year our team brought home medals for the first time," Coach Evelyn Ryan said. "We finished in 8th place, but only the first six large schools made it to the states." The United States Academic Decathlon was created to provide opportunities for students to experience the challenges of rigorous team and individual competition. Each team competes in ten events —economics, language and literature, art, music, mathematics, social science, science, essay, interview, and speech. Each year the science or social science is used as the Super Quiz topic.



Quincy High School's Academic Decathlon team includes honors players Michaela Walker, Tian Chu and Avery Yuan; scholastic players Maeve Rogers, Anthony D'Alto and Samantha Pham; varisity players Stephanie Weinberger, s Stevenson Daniel and Da Mongo, with alter-nates Desiree Brown, Flora Chen, Nicholas Dolan, Krista Ferent, Brandon Guo, Irene Lam, Earth Sangsit, Cassandra Sumera, Jesse Xu and Rachel Xue.

Row 1: Mrs. Ryan, Yeqi Chen, Michaela Walker, Avery Yuan, Xiaojun Chen, Guiyu Xu, Chunzi Xue.
Row 2: Tian Xiong Chu, Jian Bin Guo, Maeve Rogers, Anthony D'Alto, Man Tsz Lam.

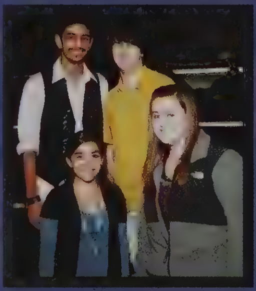


Mr. Santoro supporting the Academic Decathlon.

The Quincy High School Band plays at all home football games, city parades, and performs winter and spring concerts, in addition to numerous city functions. The band also performs at the annual Thanksgiving Day Rally.

Row 1: Joanna McGroarty, Cavayn McDonagh, Gerald McCarthy, Javier Ramas, Courtney Hyman, Michael Meng.
Row 2: Stephanie Huang, Kathleen Conroy, Clarissa Aliberti, Kristian Roca, Dan Hall, Jess Hurd, Mr. Kenneally.
Row 3: Ashley Pope, Elizabeth Stevens, Vanessa Bolden, Timothy Hurney, Steven Chong, Sunny Tran, Jennifer Conont.

Band & Choir



Choir Officers
Row 1: Emily Hajjar, Keri Dolan.
Row 2: Yasser Mahmoud, Zach Dwyer.

Row 1: Emily Hajjar, Becky Ramirez, Alicia Amato, Jennifer Healy, D'onna Roche, Kayla Holbrook, Shu Chen, Leslie David, Kayla Pendelton, Laurel Dane, Jacqueline Pitts.
Row 2: Mallory McKinnon, Kayla Mills, Tai Harper, Keri Dolan, Maryssa Dwyer, Joshua Kaplan, Dan Hennessey, Chris Moshella , Kristian Roca, Isabelle Schulte, Alex Bowe, Joanna Konomi, Kayla Newman, Erika LaPierre, Amber Alpert.
Row 3: Alicia Rucker, Brittni Shaheen, Alicia Amato, Steven Chung, Yasser Mahmoud, Peter Palmatier, Zach Dwyer, Krista LeBlanc, Christine Fooks, Mollie Oldham, Danielle Woods, Jaimerae Shaheen, Lily Girard.

Choir members rehearsing before the winter concert.

Row 1: Dan Hennessey, Gerald McCarthy, Emily Hajjar, Lily Girard, Christine Fooks, Alex Bowe.
Row 2: Yasser Mahmoud, Steven Chung, Peter Palmatier, Becky Ramirez, Keri Dolan, Zach Dwyer.

Row 1: Mrs. Ryan (Coach), Jian Bin Guo, Guiyu Xu, Lisa Lam.
Row 2: Tian Xiong Chu, Kevin Ung, Conor Cross, Jeffrey Lim, Marvin Wong.

QUINCY HIGH SCHOOL TAKES THE MOODY'S MEGA MATH CHALLENGE

Most teenagers could sleep in when Daylight Saving Time began on March 6th, 2010. But for Quincy High School's two teams of Moody's Mega Math Challengers, it was up and at 'em. From 7:00 AM until 9:00 PM they were hard at work analyzing a problem that is still a mystery as this yearbook goes to press. Why? How does winning a share of $100,000 sound?

Over 500 teams, each consisting of three to five students, gathered in kitchens, libraries and classrooms—actually anywhere they chose—to apply mathematical analysis to the problem that was a mystery to them until they downloaded it at 7 AM. Last year, two teams from QHS took on the 2009 M3 Challenge problem. This was entitled "$787 Billion: Will the Stimulus Act Stimulate the U.S. Economy?" It called for student teams to mathematically assess the elements of the package that are most likely to produce the greatest improvements in employment. Teams quantified their findings using mathematical modeling techniques, developed and defended their models, and justified their conclusions. They were required to gauge how quickly elements of the stimulus package are expected to generate results, to ascertain how they will know if the package is "working," and to indicate a confidence level in their predictions. Additionally, they were asked to discuss whether a second stimulus package would be needed, and if so, how large it should be and how it should be structured.

Finally, they were challenged to propose other, better ways to stimulate the economy and increase U.S. employment. Using any inanimate sources of information, teams had until 9 PM to upload their solutions to the Challenge website. Although as this yearbook goes to press this year's teams still don't know what they're up against, they're working hard, learning the basics of systems analysis from Mr. Larry Shea, the team's community liaison. Sponsoring the Challenge is the Moody's Foundation, the charitable organization of the Moody's Corporation. The competition organizer is SIAM, the Society for Industrial and Applied Mathematics. The goal of this entirely Internet-based challenge is to encourage students to pursue math-related studies and careers. Schools in New England and the mid-Atlantic states, from Maine to Washington DC, are eligible to participate. The top six teams will present their papers and receive their awards at Moody's corporate headquarters in Manhattan on May 5.

Moody's Mega Math & NHS

Row 1: Maris Pepo, Emily Hajjar, Flora Chen, Gerald McCarthy, Lyna Pham, Yan Michelle Zhang, Ziao Jun Chen, Barbara Wong, Bianca Blakesley, Trisha Barungi, Tinky Fung, Avery Yuan.
Row 2: Stephanie Annessi (President), Brianne Phelan, Richard Ash, Olivia Berry, Leslie Campbell, Julie Tran (Vice President), Sarah Schulte (Treasurer), Genesys's Lai, Amanda Sullivan, Dora Pepo (Secretary), Sara Elder.
Row 3: Tian Xiong Chu, Tim Young, James Finn, Zach Dwyer, Colleen Tobin, Nurulaane Tauhid, Kevin Mei, Main Main Tham, Joshua Gerry, Vasil Palo, Kylie Kozlowski, Jessica Drago.

Our chapter of The National Honor Societ consists of the highest rankes scholars of QHS, who work through the year to mentor the underclassmen and volunteer in community service projects throughout the city.

Row 1: Amanda Sullivan, Emily Hajjar, Kiana Truong, Brooke Campbell, Caylie Gibson
Row 2: Steevenson Daniel, Sara Elder, Jessica Drago,
Emily Troy, Colleen Grady, Samantha Albanese,Brianne Phelan
Row 3: Robin Bable, Darius J. Varmahmoodi, Thomas Arrone,
Caitlyn Lowry, Vasil Palo, Kelsey Pudder,John McDonough.

In a small group setting, tenth and twelfth grade leaders communicate a curriculum that focuses on teaching incoming ninth graders the importance of problem solving, teamwork, tolerance, diversity and communication. These student leaders are also instrumental in assimilating the incoming freshmen into the Quincy High culture and community.

Leadership & Drama

Emily singing to her Seussical the Musical co-star.

[Drama Officers]

Row 1: Kayla Pendlteton(Secretary), Danielle Woods (Vice President), Dan Hennessey (Treasurer), Zach Dwyer (President), D'onna Roche (Member-At-Large), Alicia Amato (Member-At-Large), Joshua Kaplaw (Member At Large).

Joshua and Danielle wearing bright yellow as they star in Seussical the Musical!

[Drama]

Row 1: Gerald McCarthy, Kayla Holbrook, Laurel Dane, Dayna Madeiros, Dan Hennessey, Gaelin Kurtzman, Mathew Cepobianco, Donna Roche, Emily Hajjar, Jackie Pitts, Abigail Monerroso, Kaitlin Mahn, Courtney Hyman.
Row 2: Kayla Pendleton, Ciana Bontiglioli, Samantha Soto, Michaela Walker, Sarah Kussman, Jack Kozlowsky, Isabella Schulte, Joshua Haplaw, Alicia Amato, Melissa Mckinnon, Anzhela Kapaj, Erika LaPierre, Zoe Antonopoulos, Starry Dzu.
Row 3: Zach Dwyer, Patricia Brennan, Emily Gaffney, Rose Fitzmaurice, Jess Hurd, Julia Regan, Kristian Roca, Breanna Fitzgerald-Basset, Colleen Kelly, Krista LeBlanc, Kayla Mills, Danielle Woods, Dan Linlik, Jen Morin, Yasser Mohmoud.

Row 1: Caylie Gibson, Naima Mohamed, Nina Plabutong, Joshua Kaplan, Kenny Nguyen, John Yacano, Mihe Haley, Jackie Pitts, Emily Hajjar, D'onna Roche, Kiana Truong, Annie Nguyen, Mr. Harris.
Row 2: Kiley McDonald, Nicole Parry, Tim McNally, Isabelle Schulte, Emily Troy, Colleen Grady, Olivia Berry, Donna Niosi, Sarah Schulte, Barbara Wong, Stephanie Annessi, Kendra Johnston, Darius J. Varmahmoodi.
Row 3: Brianne Phelan, Bryan Ho, Jay Newman, Kevin Ung, Nichole Campbell, Kelsey Pudder, Colleen Tobin, John McDonough, Richard Ash, Steven Chung, Anthony D'Alto,Sarah Spargo, Megan Peterson, Tim Young.

QHS's student council is a group of devoted kids that essentially dedicate all of their time and effor into making the school and community a better places. From the annual Fall Festival, to volunteering in walks for Hunger, planning blood drives and dances -- the Stu-Co does it all. This year they worked hard to raise money towards bringing Rachel's Challenge to school, and sending a family to Camp Sunshine.

Student Council & Quest

Row 1: Kristina Buonopane, William Martel, Jordan French, Jesse Freeman.
Row 2: Mr. Dick Leanord, Devan Carson, Quintessa Petit, Manya Ibrahim, James Deady, Asha Waterhouse, Azam Khan.
Row 3: Brittni Shaheen, Courtney Urbanus, Anas Massadi, Delone Chin, Bryan Doherty, Edi Hoxnalli.

Quincy High School's QUEST program is part of a national energy education program named The Great American Energy Debate (TGAED).

QUEST is a community-based leadership development program to provide high school students with the rich energy and environmental learning opportunities available within the Quincy schools and community.

Prom Committee & Docents

Quincy High's Senior Prom Committee works from June of their junior year all the way through June of their senior year on the amazing night that is prom. They choose the locaion of the prom, the DJ, food, ticket prices and fundraising, and keep track of chaperones. The team works under the supervision of Dean McPartlin and senior class president Emily Hajjar to June the fourth a night to remember.

Row 1: Emily Hajjar, Caylie Gibson, Amanda Sullivan.
Row 2: Brianne Phelan, Kenny Nguyen, Colleen Grady, Julia Yee, Becca Shea.
Row 3: Darius J. Varmahmoodi, Tim Young, John McDonough, Colleen Tobin, Olivia Berry, Richard Ash.

Docents members taking a group photo.

Each year approximately 20 students from both Quincy and North Quincy High School receive special training from the Museum of Fine Arts, Boston. These students spend four to five days in the museum over the course of several months. Therefore they become familiar with museum and specifically prepare to talk about specific artists and or pieces of art.

Row 1: Kaitlyn Mahn, Jessica Downing, Tommy To, Genesy's Lai, Anna Bythrow, Julia Yee, Emily Hajjar, Yan Michelle Zhang, Josh Gerry, Fanny Zhou, Diamela Kodra, Donna Niosi, Jaimie Shaughnessy.
Row 2: Ms. Twomey, Nicole Peterson, Matt Solander, David Nhan, Maris Pepo, Julie Tran, Brianne Phelan, Dora Pepo, Sarah Schulte, Leslie Campbell, Steven Chung, Kiley McDonald, Maria Vazquez, Jev Valfor.
Row 3: Michael Meng, Armagon Sezer, Lance Peterson, James Finn, Vasil Palo, Kevin Keith, Allen Rand, Kevin Ung, Jack Kozlowski, Tim McNally, Eoin Moriarty.

Row 1: Christopher Natalizia (Advisor), Anita Patel, Maria Vasquez, Prashanth M. Ajitit, Colleen Grady, Josh Gerry, Erin Hockey, Ms. Bacchieri (Advisor).
Row 2: Nicole Ryan, Calvin Nguyen, Asha Waterhouse, Caitlyn Mann, Majida Goummih, Jay Newman, Amanda Hyslip, Meghan Peterson.

The Philosophy club meets weekly to discuss the nature of existence, knowledge, and ethics in a semi organized and always rational manner, the club provides a venue for interested (and interesting) students and faculty to get together and express their views on a range of topics. Each week the club investigates a new issue, talks about specific philosopher, or learn about a philosophical school of thought. Interest aside, there is no pre-requisite to join.

Above: Aristotle, Philosopher

Left: Socrates, Philosopher

Philosophy Club & Fashion Club

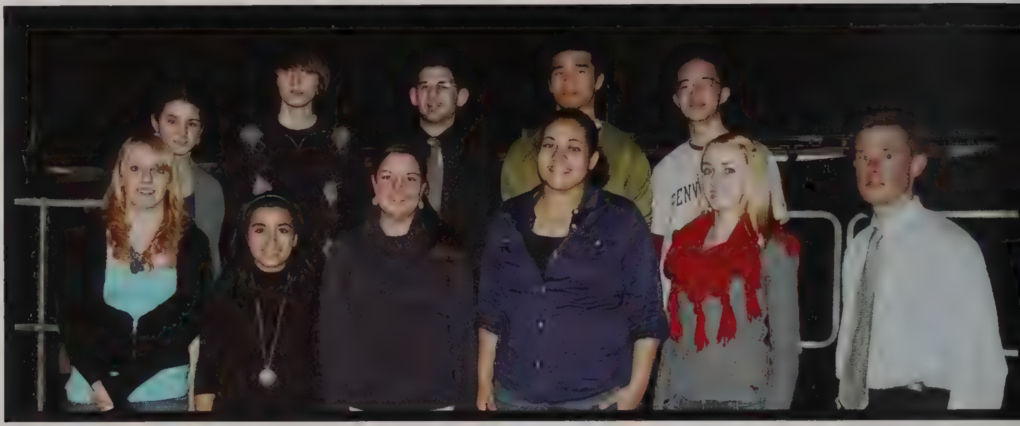
Row 1: Lorraine Walsh (Teacher), Anxhela Kapay, Hong Yu, Adelle Caparanga, Shirley Leong, Starry Dzu, Jill Monahan.
Row 2: Nichole Driscoll, Treylin Miller, Zoe Antonopoulos, Penny Hyde, Muyi Wu, Jinglin Mei, Xiao Guan.

Fashion Club is an avenue for students to workshop ideas and to create new, interesting concepts for clothing and accesories. The Fashion Club ofers student designer's opportunities to showcase their creations at the student produced, Annual QHS Fashion Show every April. We hope to act as a stepping-stone for our members, by giving them the chance to set them on a path to an exciting career in the fashion industry.

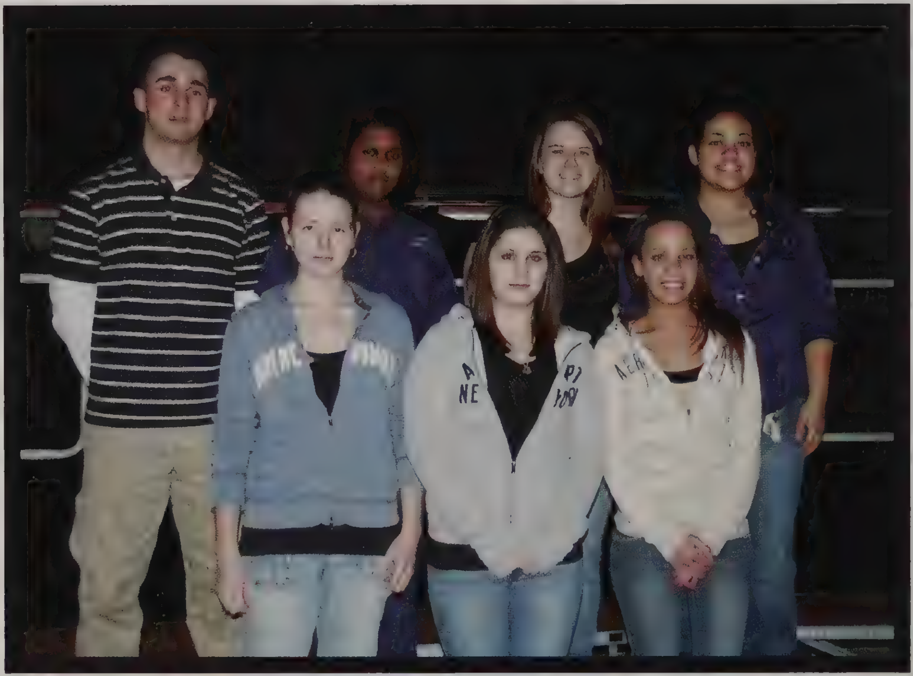
Executive Board & Mediation

The Executive Board consists of the officers of the Student Council, as well as all of the class presients. The entire council has a president, vice president, secretary, and treasurer to look over everything. They work very closely with Mr. Harris throughout the school year to ensure that the council's goals and operations run smoothly. This year, the positions of historian and publicity coordinators were added to up the ante and bring the council to a new level.

Row 1: Donna Niosi, Jay Newman, Richard Ash, Kevin Ung, Steven Chung.
Row 2: Caylie Gibson, Emily Hajjar, Colleen Grady, Olivia Berry, D'onna Roche, Mr. Harris.



The Quincy High School Peer Mediation Program serves the school's community in several important ways. Students who are trained as mediators learn to use skills they already possess in new and challenging ways. Through the mediation process students gain valuable communication skills and methods to resolve conflicts in ways other than physical fighting. Many students come to Mediation with concerns on issues such as fighting, harassment, and rumors between peers. The QHS S.C.O.R.E. (Student Conflict Resolution Experts) Mediators are trained to deal with these issues in a confidential, neutral, and unbiased way, while helping other students decide for themselves how they would like to resolve the conflict. With peer mediation everyone wins!



Row 1: Christina Elisio, Vanessa Hodgden, Bianca Blakesley
Row 2: Darius J. Varmahmoodi, Rehema McPherson, Sarah Ahola, Olivia Berry.

Peace
Peace

Row 1: Robin Bable (President), Isabelle Schulte, Bianca Blakesley (Secretary), Stephanie Annessi, Sarah Schulte, Trisha Barungi, Tanya Tonnu
Row 2: Kathleen Conry, Krista Ferent, Richard Ash, Laura Drsicoll, Rachel Smith, Christine Tran, Samantha Pham, Hanh Vo
Row 3: Abdul Basabrain, Tevin Tabbi, Jimmy Bui, Nam Thai, Megan Welliver.

Interact Club is Quincy High's service club, where they dedicate all their time throghout the year to community service projects like pancake breakfasts, Salvation Army activities, and Quincy Animal Shelter drives. They collect coats in the winter, as well as run a coat drive. the Interact Club this year donated money to Haiti Relief in order to fund a survival tent for a family in need.

Interact & Newspaper

Row 1: Kristen Bardon, Ben Alvarez, Kelvin Yang, Mandy Zhang, Katelyn Breen, Biana Blakesley (Editor), Julia Yee, Colleen Grady, Christopher Natalizia (Advisor)
Row 2: Sandi McNeice, Onur Zorteymur, Sara Elder, Kristian Roca, John McDonough, Kevin Mei, Richard Ash, Akeem Heywood.

Have something you need to comment on or report? Is there an event at school that you'd love to write a review on, or even a movie, CD, or book you love that you want to tell the world about? Go see Ms. McNeice and Mr. N because the Pony Express is the place for you! The newspaper staff releases around four issues a year that are based on school events, poetry, creative writing fictional pieces, and much more. They showcase art from the geat students in the art department too. Go read it! www.qhsponyexpress.com

Everyday, thousands of youths are faced by many issues including illnesses, child labor, and poor education, to name a few. Operations Days Work (ODW) is a student-run organization that aims to improve lives of many children developing countries. There are 23 schools across the US that participates in ODW and yet ODW schools vote for one of many proposed projects.

Row 1: Conor Cross (President), Sandy Xie, Kaitlyn Mahn, Melissa Falcone, Adelle Caparanga, Lisa Lam, Samantha Pham, Hanh Vo.
Row 2: Marvin Wong, Jeffrey Lim, Samson Yu, Alyssa Shaw, Kellie Newman (Secretary), Nicole Peterson, Tanya Tonnu, Leslie David, Mrs. Bacchieri.
Row 3: Vinny Wang, Andy Xie, Armagon Sezer (Treasurer), Martin Conroy, Kevin Ung (Vice President), Jay Newman.

ODW & High School Quiz Show

QHS APPEARS IN FIRST SEASON OF WGBH'S HIGH SCHOOL QUIZ SHOW

Twenty schools from eastern Massachusetts were chosen to compete on High School Quiz Show, the new weekly series debuting on WGBH on March 22, 2010. Seventy schools applied to participate. Twenty were chosen. And Quincy High was one of the chosen! Our first High School Quiz Show team consists of Stephanie Annessi, Vasi Palo, Dora Pepo, Maris Pepo, Sarah Schulte, Julie Tran and Michaela Walker. The competition will culminate in a statewide playoff for the championship, as four teams from WGBY's As Schools Match Wits arrive in Boston to compete with High School Quiz Show's four top qualifying teams. Quincy High will play Shepherd Hill in the first round, to be taped in front of an audience of friends and families on January 31. The championship rounds will be taped May and aired in June. Win or lose, this is bound to be an unforgettable experience for the students who volunteered to be on the team.

Row 1: Mrs. Ryan (Coach), Stephanie Annessi, Julie Tran, Michaela Walker
Row 2: Vasil Palo, Sarah Schulte, Dora Pepo, Maris Pepo.

Michaela, Stephanie and Maris posing for a photo before their big premiere.

Michaela
Dora

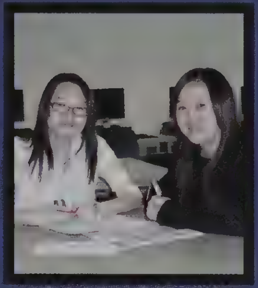
Mrs. Ryan, Michaela Walker, Dora Pepo, Julie Tran, Sarah Schulte, Stephanie Anessi, and Vasil Palo posing for the camera before a taping.

We wish WGBH great success with this venture and we hope the program will continue for years to come!

Row 1: Toby Tang, Janice Mei, Chris Clayton, Ricardo Fernandez.
Row 2: Mrs. Martin, Ka Kui Fong, Muyi Wu, Huili Mei, David Nhan, Sandy Xie, Diamela Kodra, Mrs. Ranstrom.
Row 3: Mario Cace, Nurulaane Tauhid, Kylie Kozlowski, Olivia Berry, Bobby Kozlowski, John Conroy
Not pictured: Yun Rebecca Huang, Sara Elder, Hanin Ali, Stephen Kozlowski, Ebony McKenna.

Sandy and Kyle working together.

John, Chris, and Toby smiling for the camera.



Huili Mei and Muyi Wu working until they got interrupted.

The object and purposes of the National Business Honor Society-Quincy High School Chapter are to promote and recognize academic achievement in business education at Quincy High School; foster and recognize leadership skills and character development; help members grow ethically and socially by promoting and encouraging an interest in business; and encourage member involvement in service learning initiatives.

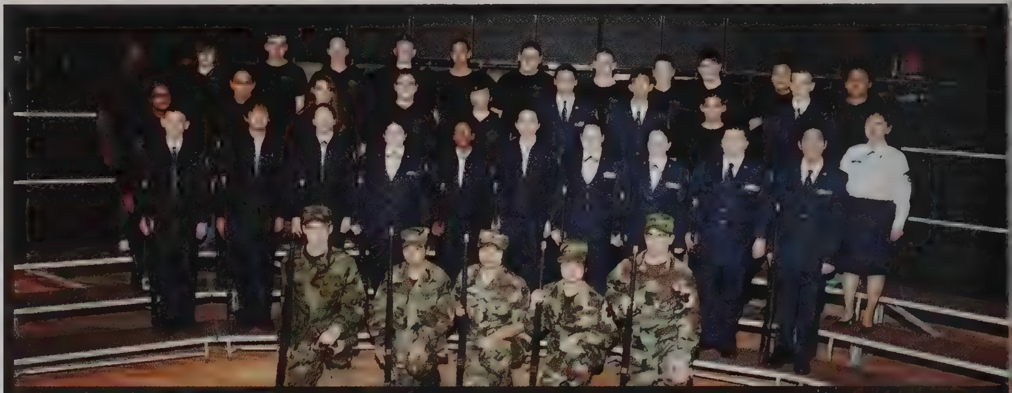
NBHS & Youth & Government

Row 1: Guiyu Xu, Chunzi Xue, Avery Yuan, Amanda Hyslip, Meghan Peterson (Secretary), Sarah Schulte (President), Mustafa Hassan, Mr. Harris
Row 2: Isabelle Schulte, Breanna Bassett, Kiley McDonald, Bianca Blakesley, Amanda Liu, Jack Kozlowski, Richard Ash, Yasser Mahmoud.

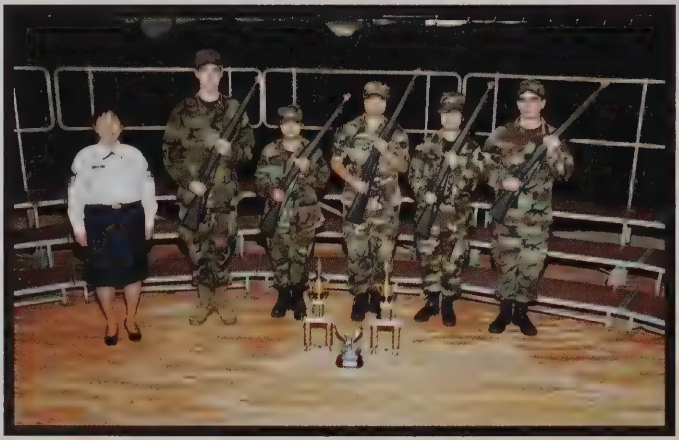
QHS works with the YMCA for Youth and Government. This group of elite kids particpate year-round in a mock government that travels from Boston colleges to Springfield institutions, and results in a four day conference at the state house - all with hundreds of kids from around the state that share the same interests as them. They meet Thursday nights at the Y to discuss current events and debate things like Congressional bills. Get your ties out, your opinions ready, and your bills pressed -- because in YAG, we don't play around.

ROTC encompasses many aspects of leadership. In class, students learn about US history and government in relation to aerospace science. Outside cadets learn discipline through soldiering activities and care by performing community service and participating in parades and other events.

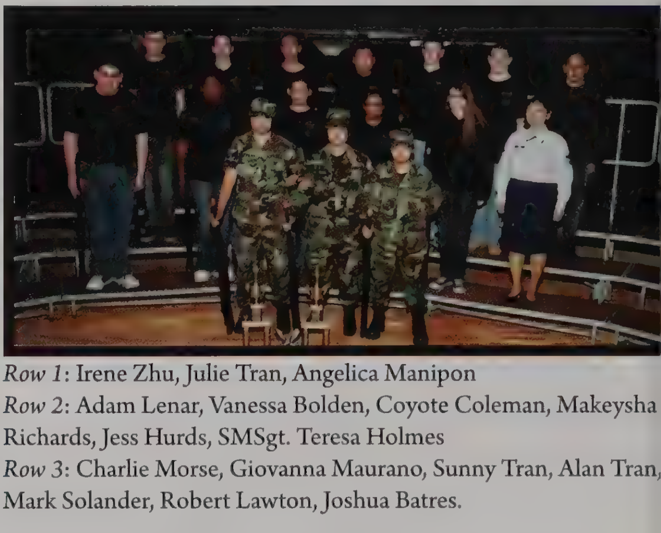
Row 1: Kevin Williams, Angelica Manipon, Irene Zhu, Julie Tran, Eric Arabian.
Row 2: Nick Boczkowski, Tyler Chen, Kayla Newman, Emily Segura, Zyteema Mojor, Isamary Garcia, Taylor Lawton, Julie Fox, Kevin Vo, Matt Albanese.
Row 3: Makeysha Richards, Joshua Batres , Jess Hurd, Tom Bowe, Long Nguyen, Kameron Karlan, Huang Vo, Coyote Coleman, Pudrick Sullvan, Seargent Teresa Holmes.
Row 4: Vanessa Boiden, Amanda Gagnon, Charlie Morse, Giovanna Maurano, Mark Salander, Sunny Tran, Adam Lenar, Robert Lawton, Adamn Thorley, Jon Theberge, Alan Tran, Javier Ramos.



ROTC & ROTC Drill Team

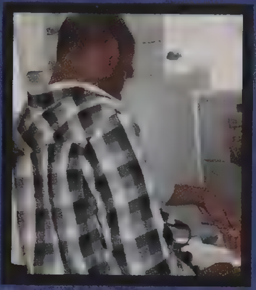


Row 1: SMSgt Teresa Holmes, Kevin Williams, Angelica Manipon, Irene Zhu, Julie Tran, Eric Arabian.

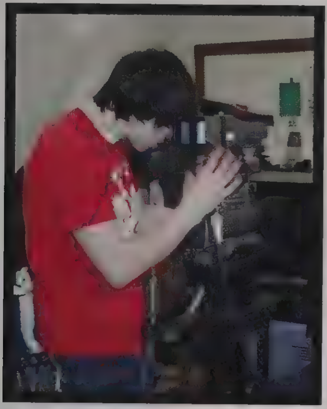


Row 1: Irene Zhu, Julie Tran, Angelica Manipon
Row 2: Adam Lenar, Vanessa Bolden, Coyote Coleman, Makeysha Richards, Jess Hurds, SMSgt. Teresa Holmes
Row 3: Charlie Morse, Giovanna Maurano, Sunny Tran, Alan Tran, Mark Solander, Robert Lawton, Joshua Batres.

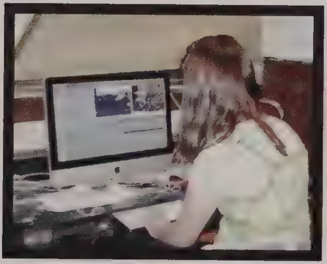
Row 1: Justin Ricciarelli, Melissa McKinnon, Flavia Mori, Kayla Pendleton, Steven Peterson, Temaria Williams
Row 2: Alex Dolan, Kellie Newman, Matt Oliver, Kevin Bowers, John Green.



Temaria Williams pictured here turning his back to the camera.



Steven Peterson getting ready to film.



Kayla Pendleton editing a piece of film and hard at work.

Mr. Greene giving his spiel to his class.

Communications & Book Club

ow 1: Zoe Antonopoulos, Danielle Woods.
ow 2: Breanna Fitzgerald-Bassett, Kaitlyn Mahn, Ms. Tierney,
ayla Pendleton, Jen Morin, Dayna Madeiros.

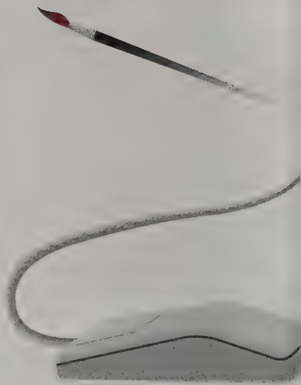
The QHS Student Book Club continued to meet throughout the 2009-2010 academic year, alternating between breakfast and lunch meetings. While the primary goal of the Club is to discuss books that everyone has read, it's also a time for general literary sharing and discussion. We look forward to next year, and continuing the literary tradition of the QHS student book club!

Row 1: Emily Segura, Leslie David, Kaitlyn Mahn, Melissa Falcone.
Row 2: Leroy Keniston, Elizabeth Stevens, Shu Chen, Samantha Soto, Timothy Hurney, Tevin Tabbi.
Row 3: Amanda Gagnon, Christina Noble, Pele Rosa, Ansalea Ciccio, Kayla Reilly, Marina Freedman.

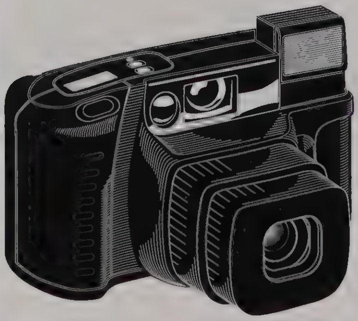
Anime Club meets to dicuss different forms of anime and watch episodes of Anime Shows. This is the third year Anime Club has been a part of Quincy High School.

Anime Club & Yearbook

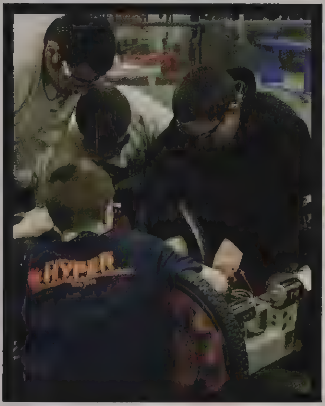
Row 1: Kenny Nguyen, Amanda Sullivan, Meghan McCarthy, Julia Yee, Ronald Smith, Porscha Wells, Winnie Yang.
Row 2: John McDonough, Caylie Gibson, Amanda McNeil, Becca Shea, Ms. McGinnity, Amanda Loi.
Row 3: Richard Ash, Yasser Mahmoud, Katlyn Salvatore, Krysta Failla.



Yearbook is a club and a class as Quincy High, with students that are both in Graphics 3 and students that are interested in their graduating class enough to write a book on them. This class meets period 10 and does everything from making pages and writing narratives, to selling books and communicating with Josten's Yearbooks to make sure that on August 5th, students are handed a book that they well cherrish for the rest of their lives.



Row 1: Nam Thai, Billy Malas, Jonathan Manning, Kameron Kaplan, Shane Lally
Row 2: Mr. Long, Armagan Sezer, Vinny Wang, Jason Savage, Mr. Smith
Row 3: Kevin Ung, Julie Chernichi, Jimmy Bui, Tim Young.



Left: Robotics members eagerly working together as a symbol of benevolence.

Jason Savage pictured here hard at work.

The 2009-2010 season marks team HYPER's (Helping Youth Pursue Engineering and Robotics) 15th year. Today the team consists of over 40 high school students, eight teachers, several engineers, alumni, and mentors. HYPER is a diverse group of individuals, all focused as a team towards one goal: providing an environment for students to test different interests and skills through hands-on experience.

This year the team traveled to Orlando Florida where they finished as one of the top 15 teams and at the Boston Regional where they were seeded first and finished in the semi-finals winning the Coopertition™ Award.

Robotics & Ping Pong Club

Row 1: Yajun Mei, Minyu Wu, Ying Na Guan, Anqi Cai, Qiqi Chen
Row 2: Ms. Chik Ching Law, Chi Ian Cheang, Ting Lap Fung, Zeran Li, Tiny Hei Fung
Row 3: Jia Jie Liang, Xuezeng Zhang, Austin Simone, Ricky Lin, Ao Ieong Iong.

The Ping Pong Club is for anyone who is interested in playing or learning how to play ping pong. You do not have to be an expert to join. The goal is to provide an after school sport activity for students to mingle, make friends, and relax before heading back home. Come join us on Tuesdays and have fun.

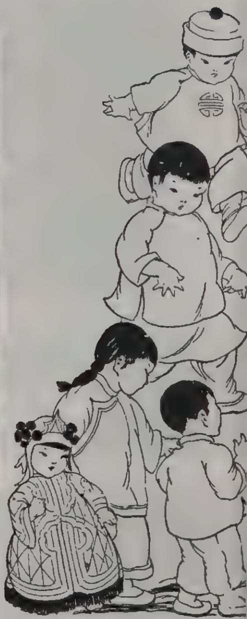
Quincy High School Multicultural Connections is a group made up of international student representatives who devote their time connecting the diverse cultural groups found at QHS. The members also assist new international students enrolling at Quincy High School. Our goal is to allow everyone to feel comfortable and take part in any school activity, no matter what language they speak or where they come from. Our team has achieved many of its goals since its creation in 2007.

Row 1: Michelle Zhang, Lyna Pham, Brian Paz, Andrea Marroqin and Hong Yu.
Row 2: Barbara Wong, Jeffry Lim, Ali Hersi, Filippe Silva, Anna Wiercinska, Sarah Schulte, Auriele Flambert and Ms. Hallet.

Multicultural & International Club

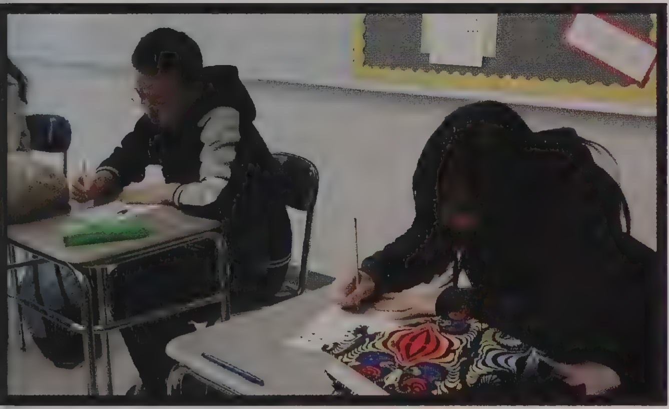
International Club is a fairly new club to QHS. Being the most colorful club, they have dedicated themselves to learning about different cultures around them. People from different places around the world gather here to share their music, movies, cultures, and so on.

Row 1: Hong Yu, Ron Li, Tac Yun Hong, Yeqi Chen, Yan Michelle Zhang, Trisha Barungi.
Row 2: Ms. Hallett, Sarah Schulte (Vice President), May Shailey Tin, Jinglin Mei, Muyi Wu, Barbara Wong (President), Guiyu Xu.



Math club members working on math homework.

Pictured below are the math club members showing their love for math.



Wenzheng and Fanny solving their math problems with determination.

Mathletes hard at work solving a math puzzle

Mathematics: the Universal Machine of the Mind

Al and Bo, who together have $168, bet against each other. Each bets the same fraction of his money as the other bets. If Al wins, he'll have double what Bo then has. If Bo wins, he'll have triple what Al then has. How many dollars does Al have at the start?

This is a typical contest problem from the New England Mathematics League Competition (NEML). Quincy High School's top mathematics students in the Math Club tackle such problems every week as they prepare to compete in six thirty-minute contests. (By the way, this one killed us! Can you get it?) This year, they also took part in the state's 46th Annual Math Olympiad, another difficult challenge and one we hope to continue. The mind of a great mathematician is like the body of a great athlete: strong, supple, swift and graceful. Just as an athlete must train rigorously, the best mathematicians work out regularly, taking on puzzles, mind-benders and even those most dreaded word problems! This year, Quincy High School's top mathematicians include seniors Xiaojun Chen, Tian Chu, Jeff Liang and Stephanie Annessa.

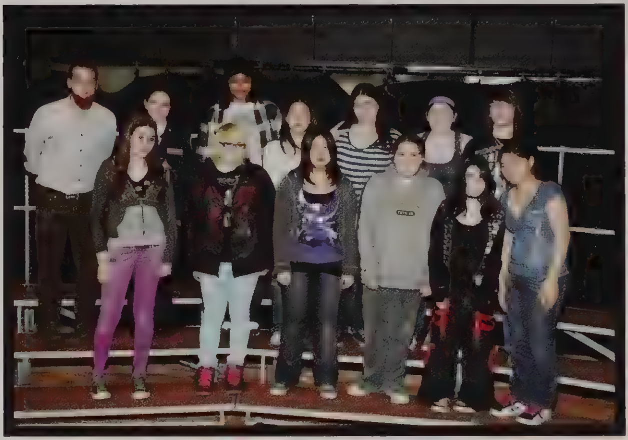
Math Club

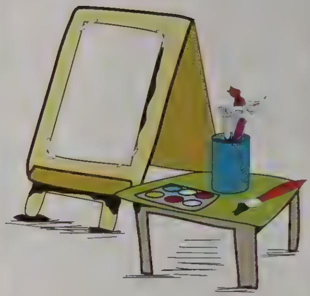
Row 1: Tobias Tang, Fanny Zhou, Kathleen Conroy, Wenzheng Yu, Yan Michelle Zhang, Xiao Jun Chen, Ying Dan Chen, Xiu Xiu Zhu, Prashanth M. Ajith, Lisa Lam.
Row 2: Ms. Pritchard, Ka Kui Fong, Flora Chen, Guiyu Xu, Barbara Wong, Julie Tran, Sarah Schulte, Vinny Wan, Marvin Wong, Conor Cross.
Row 3: Jian Bin Guo, Shiquan Lin, Xiao Zheng, Jia Jie Liang, Tian Xiong Chu, Nurulaane Tauhid, Jeffrey Lim.

Ms. Lauren Pritchard and Mrs. Virginia Snell advise Quincy High School's Math Club, which is part of Mu Alpha Theta, the National Honor Society for high school math clubs. Together members enjoy and celebrate their love of math, whether it's in sharing favorite problems or helping students with homework dilemmas. The club always welcomes new members, so if you want to know what's fun about math, come join us--we'll show you! By the way, how'd you do with the challenge above? Answer: 72.

The Quincy High School Art Club is a casual weekly meeting for the visually inclined. The art club doe a variety of projects including parade floats, patintings, and t-shirts. If you want to make new friends in a low-pressure atmosphere, try the art club – a place where you can be yourself, and explore the visual arts.

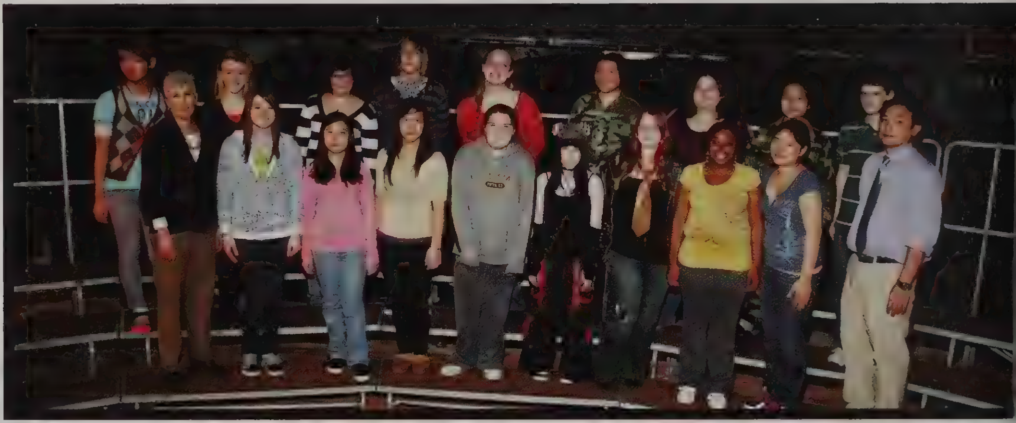
Row 1: Elizabeth Hendry, Bridget Surette, Yan Yee Cha, Angela MacDonald, Melissa Miranda, and Winnie Yang. *Row 2:* Andy Bell, Julie Fox, Pele Rosa, Shu Chen, Samantha Soto, Kayla Reilly, and Timothy Hurney.





Art Club & Spectrum

Sara Elder, Spectrum president trying to make a speech.



Row 1: Debra Becky (Advisor), Alyssa Shaw, Diana Nguyen, Lisa Lam, Angela MacDonald, Melissa Miranda, Larissa Robideau, Porscha Wells, Winnie Yang, Dzung Nguyen (Advisor). *Row 2:* Starry Dzu, Carly Scolaro, Melissa Mckinnan, Ziggy Leszek, Danielle Woods, Irene Zhu, Sara Elder (President), Julie Tran, Tyler Wayne.

Melissa Miranda showing her enthusiasm.

Spectrum members enjoying themselves with refreshments and cupcakes.

Skills USA members pictured here smiling with Ms. Ranstrom.

People leaving the end of the competition.

Skills USA members pictured here waiting for the competition to begin.

Alex and Matt can't contain their excitement for the competition.

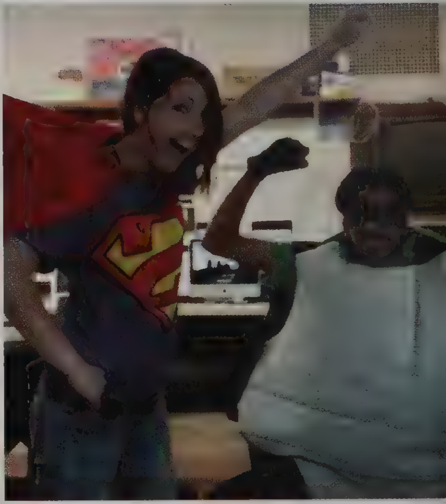
Skills USA is a national organization that has served more than 275,000 students enrolled in many different technical occupations. Skills USA aims to provide quality education and experience for all who want to make the commitment of joining Skills. Students who participate in Skill can learn the skills needed to succeed in the careers they wish to follow, and will look good on resumes. Skills also provide good education and work experience to students. Skills also provide students an opportunity to test their skills against other students in local, state, and national level competitions. Skills also aim to prepare students for the working-world by teaching the essential workplace basic skills determined by the SCANS.

Skills USA

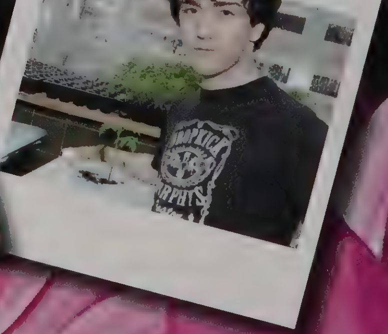
Row 1: William Wong, Van Lam, Steevenson Daniel, Dayna Madeiros, Alex Barney, Kevin Mullin.
Row 2: Mr. Holmes, Nicholas Ferragamo, Brian Paz, Mario Cace, Bryan Doherty, Eoin Moriarty, John Bottary, Xavier Casseus.
Row 3: Edwin Flores Jr., Mike Wray, Mikele Thano, Hason Wong, Eryk Diorio, Theresa Hughes, Matt Solander, Alex Arabian.

Theresa Hughes and Matt Solander waiting for the competition to begin.

[Spring]



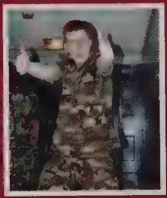
QUINCY
VOLLEYBALL



BOS

QUINCY
10
11

Right: Jake O' Brien takes a break from drilling and strikes a pose for the camera.



Left: Cadets work together to get through an obstacle.

Above: Cadets gather together for a group picture just before departing from their 2009 September Leadership Encampment.

AFJROTC

Integrity First. Service Before Self. & Excellence In All We Do.

Right: ROTC Cadets take a break from all the hard work and effort put into the obstacles!

Left: Anthoney at the 2008 Leadership Encampment!

Right: Anthoney hanging out and surrounded by his friends.

Right: Anthoney posing for a picture after falling into a pool of water while going through an obstacle course.

Left: Anthoney and Julie let loose at their Military Ball.

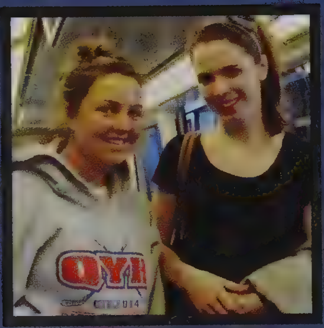
Never Forgotten.

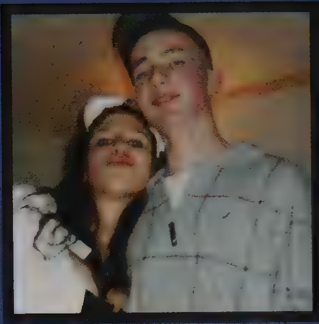
Anthoney Terell Wilkerson 08/13/92 - 03/21/09

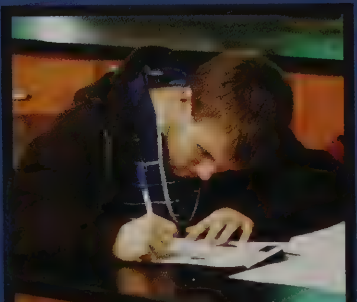
Left: Anthoney waves at the camera while taking a ride on a helicopter.

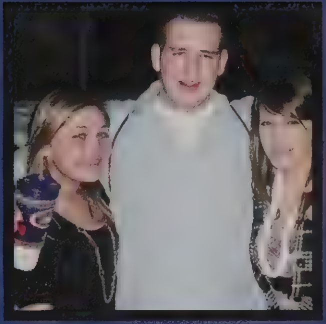
Over the last four years in the AFJROTC program we have faced overwhelming obstacles that, in the end, only brought us closer together as a family. One of those obstacles, and the hardest obstacle, was learning how to cope with death. Anthoney "Boo-Boo" Wilkerson was one of our finest, proudest, and most loyal cadets. Since the beginning of freshman year he was there for all of us in our times of need. If we needed someone to talk to, or needed advice, it didn't matter, he was there. He would go out of his way to make anybody, even a stranger, smile! On March 21, 2009 he was taken from us in a roll-over car accident on a highway in New Hampshire. For many of us this was the first time death hit close to home. However, this only brought us closer together. Through the grievances and the crying we were all there for each other, like Anthoney would have been for us if the roles had been reversed. He was genuine, unique, and a great person to be around. He will be loved and missed by all.

"We lost a Hero but gained an Angel."
Rest in Paradise Anthoney Wilkerson.


QYR







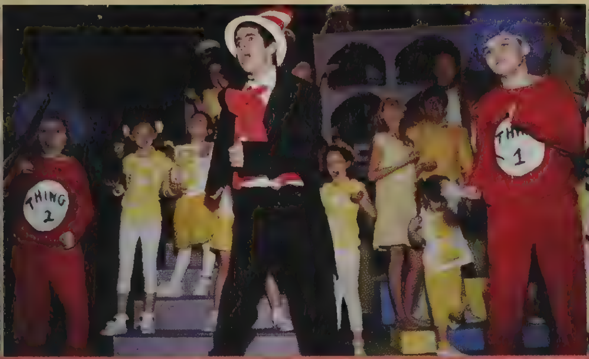
[I meant what I said, and I said what I meant. An elephant's faithful One Hundred percent.]

SEUSSICAL the Musical

And will you succeed?, Yes indeed, yes indeed! Ninety-eight and three-quarters percent guaranteed.

Seussical the Musical written by Lynn Ahrens, Stephen Flaherty, and conceived by Monty Python's Eric Idle is an adventure through the world of Dr. Seuss. As Horton the Elephant struggles first to protect the microscopic population on the planet Who, then an abandoned incubating egg. Themes of loyalty, tolerance and personal acceptance are explored. The QHS production featured over 140 members in the cast and crew, including 80 young performers from local elementary and middle schools. *Seussical*, the last major production to be presented in the Lloyd Hill Auditorium, featured sets designed by Thomas Doucette, costumes designed by Linda Santoro and Carol Dumas, and musical direction by Richard Kenneally under the artistic direction of Margaret Spencer. The cast included Emily Hajjar(Gertrude), Dan Linik(Horton), Jackie Pitts(JoJo), Dan Hennesey(The Cat in the Hat), Michaela Walker(Sour Kangaroo), Kayla Mills(Mayze), Gerald McCarthy(General Danielle Woods(The Mayor's Wife), and Josh Kaplan(Mayor of Who). *Seussical the Musical* was a hot hit at Quincy High with four sold out performances, and four standing ovations.

[Because after all, a person's a person, no matter how small!]



The Set
The set, designed by Thomas Doucette, reflected Dr. Seuss's fantastical style.

The Wickershams!
Peter Palmatier, Niamh O'Connor, and Amber Albert as the Wickershams.

Alicia Rucker

As a performer in the Circus McGurkis .

Kayla Pendleton

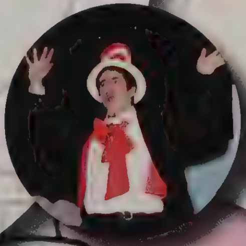
"Seussical was a colorful and cartoony experience with adult morals."

Amber Alpert

"My favorite part of being in Seussical was working with the little kids"

Gertrude McFuzz

Emily Hajjar as the ever optimistic Gertrude McFuzz



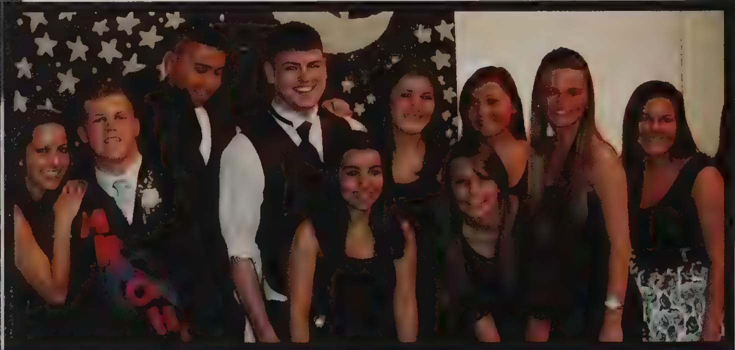
The Cat In The Hat
The show's host, played by Dan Hennessey.

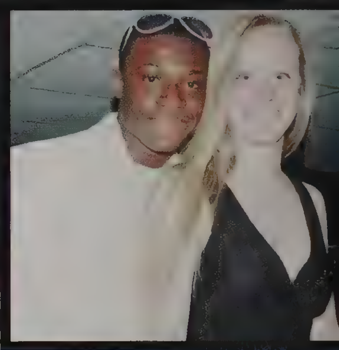
Danielle Woods

"I need a highlighter."

All those colors!
The set was painted by the talented students of the QHS Drama Club.

"I was meant to walk the cat walk." - James Nguyen

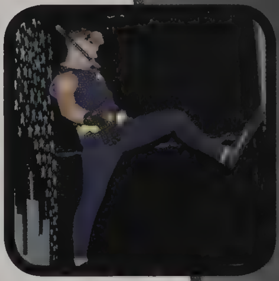




Albert worked the cat walk! MEOW!

Fillipe shows off his sweet soccer skills.

Eric plays twinkle, twinkle little star while Julie sang.



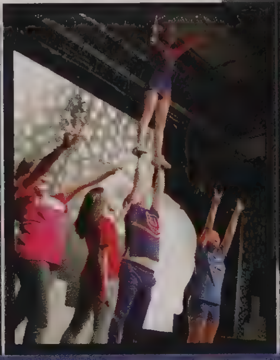
Scuba Josh entertains the crowd.

MR. QUINCY HIGH

ALL THE MR. CONGENIALITIES STAND UP

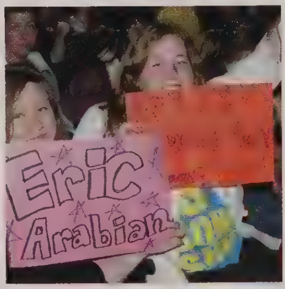
When the representatives from the senior class decided that we needed a good, strong fundraiser for prom -- the only possible choice was a Mr. Quincy High pageant. The idea behind this was to have male volunteers participate in a show that would display their talents and personalities -- and decide who's was the best. Participants included James Nguyen, Kenny Nguyen, Albert Wong, Cedric Dybaud, Eric Arabian, and many others. Each guy had a female escort to help them show off their induvidual talents, which included everything from cheerleading to karaoke. The crowd went wild the whole time, and in the end Josh Gerry took home the trophy of free prom tickets.

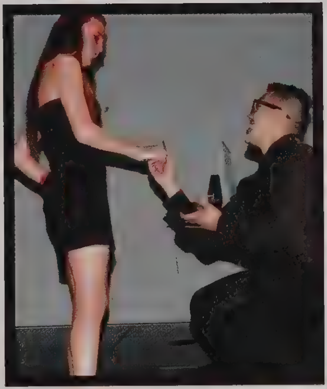
"Most memorable moment at Quincy High School!" - Tom Aronne

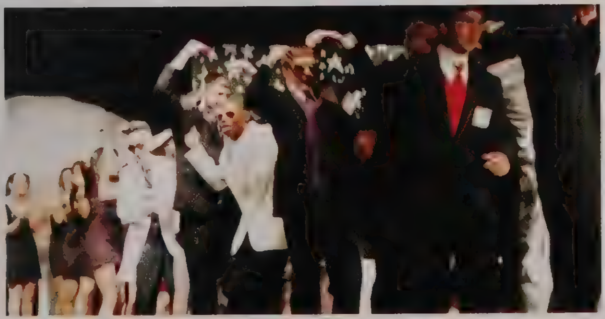


Left
The winner is...Josh Gerry! Yay!

Below
People from the crowd cheer on Eric!







Above
James asks Eryn if her courting skills will extend past 2:30.

Left
Everybody dances down the runway to the YMCA!

BABY BASH

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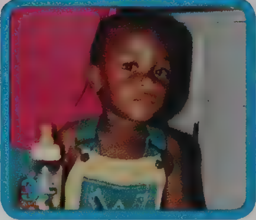
2.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21.

22. Brianna Phelan
23. Colleen Tobin
24. Mark Balangdang
25. Nichole Driscoll
26. Amanda Macneill
27. Amanda Loi
28. Catarina Ferreira
29. Tawana Ho
30. Amy Walsh
31. Becca Shea
32. Meghan McCarthy
33. Colleen Grady
34. Yasser Mahmoud
35. Cedric Dybaud
36. David Muollo
37. Nuraalane Tauhid
38. Kylie Kozlowski
39. Kasey Milas

1. Arnold Pacho
2. Jason Savage
3. Romaine Brown
4. Tim Young
5. Julia Yee
6. Stephanie Annessi
7. Sarah Schulte
8. Caylie Gibson
9. Emily Hajjar
10. Sara Elder
11. Porscha Wells
12. Amanda Sullivan
13. Kenny Nguyen
14. Rick Freedman
15. Allen Rand
16. John McDonough
17. Richard Ash
18. Jessica Drago
19. Bianca Blakesley
20. Winnie Yang
21. Genesy's Lai

39.

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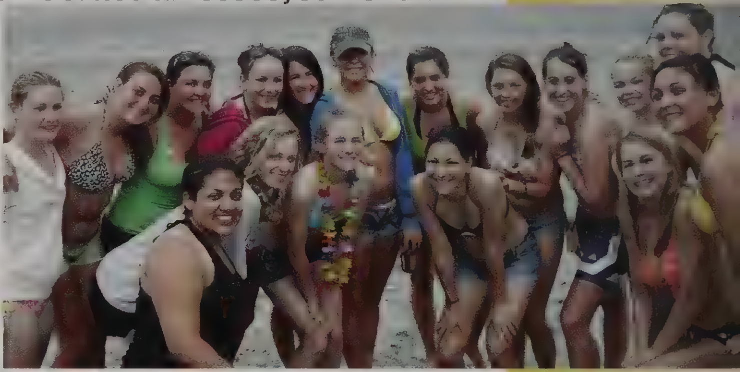
Senior Skip Day

An absence that SHOULD be considered excused, but we'll worry about that tomorrow.

When word got out that Thursday, May 6 would be senior skip day -- the same thoughts ran through most of the seniors' minds. We would do anything in our power to make our skip day the best one yet. The class spread the word and did whatever they needed to do to get out of classes that day; some faked illnesses, some ran out after tests, and some just pleaded the need for a good tan. 2010ers started out at Nantasket Beach around noontime, where everything from lacrosse and football was played -- to frisbee and volleyball. After leaving the beach, there was still some need for sun so the seniors traveled back to Q-Town and ended up at Wollaston Beach. While some people left to attend practices, others stayed out and did anything they could to stretch the fun-filled afternoon to dawn. Students went out to eat, went for joy rides, and took millions of pictures. The mission was definitely accomplished, and the seniors will always remember our skip day. The next one is already underway, and we can only hope that it is as much fun as this legendary afternoon was.

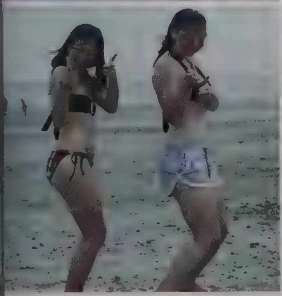


"He could be the one!"

Meghan McCarthy and Julia Yee crash on the lounge chairs, in between dancing on the beach and swimming in the freezing cold water.

Coffee Break CAFE
fee Break CAFE

Southern New Hampshire University



Aeropostale

Quotes

"Beach, bathing suites, and bundles of fun... summertime has just begun!"
--Caylie Gibson

"Skip day was one massive bonding experience!"
--Kasey Milas

"It was deffinitely a crazy adventure"
--Cassandra DeIorio

"Its all fun and games untill the blue man group shows up"
--Becca Shea

"The rain doesn't slow us down"
--Kylie Kozlowski

"... It took him four hours to ride here on his bike!"
--Bianca Blakesley

"I was surrounded by good friends, some aquaintances, and a lot of people who just really needed good tans"
--Anonymous

"Skip day was the bomb and Meghan's got it going on"
--Meghan Quinn

"We didn't let it rain on our parade"
--Christine Farnsworth

"It was good that everyone was together"
--Brianne Phelan

Fashion Club is an avenue for students to workshop ideas and to create new, interesting concepts for clothing and accessories. The Fashion Club offers student designer's opportunities to showcase their creations at the student produced, Annual QHS Fashion Show every April. We hope to act as a stepping-stone for our members, by giving them the chance to set them on a path to an exciting career in the fashion industry.

Fashion Show

Preparation for the 2010 Annual Fashion Show started months before anyone walked down the runway. The show producers had to coordinate, garment construction and selection, accessories, publicity, music, set and runway design, backstage management, sound, lighting, hair and make-up, model selection, publicity, ticket sales, choreography, security, and commentary. Over 90 students came together and learned valuable event organization, time management, and people skills to produce this show.

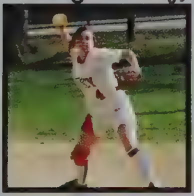
2010

The show featured 70 garments produced by beginning, intermediate, and major Fashion Design students. Garments included simple cotton sun dresses, to more sophisticated taffeta evening dresses inspired by the hit TV show "Project Runway". Intermediate students designed wool jackets and coats displaying remarkable advanced design and sewing skills. The majors walked the runway in designer inspired original dress. Each student showcased a designer in a hand drafted haute couture look with remarkable results.

[Girl's Softball]

Kori Sorensen 14

Jaimie Shaughnessey, 4



Nicole Parry, 13

Caity Lowry, 15

Erin Chiocchio, 12

The Quincy High School girls softball team came into the season knowing that this year would be one like no other. With a brand new coaching staff coming from Head Coach, coach Baccheri, and assistant coach Coach Sommers, the team was excited to have new leadership, as well as continued leadership from the six returning seniors. From the beginning of the season the girls started to show their talent, by taking big games in their league such as Hanover, Silver Lake, and Duxbury, who were all considered to be strong teams in the Patriot League. The team started strong with two huge homeruns coming from Kylie Kozlowski in a 6-5 win over Hanover, timely hitting coming from senior captain Olivia Berry and great pitching from Kori Sorensen, and Nicole Parry. The team has already made a huge accomplishment by making the MIAA State Tournament, and hopes to keep improving their record to get a high seed in the tournament.

Eryn Curran, 11

Olivia Berry

Olivia gets ready to throw a girl out at second during a game versus Randolph.

Leadership SPOTLIGHT

Julia Yee, 10

Julia is a four year varsity starter, As a freshman she started as a pitcher, and quickly moved to a more comfortable postition at third base and short. Julia has been playing softball since she was five, and has always had a love for the game. This will be Julias first year as a captain, and she is hoping for a great senior season.

Olivia Berry, 17

Olivia is a four year varsity starter. As a freshman Olivia started at third base, and by her sophomore year Olivia was the starting catcher. She has been captain of the softball team for the last two years. Olivia has been playing softball since she was seven and will continue playing when she attends Trinity Collge in the fall.

1. Infield...Assemble!! The infield gathers up before an inning. **2.** The girls huddle together to get pumped up for a big game. **3.** Julia Yee lays down a bunt to move a teammate over.. **4.** Seniors Eryn, Kylie, Julia, Christine, Jess, and Olivia prepare before a game. **5.** Kylie Kozlowski is in ready position, waiting for a ball to be hit her way.

Say MORE

"Nothing like a fresh pair of dirty socks"

Eryn Curran, 11

"Ooooowaah"

Jess Drago, 7

"SUNS out GUNS out!!!"

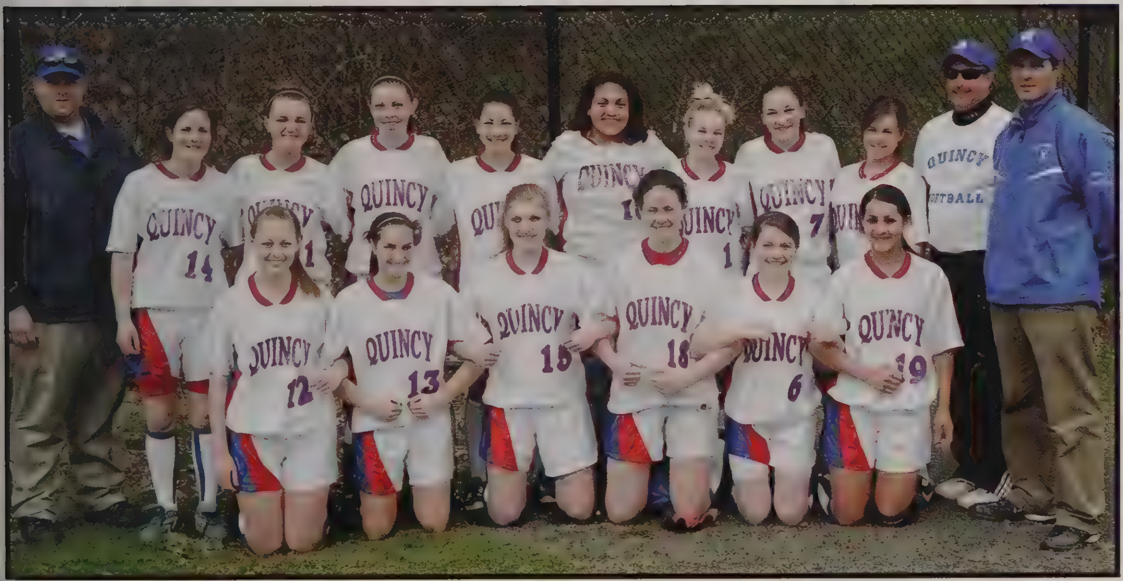
Kylie Kozlowski, 9

"Gucci"

Christine Farnsworth, 1

If we are not having fun....we run. That's a lap.

-Coach Baccheri



Girl's Varsity Softball

Top Row: Coach Sommers, Kori Sorensen, Eryn Curran, Kylie Kozlowski, Julia Yee, Olivia Berry, Christine Farnsworth, Jess, Drago, Jaimie Shaughnessey, Coach Parry, Coach Baccheri

Bottom Row: Erin Chiocchio, Nicole Parry, Caity Lowry, Kiley McDonald, Devin McMahon, Devon Varmahmoodi

[Boy's Baseball]

Lance Peterson, 19

David Muollo, 11

Bobby Kozlowski, 23

Dennis Sullivan, 2

Luke McDonough, 25

The Quincy High School Boys baseball team had one goal in mind for the year. Make the MIAA State Tournament. With 5 returning starters this year the team was excited to make this season better than ever. With three senior captains, Kevin Keith, Collin McCarthy, and Leroy Wallace, and lots of leadership coming from other seniors Tom Lowry, Lance Peterson, David Muollo, and Austin Simone. The team was led by two of the best coaches in the area, Tim Daley, and Dan Sweeney who helped the team to suceed, and learn. The season had its ups, with wins against some of the leagues strongest teams, Scituate, Pembroke, and Rockland. The teams highlight game of the season would be their 1-0 win over North where Kevin Keith pitched a great game. The team has high hopes to make it to the tournament, and will do whatever they can to win.

Chris Connolly, 3

Leroy Wallace

Leroy focuses and pitches a strike against Duxbury

Leadership SPOTLIGHT

Leroy Wallace, Collin McCarthy, Kevin Keith

Leroy, Collin, and Kevin have been on the baseball team since there freshman year. Leroy Wallace has been the starting varsity catcher for the last two years on varsity, and has also done some pitching for the team. Collin McCarthy has been a three year starter in the centerfield position. Kevin Keith has been a three year varsity starter on varsity, playing shotstop and also pitching. The three captains have been a very strong component on the team taking the middle positions and creating strong leadership throughout.

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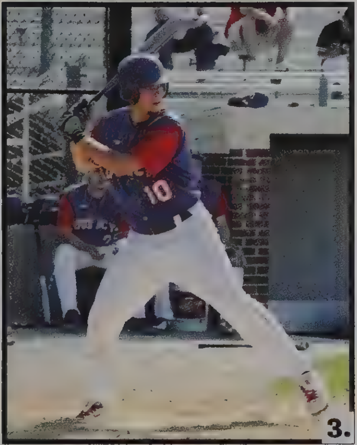
2.


3.

1. Collin McCarthy takes a cut against the Duxbury pitcher. **2.** Some of the boys line up after warm-ups. **3.** Kevin Keith takes a stride and gets ready to get a base hit. **4.** Seniors, Tom Lowry, Coach Daley, Leroy Wallace, Collin McCarthy, Kevin Keith, David Muollo, and Lance Peterson. **5.** Tom Lowry gets ready to pick off a player off of first.

4.

5.

Say MORE?

"Coach Sweeney-"be a scum bag....' "

Leroy Wallace, 12

"TAENER"

Collin McCarthy, 22

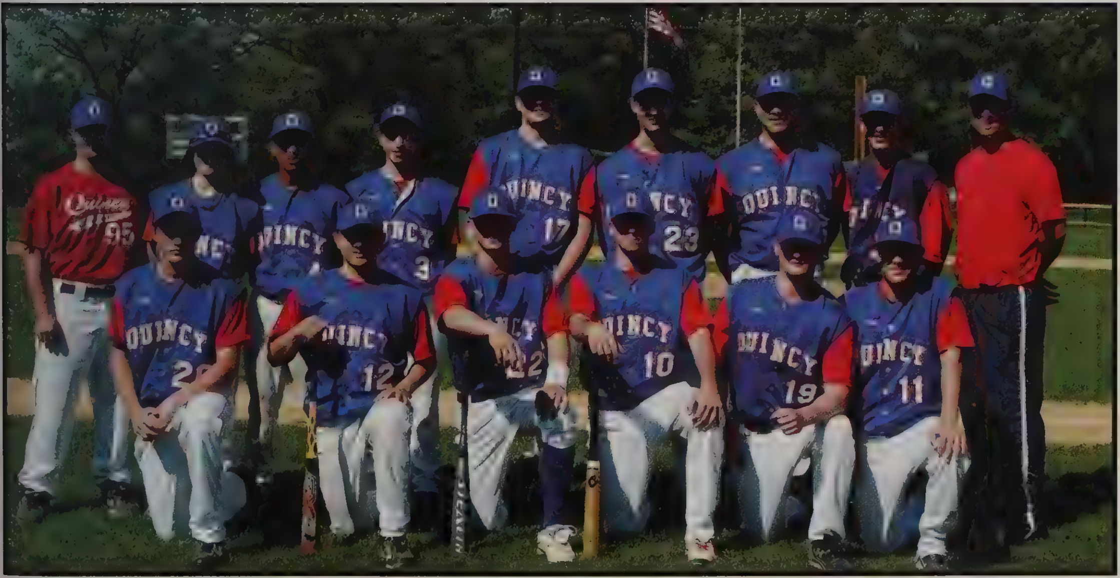
"Its just a game"

Tom Lowry, 20

"AYYYYY TAEN-ERRR!!!"

Kevin Keith, 10

> If you're not cheating....... you're not trying
>
> -Coach Sweeney



Boy's Varsity Baseball

Top Row: Coach Sweeney, Dennis Sullivan, Danny Higgins, Chris Connolly, Austin Tobin, Bobby Kozlowski, Luke McDonough, Nick Milone, Coach Daley

Bottom Row: Tom Lowry, Leroy Wallace, Collin McCarthy, Kevin Keith, Lance Peterson, David Muollo

[Girl's Lacrosse]

Sarah Ahola, 13

Lizz Carella, 4

Colleen Grady, 21

Amanda Sullivan, 8

Deven Riley-Marini, 14

The Quincy High School girls lacrosse team had one of the best seasons yet. Brianne Phelan broke both the season goal record, and the overall point record, and Meghan McCarthy wasn't far behind. Every single person on the team has scored a goal this season. Captains Bri, Anna, Meghan and Becca led the team to several victories. Sarah Ahola stepped up this season and played her first time ever in goal and had a great season making lots of saves. Coach Duffy continued to push the girls to win games that they did not think they could. The girls pulled out some big wins against North Quincy(15-4), Pembroke(13-0), and Coyle Cassidy(13-0). As of now the teams record is 7-7-1 and need two more games to make the tournament, this would be the first time in girl's lacrosse history that the team would make tournament. The girls hope to pull out two more wins and have a successful run in the tournament.

Becca Shea, 2

Brianne Phelan

Brianne jumps up for a face-off against Cohasset.

Leadership SPOTLIGHT

Brianne Phelan, Meghan McCarthy, Becca Shea, Anna Bythrow

Brianne, Meghan, Becca and Anna have all been four year varsity players. Brianne Phelan has been playing in the center position for the last 4 years. This year Bri broke the school record for most career points. Meghan McCarthy has been a four year started in the A-Wing position. Meg has been averaging 3-5 goals per game and has been a strong part of the offense for the team. Becca Shea is a three year starter at D-Wing, this year Becca has been a strong part of the defensive part of the game. Anna Bythrow is a four year varsity starter at either home or A-Wing. This year Anna has been a big scorer for the team as well.

1.

2.

1. Victoria Wallace and Sarah Ahola look on during a time-out. **2.** Brianne Phelan speeds through four defenders to get to the net. **3.** Anna Bythrow works the transition. **4.** Seniors; Lizz, Meghan, Bri, Sarah, Anna, Becca and Colleen pose with Coach Duffy. **5.** Meghan McCarthy craddles as she sets up a play in front of the net.

3.

4.

5.

Say MORE?

"Gingers...."

Brianne Phelan, 22

"WWGD?!?!?!?!"

Meghan McCarthy, 11

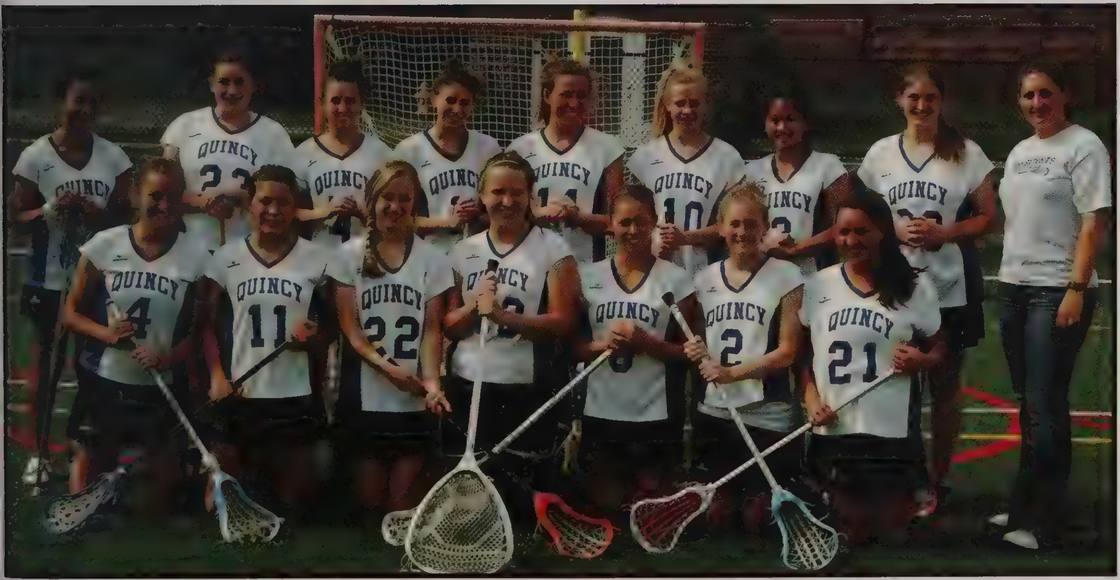
"Sea horses forevaa"

Anna Bythrow, 6

"Lets go ladies, score some goals"

Becca Shea, 2

> "If you can't catch a ball you won't play...do we have to go back to the basics here?"
>
> -Coach Duffy



Girl's Varsity Lacrosse

Top Row: Desiree Brown, Amanda Hyslip, Janelle Leone, Jess Bowe, Lindsey Wallace, Liz Pyle, Emily Nguyen, Michaela Walker, Coach Kerry Duffy

Bottom Row: Lizz Carella, Meghan McCarthy, Brianne Phelan, Sarah Ahola, Anna Bythrow, Becca Shea, Colleen Grady

Missing from picture; Deven Riley Marini, Amanda Sullivan

[Boy's Lacrosse]

Mark Graham, 28

Scotty Devlin, 30

James Nguyen, 18

Alex Marculetiu, 32

Allen Rand, 26

The Quincy High School Boys Lacrosse Team started their season off a little down, having no JV team and only 15 members on their varsity team. The team tried to push through with a new coach, Alex Mendez a former QHS Grad the team looked to have a good time, and score some goals. James Finn, captain of the squad and four year varsity starter has been making noise leading the team in goals and pushing his team to their limits. The team will look to returning seniors Mark Graham, Pat Conley, Scotty Devlin, Brendan Neenan, and Alex Marculetiu to lead the team to some victories. The team is excited to continue their season, and hopefully earn some wins.

James Finn

James Finn drives past his opponent to get an open shot.

[QNQ Sailing]

Amy Walsh&Jill Norris

Amy and Jill finish a race on the Charles River at Community Boating.

The Quincy /North Quincy Sailing team had a great season on the Charles. Coaches, Mr. Imhoff, and Ms. McGinnity over saw many races on the committee boat. Captains Amy Walsh(Quincy), and Mary Shwartz(North Quincy) led the team to many victories. The team defeated Newton Country Day, and Cambridge in team races. Along with team races , the team did fleet races at least twice a week. Jen Morin, Chaz Waterman and Zoe Antonopolous participated in the Mercury Fleet . Amy Walsh along with other North students participated in the 420 Fleet. The team had lots of fun times, and is excited to have an even better summer, and better season next year.

Zoe Antonopoulos

Amy Walsh

Chaz Waterman

Jen Morin

Mr. Imhoff

[Boy's Tennis]

The Boy's varsity tennis team had a great season this year. With no official captain, and only one senior on the team, Ali Hersi stepped up, but was later demoted. The boys team had their first ever sophomore captain, Kevin Paterno, who plays 1st singles. This year the team also had a new head coach, Mr. Columb, who truly helped to keep the boy's level headed during matches. As of now the team record is 6-10. The season has been filled with great memories such as; Kevin's silky smooth legs, stuffing trash down each other's shirts, playing "prom date" game with Swanson and rope speed races around the rotunda. This year was just a warm up for the great season the team will have next year.

Kevin Paterno

Kevin Paterno returns a serve in an intense match against Pembroke.

Ali Hersi

Vinny Wang

Andy Xie

Samson Yu

Marven Wong

[Girl's Tennis]

Dora Pepo

Dora serves an ace against an opponent..

The Girl's varsity tennis team had a great season this year. With a group of mostly senior girls, and three strong captains, Stephanie Annessi, Dora Pepo, and Lyna Pham the team knew their season would be one of success.. Coach Matthews, and Mr. Swanson continued to help the girls learn, and become better players. The team as of now is 7-7. They girls have had lots of fun times, including singing on the short bus, trying to tan away their sock tan lines, using massive amounts of sunblock bonding at the individual tournament, and running infinite amount of laps around the hall. The girls have had a great season, and will hopefully move on to tournament.

Sandy Xie

Stephanie Annesi

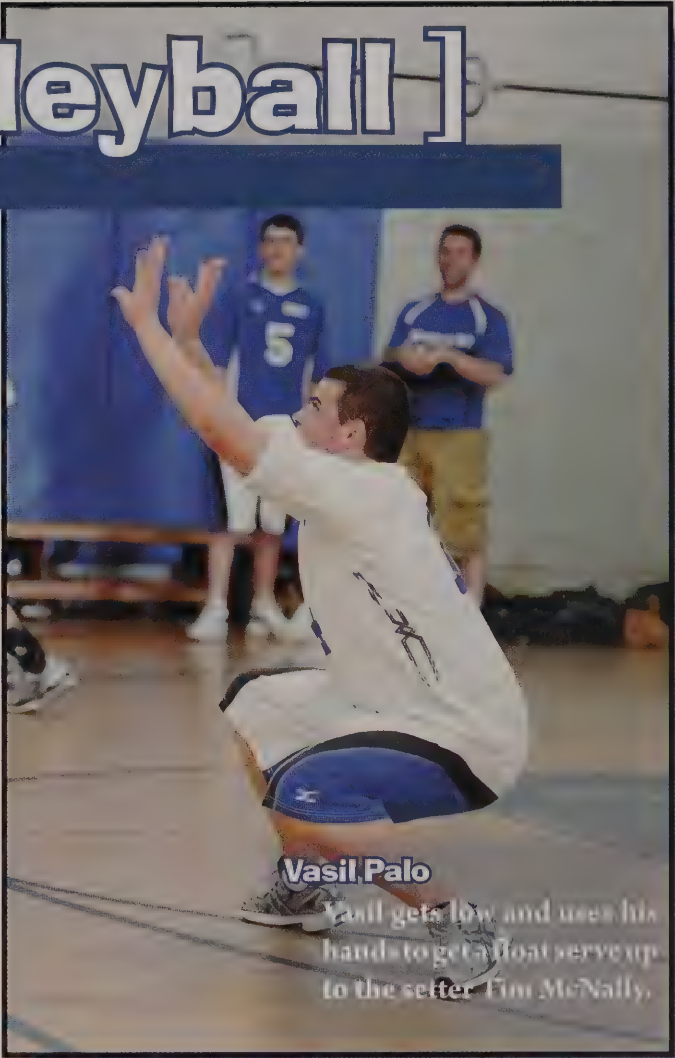
Maris Pepo

Julie Tran

Lyna Pham

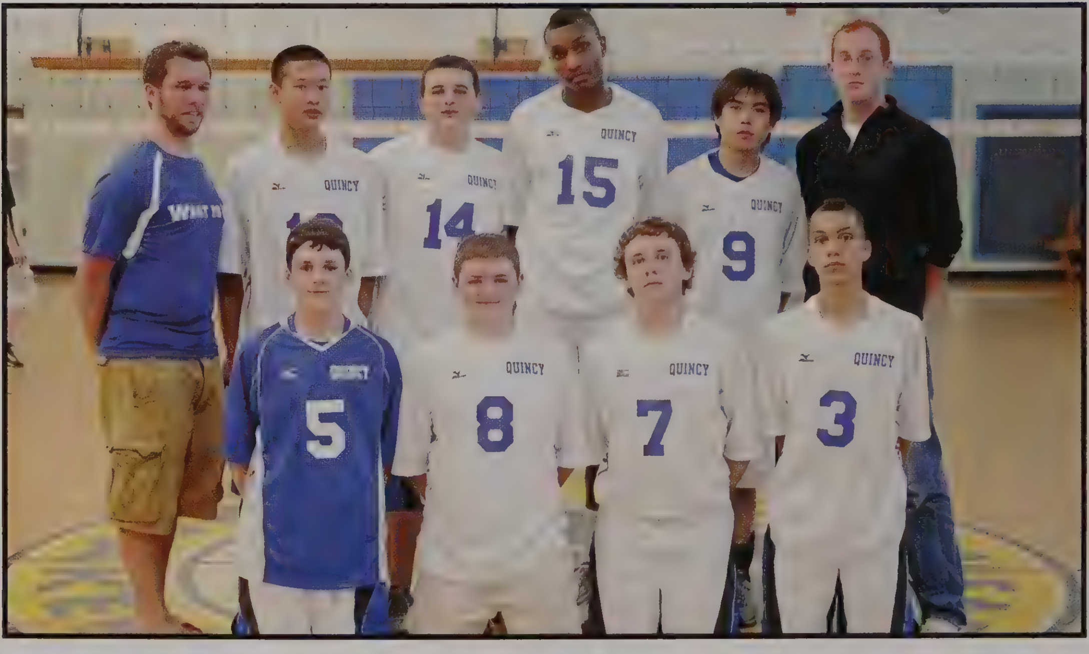
[Boy's Volleyball]

The Quincy High School Varsity volleyball team is short on numbers but not on heart. With two new coaches, Coach Miranda, and Coach Wall the team looked to excell and has done just that. With only two seniors Vasil Palo, and Daniel Mai, and plenty of underclassmen the team started off slow, but gained speed with big wins against Brockton High School and Wareham High School. Along with these wins the team has competed with some of the best teams in the state, Barnstable, and New Bedford. The team will look to have continued sucess in the upcoming games, and have high hopes to have an even better season next year.



Vasil Palo

Vasil gets low and uses his hands to get a float serve up to the setter Tim McNally.



Top Row: Coach Miranda, David Nhan, Vasil Palo, Zerek Fadairo, Daniel Mai, Coach Wall
Bottom Row: John Bottary, John Palo, Tim McNally, Dan Mongo

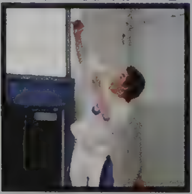
Tim McNally

Dan Mongo

Zerek Fadairo

Coaches & Captains

Daniel Mai



David Nhan

"The way a team plays as a whole determines its sucess."

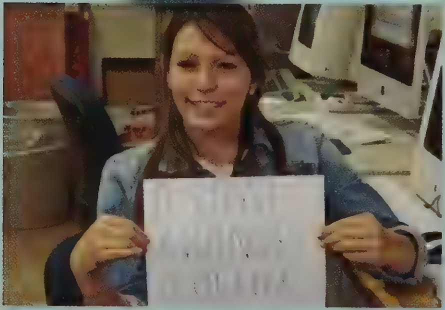
-Bab eRuth

Spring Sports

FLASH FORWARD
FROM NOW!

"What are you doing next year? And do you have a t-shirt?"

– Yearbook Staff



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54% of students will go on to attend colleges or universities

16% of students are taking a year off to work or travel

15% of people are jumping into their carreers next year

15% of students are going to school for specialized majors (trades or service)

Kylie Kozlowski got into an array of great schools, and decided to show off her Boston College Eagles sweatshirt for Flash Forward Day. She later changed her mind and decided she would be attending Saint Anslem College, showing that nothing is set in stone!

CAREERBOUND

Amy Walsh (left) decided to come in with her camera for Flash Forward Day. She hopes next year to be studying photography at the Art Institute of Boston. Emma Smith and Treylin Miller will be attending Empire Beauty School in the fall, where they have plans to own hair salons.

MILITARYBOUND

Mr. Quincy High's own Josh Gerry will be attending the Coast Guard Academy in the fall, and hopes to partake in the service sometime soon. He came to QHS dressed in a Coast Guard shirt and a cap to add flavor and originality.

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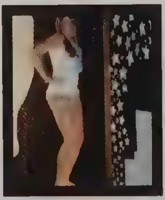
PRINCETON
Q.H.S. CLASS of 2010
Eastern Nazarene

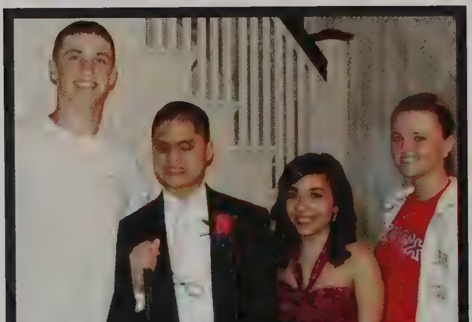
WHAT COMES NEXT

Quincy High had a Flash Forward Day on April 12, where the yearbook staff asked members of the graduating class to come to school flaunting the school they are attending next year, or the trade or carreer they'll partake in. Some came in dressed in college hoodies, or with cameras and tool belts to show off how they'll spend the year after commencement. Some kids decided to take a year off, so they opter to come in with backpacks and all kinds of cool gear. If you could flash forward to next year, what would you want to be doing?

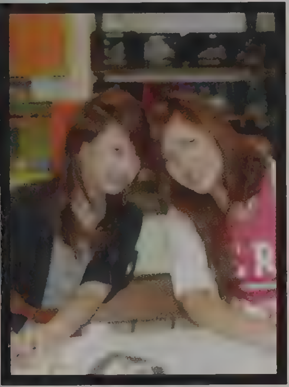
COLLEGEBOUND

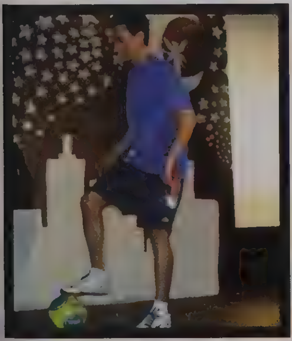
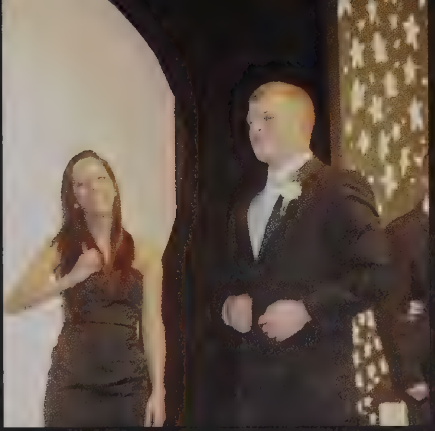
Most kids from QHS will be attending college in the fall. A lot of alumns will go onto Bridgewater State College (Kenny Nguyen, Eric Arabian, Colleen Tobin, Amanda Sullivan, Keri Dolan), Suffolk University (John McDonough, Vassil Palo, Richard Ash), Lassell College (Winnie Yang), UMASS Boston (Cassandra Delorio), Eastern Nazarene College (Amanda MacNeill, Nichole Driscoll, Neely Krueger), UMASS Amherst (Main Main Tham, Seth Lally, Chris Clayton, Mark Baladiang), Quincy College (Meghan McCarthy), Massasoit Community College, Bunker Hill Community College (Amanda Loi, Sinea Williams), Tufts University (Bianca Blakesley), Colby Sawyer College (Julia Yee), Smith College (Stephanie Annessi), Trinity College (Olivia Berry), Catholic University (Anna Bythrow), Northeastern University (Sarah Schulte), Southern New Hampshire University (Colleen Grady, Kasey Milas, Darius Varmahmoodi, Tom Lowry, Jessica Drago), University of New Hampshire (Irene Zhu), University of Connecticut (Allen Rand), and Mass College of Pharmacy (Michelle Zhang, Genesy's Lai).





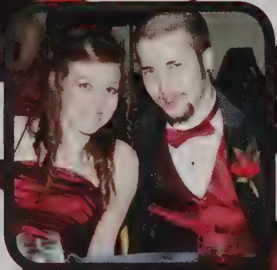
2010!



2010
2010

["Prom night is the one night that you're mistakes don't carry over to the next morning"]



Jenn Ellison and Dan Sprague are young and in love.

Trisha Barungi and Sarah Schulte look classy as ever.

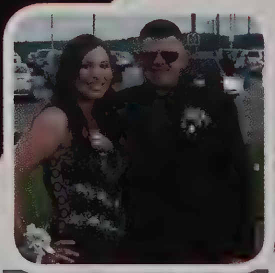
Amanda Loi and Irene Zhu shimmer in their gowns.

Kevin Keith and Arnold Pacho smile for a memory.

[SENIOR PROM]

Meghan McCarthy and Jenn Conroy pose in their gowns.

Emily Duggan and David Muollo snuggle up for a picture.



Jessica Caetano and Richard Ash stop in mid-walk to look for a camera.

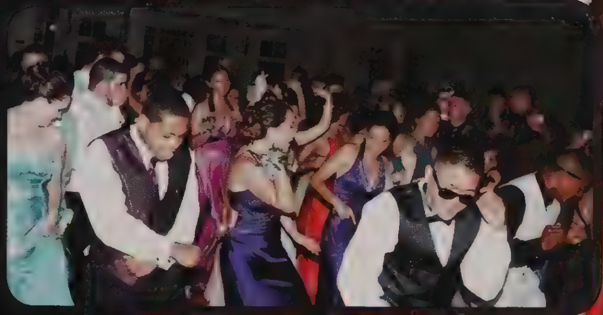
Kasey, Lindsey, Cassandra, Meghan, and Liz squeeze together for a quick picture.

When word got out that our senior prom was going to be at Granite Links Golf Course, everyone from the parents and students to the teachers were excited. Students pulled up to the amazing scenery in cars, limos, and some party busses. The theme of the night was casino royale, so when the guests walked in (after making it through the long recieving line), they were seated at tables that had card names rather than numbers, and that were sprinkled with dice and chips. The night turned out perfectly, better than anyone of us could've anticipated. At some points in the night there were two parties going on – on both the dancefloor, and [illegible] scenic balcony that overlooked [illegible]. The old saying "prom is all about the pictures" (that seems to be a backup when something goes wrong) still stood true – but this time, prom was about prom. Don't worry though, [illegible] pictures still came out good.

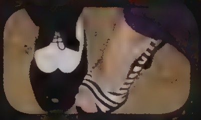
"Whoever said high school was a popularity contest was a liar. If that was true they wouldn't have prom so close to graduation -- there are equal opportunities."

Left
Johnny McDonough and Caylie Gibson groove to the music.

Below
Where's Waldo? The whole dance floor gets down to The Cupid Shuffle.



Dancing Queen
Kasey Milas backs that think up on the dancefloor.



Fresh Kicks
Kevin Keith and Julia Yee show off their matching shoes.

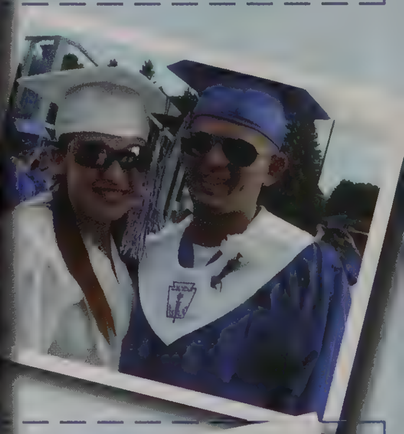
Raining Men
A group of stylish fellas huddle together for pictures they'll never forget.

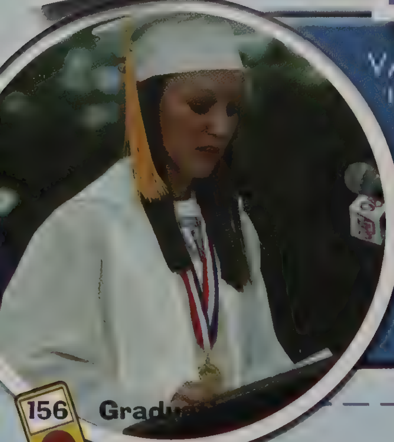
Class of 2010...

Graduation

Graduation is one of those days most students picture from the first day of high school. This year, Quincy High's Commencement Ceremony was held at Veterans Stadium as opposed to the long-running streak of having it at Adams. Students showed up at five o'clock to take pictures and get their sashes and flowers together, and the same look of sadness, terror, and excitement was on every one of the graduates' faces. Once the ceremony started, the eager seniors took their seats to listen to words of wisdom from school officials and teachers, who spoke about the road ahead, the legacy we leave behind, the struggles we've gone through for our diplomas -- and Dr. Seuss. Although it started to drizzle when Stephanie Annessi gave her empowering speech, both she and Emily Hajjar came out on top in delivering the words they've probably been trying to come up with for four years. When the names started rolling, all eyes were on each and every walker and the evening turned out just as it should have — with cheers, tears, raindrops and rainbows — because as Mr. Santoro says — "with every cloud there's always a silver lining."

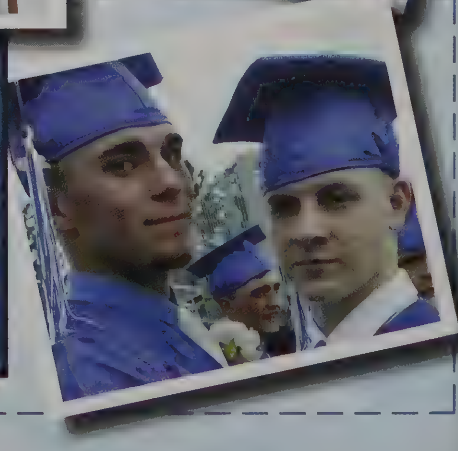
ABOVE
Meghan Quinn helps Lance Peterson fasten his flower to his gown.

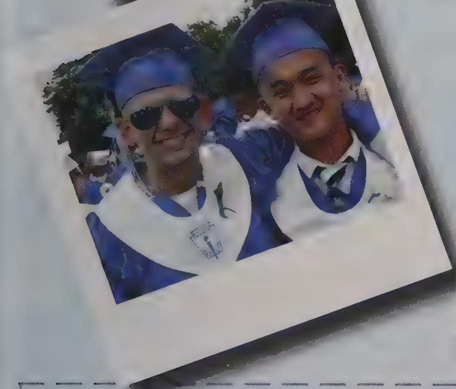


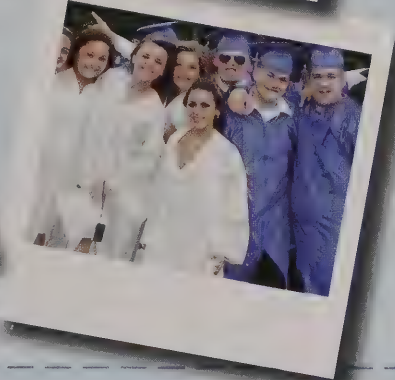


VALEDICTORIAN STEPHANIE ANNESSI

The transition we face is one of no longer being looked at as children, but as being viewed as adults. We will now be considered full participants in our society and this comes with great responsibility. We must be mindful of how to proceed. The challenge of transition is more than balanced by the excitement of new opportunities that await us. We can be anything, anyone. Look around you. Who among us will rise to be an important scientist or a successful business person? Who will choose to teach those who come after use so that the inspiration we feel today is passed along?

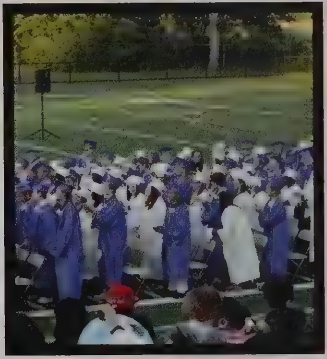




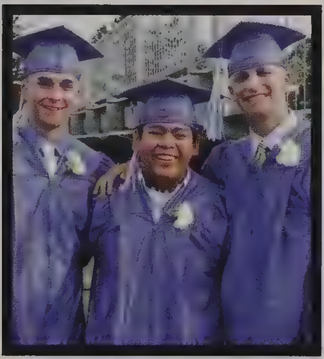
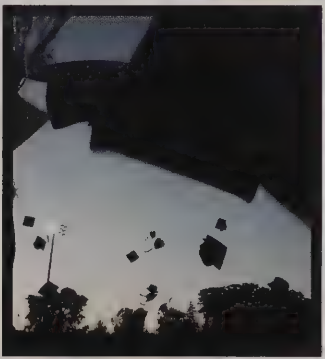


CLASS PRESIDENT EMILY HAJJAR

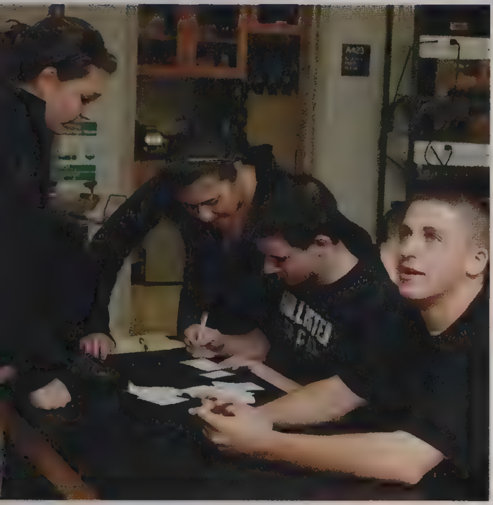
At this time my fellow graduates, I would like to thank one more person, and that's you. Each one of you made it to this point because of your own hard work and determinations. You have set goals and dreams and have succeeded in fulfilling them. In our graduating class of 2010 we come together with students from about 75 different countries, and knowing this we have made Quincy High School a melting pot. We have all been able to overcome our differences and truly accept ourselves and everyone around us, uniting to become true Quincy High Presidents.

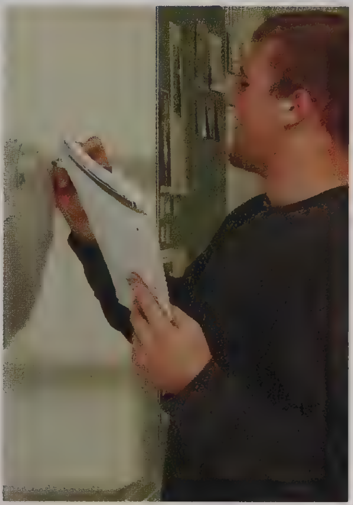


Our Final March...

[Community]





CONGRATULATIONS
2010
QHS Senior Night
Out
and The Girls

Good Luck . . .
Class of 2010!

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Jim Sullivan
President

Congratulations to the Quincy High School Class of 2010

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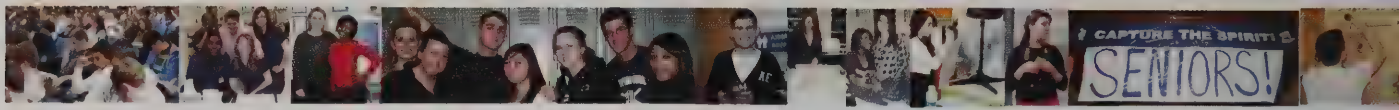
THE TRADITION CONTINUES...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From Mrs Mcpartlin

Thank You
For Four Great Years
Best Wishes
For the Future.

To the Class of 2010

Congratulations

Congratulaions Kenny!! We love you and we are very proud of you.

From, Mom, Dad, Anni, and Benny

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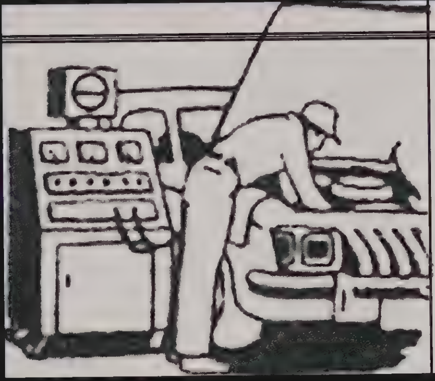
Congratulations
Livi Lusi

We are so proud of
you!
You are the best!
We love you with all
our hearts. Mom, Josh
and all the Swolnick
family



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John Feist
Manager/Mechanic

Congratulations!

Amanda Emmeng Lai,
we're very proud of you.

Love You Always,
Mom, Dad, Crissy,
[illegible], [illegible], & [illegible]

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Johnny,
We are so proud of you. You have grown up to be a wonderful young man, and we know you'll do great with your future. You'll be successful in everything you do.
Love, Mom & Dad, Lukas, Elena, Rocky & Shadow

Congratulations Johnny!
I am very proud of you. May God bless you and guide you towards an exhilarating and successful future.
Love you, Yiayia

congratulations!

Juju Baby Princess Honey,
We are so proud of you!
Keep reaching, and keep
dreaming!

Love Always, Mom,
Robbie, and Ben

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Congratulations
Becca and the
Class of 2010!

Love,
Mom & Dad

Stephanie,

You are an angel sent from god
for which I am truly greatful.
You have always done your best
just as I am confident you
always will. I couldn't be more
proud.

love,
mommie.

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Congratulations Sarah

"We hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the window of your opportunities, and to the most special places your heart has ever known."

with all our love
Mom, Dad, and Isabelle

Goodbye class of

2010

You will be missed

Meghan,

We're so proud your accomplishments throughout high school. You're going to do great in life.

Love,

Mom, Dad & Eryn

Richard,

Mama is so proud of you!! I love you more than you will ever know!

XOXO

Amanda Marie,

congratulations! We are so proud of you We know you'll do great in whatever you do. We love you more than anything in this world

Mom, Dad, Brian and Lucy

Broadway

"Kiss today good bye and point me toward tomorrow-wish me luck - the same to you... Can't forget won't regret what I did for love.."

Best of luck always to my Drama Club Seniors!

Love,

Mrs. Spencer

...And We Go Marching On...

QR

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SOUTHSIDE
1949

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